108TH CONGRESS 1ST SESSION S. 486

To provide for equal coverage of mental health benefits with respect to health insurance coverage unless comparable limitations are imposed on medical and surgical benefits.

IN THE SENATE OF THE UNITED STATES

FEBRUARY 27, 2003

Mr. DOMENICI (for himself, Mr. KENNEDY, Mr. COLEMAN, Mr. DAYTON, Mr. GRASSLEY, Mr. REED, Mr. COCHRAN, Mr. DODD, Mr. WARNER, Mr. REID, Mr. THOMAS, Mr. JOHNSON, Mr. SPECTER, Mr. HARKIN, Mr. LUGAR, Mr. DASCHLE, Mr. GRAHAM of South Carolina, Mrs. MURRAY, Ms. COLLINS, Ms. CANTWELL, Mr. ROBERTS, Mr. EDWARDS, Mr. CHAFEE, Mrs. LINCOLN, Mr. BENNETT, and Mr. LAUTENBERG) introduced the following bill; which was read twice and referred to the Committee on Health, Education, Labor, and Pensions

A BILL

- To provide for equal coverage of mental health benefits with respect to health insurance coverage unless comparable limitations are imposed on medical and surgical benefits.
 - 1 Be it enacted by the Senate and House of Representa-
 - 2 tives of the United States of America in Congress assembled,

3 SECTION 1. SHORT TITLE.

4 This Act may be cited as the "Senator Paul
5 Wellstone Mental Health Equitable Treatment Act of
6 2003".

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3 (a) IN GENERAL.—Section 712 of the Employee Re4 tirement Income Security Act of 1974 (29 U.S.C. 1185a)
5 is amended to read as follows:

6 "SEC. 712. MENTAL HEALTH PARITY.

7 "(a) IN GENERAL.—In the case of a group health 8 plan (or health insurance coverage offered in connection 9 with such a plan) that provides both medical and surgical 10 benefits and mental health benefits, such plan or coverage 11 shall not impose any treatment limitations or financial requirements with respect to the coverage of benefits for 12 13 mental illnesses unless comparable treatment limitations or financial requirements are imposed on medical and sur-14 15 gical benefits.

16 "(b) CONSTRUCTION.—

17 "(1) IN GENERAL.—Nothing in this section
18 shall be construed as requiring a group health plan
19 (or health insurance coverage offered in connection
20 with such a plan) to provide any mental health bene21 fits.

"(2) MEDICAL MANAGEMENT OF MENTAL
HEALTH BENEFITS.—Consistent with subsection (a),
nothing in this section shall be construed to prevent
the medical management of mental health benefits,
including through concurrent and retrospective utili-

zation review and utilization management practices,
 preauthorization, and the application of medical ne cessity and appropriateness criteria applicable to be havioral health and the contracting and use of a net work of participating providers.

"(3) NO REQUIREMENT OF SPECIFIC SERV-6 ICES.—Nothing in this section shall be construed as 7 8 requiring a group health plan (or health insurance 9 coverage offered in connection with such a plan) to 10 provide coverage for specific mental health services, 11 except to the extent that the failure to cover such 12 services would result in a disparity between the cov-13 erage of mental health and medical and surgical 14 benefits.

15 "(c) SMALL EMPLOYER EXEMPTION.—

"(1) IN GENERAL.—This section shall not apply
to any group health plan (and group health insurance coverage offered in connection with a group
health plan) for any plan year of any employer who
employed an average of at least 2 but not more than
50 employees on business days during the preceding
calendar year.

23 "(2) APPLICATION OF CERTAIN RULES IN DE24 TERMINATION OF EMPLOYER SIZE.—For purposes of
25 this subsection—

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"(A) APPLICATION OF AGGREGATION RULE FOR EMPLOYERS.—Rules similar to the rules under subsections (b), (c), (m), and (o) of section 414 of the Internal Revenue Code of 1986 shall apply for purposes of treating persons as a single employer.

"(B) Employers not in existence in 7 8 PRECEDING YEAR.—In the case of an employer 9 which was not in existence throughout the pre-10 ceding calendar year, the determination of 11 whether such employer is a small employer shall 12 be based on the average number of employees 13 that it is reasonably expected such employer 14 will employ on business days in the current cal-15 endar year.

"(C) PREDECESSORS.—Any reference in 16 17 this paragraph to an employer shall include a 18 reference to any predecessor of such employer. 19 "(d) SEPARATE APPLICATION TO EACH OPTION OF-FERED.—In the case of a group health plan that offers 20 21 a participant or beneficiary two or more benefit package 22 options under the plan, the requirements of this section 23 shall be applied separately with respect to each such option. 24

"(e) IN-NETWORK AND OUT-OF-NETWORK RULES.— 1 2 In the case of a plan or coverage option that provides innetwork mental health benefits, out-of-network mental 3 4 health benefits may be provided using treatment limita-5 tions or financial requirements that are not comparable to the limitations and requirements applied to medical and 6 7 surgical benefits if the plan or coverage provides such in-8 network mental health benefits in accordance with sub-9 section (a) and provides reasonable access to in-network 10 providers and facilities.

11 "(f) DEFINITIONS.—For purposes of this section— "(1) FINANCIAL REQUIREMENTS.—The term 12 'financial requirements' includes deductibles, coin-13 14 surance, co-payments, other cost sharing, and limita-15 tions on the total amount that may be paid by a 16 participant or beneficiary with respect to benefits 17 under the plan or health insurance coverage and 18 shall include the application of annual and lifetime 19 limits.

"(2) MEDICAL OR SURGICAL BENEFITS.—The
term 'medical or surgical benefits' means benefits
with respect to medical or surgical services, as defined under the terms of the plan or coverage (as the
case may be), but does not include mental health
benefits.

1 "(3) Mental health benefits.—The term 2 'mental health benefits' means benefits with respect 3 to services, as defined under the terms and condi-4 tions of the plan or coverage (as the case may be), 5 for all categories of mental health conditions listed 6 in the Diagnostic and Statistical Manual of Mental 7 Disorders, Fourth Edition (DSM IV-TR), or the 8 most recent edition if different than the Fourth Edi-9 tion, if such services are included as part of an au-10 thorized treatment plan that is in accordance with 11 standard protocols and such services meet the plan 12 or issuer's medical necessity criteria. Such term does 13 not include benefits with respect to the treatment of 14 substance abuse or chemical dependency.

15 "(4) TREATMENT LIMITATIONS.—The term
16 'treatment limitations' means limitations on the fre17 quency of treatment, number of visits or days of cov18 erage, or other similar limits on the duration or
19 scope of treatment under the plan or coverage.".

20 (b) EFFECTIVE DATE.—The amendment made by
21 this section shall apply with respect to plan years begin22 ning on or after January 1, 2004.

1SEC. 3. AMENDMENT TO THE PUBLIC HEALTH SERVICE ACT2RELATING TO THE GROUP MARKET.

3 (a) IN GENERAL.—Section 2705 of the Public Health
4 Service Act (42 U.S.C. 300gg–5) is amended to read as
5 follows:

6 "SEC. 2705. MENTAL HEALTH PARITY.

7 "(a) IN GENERAL.—In the case of a group health 8 plan (or health insurance coverage offered in connection 9 with such a plan) that provides both medical and surgical 10 benefits and mental health benefits, such plan or coverage 11 shall not impose any treatment limitations or financial requirements with respect to the coverage of benefits for 12 13 mental illnesses unless comparable treatment limitations or financial requirements are imposed on medical and sur-14 15 gical benefits.

16 "(b) CONSTRUCTION.—

17 "(1) IN GENERAL.—Nothing in this section
18 shall be construed as requiring a group health plan
19 (or health insurance coverage offered in connection
20 with such a plan) to provide any mental health bene21 fits.

"(2) MEDICAL MANAGEMENT OF MENTAL
HEALTH BENEFITS.—Consistent with subsection (a),
nothing in this section shall be construed to prevent
the medical management of mental health benefits,
including through concurrent and retrospective utili-

zation review and utilization management practices,
 preauthorization, and the application of medical ne cessity and appropriateness criteria applicable to be havioral health and the contracting and use of a net work of participating providers.

"(3) NO REQUIREMENT OF SPECIFIC SERV-6 ICES.—Nothing in this section shall be construed as 7 8 requiring a group health plan (or health insurance 9 coverage offered in connection with such a plan) to 10 provide coverage for specific mental health services, 11 except to the extent that the failure to cover such 12 services would result in a disparity between the cov-13 erage of mental health and medical and surgical 14 benefits.

15 "(c) SMALL EMPLOYER EXEMPTION.—

"(1) IN GENERAL.—This section shall not apply
to any group health plan (and group health insurance coverage offered in connection with a group
health plan) for any plan year of any employer who
employed an average of at least 2 but not more than
50 employees on business days during the preceding
calendar year.

23 "(2) APPLICATION OF CERTAIN RULES IN DE24 TERMINATION OF EMPLOYER SIZE.—For purposes of
25 this subsection—

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1 "(A) APPLICATION OF AGGREGATION RULE 2 FOR EMPLOYERS.—Rules similar to the rules under subsections (b), (c), (m), and (o) of sec-3 4 tion 414 of the Internal Revenue Code of 1986 5 shall apply for purposes of treating persons as 6 a single employer. "(B) Employers not in existence in 7 8 PRECEDING YEAR.—In the case of an employer 9 which was not in existence throughout the pre-

10 ceding calendar year, the determination of 11 whether such employer is a small employer shall 12 be based on the average number of employees 13 that it is reasonably expected such employer 14 will employ on business days in the current cal-15 endar year.

"(C) PREDECESSORS.—Any reference in 16 17 this paragraph to an employer shall include a 18 reference to any predecessor of such employer. 19 "(d) SEPARATE APPLICATION TO EACH OPTION OF-FERED.—In the case of a group health plan that offers 20 21 a participant or beneficiary two or more benefit package 22 options under the plan, the requirements of this section 23 shall be applied separately with respect to each such option. 24

"(e) IN-NETWORK AND OUT-OF-NETWORK RULES.— 1 2 In the case of a plan or coverage option that provides innetwork mental health benefits, out-of-network mental 3 4 health benefits may be provided using treatment limita-5 tions or financial requirements that are not comparable to the limitations and requirements applied to medical and 6 7 surgical benefits if the plan or coverage provides such in-8 network mental health benefits in accordance with sub-9 section (a) and provides reasonable access to in-network providers and facilities. 10

11 "(f) DEFINITIONS.—For purposes of this section— "(1) FINANCIAL REQUIREMENTS.—The term 12 'financial requirements' includes deductibles, coin-13 14 surance, co-payments, other cost sharing, and limita-15 tions on the total amount that may be paid by a 16 participant, beneficiary or enrollee with respect to 17 benefits under the plan or health insurance coverage 18 and shall include the application of annual and life-19 time limits.

"(2) MEDICAL OR SURGICAL BENEFITS.—The
term 'medical or surgical benefits' means benefits
with respect to medical or surgical services, as defined under the terms of the plan or coverage (as the
case may be), but does not include mental health
benefits.

1 "(3) Mental health benefits.—The term 2 'mental health benefits' means benefits with respect 3 to services, as defined under the terms and condi-4 tions of the plan or coverage (as the case may be), 5 for all categories of mental health conditions listed 6 in the Diagnostic and Statistical Manual of Mental 7 Disorders, Fourth Edition (DSM IV-TR), or the 8 most recent edition if different than the Fourth Edi-9 tion, if such services are included as part of an au-10 thorized treatment plan that is in accordance with 11 standard protocols and such services meet the plan 12 or issuer's medical necessity criteria. Such term does 13 not include benefits with respect to the treatment of 14 substance abuse or chemical dependency.

15 "(4) TREATMENT LIMITATIONS.—The term
16 'treatment limitations' means limitations on the fre17 quency of treatment, number of visits or days of cov18 erage, or other similar limits on the duration or
19 scope of treatment under the plan or coverage.".

20 (b) EFFECTIVE DATE.—The amendment made by
21 this section shall apply with respect to plan years begin22 ning on or after January 1, 2004.

23 SEC. 4. PREEMPTION.

Nothing in the amendments made by this Act shallbe construed to preempt any provision of State law, with

respect to health insurance coverage offered by a health
 insurance issuer in connection with a group health plan,
 that provides protections to enrollees that are greater than
 the protections provided under such amendments. Nothing
 in the amendments made by this Act shall be construed
 to affect or modify section 514 of the Employee Retire ment Income Security Act of 1974 (29 U.S.C. 1144).

8 SEC. 5. GENERAL ACCOUNTING OFFICE STUDY.

9 (a) STUDY.—The Comptroller General shall conduct 10 a study that evaluates the effect of the implementation of the amendments made by this Act on the cost of health 11 12 insurance coverage, access to health insurance coverage 13 (including the availability of in-network providers), the quality of health care, and other issues as determined ap-14 15 propriate by the Comptroller General. Such study shall also include an estimate of the cost that would be incurred 16 17 if such amendments were extended in a manner so as to provide coverage for the treatment of substance abuse and 18 19 chemical dependency.

(b) REPORT.—Not later than 2 years after the date
of enactment of this Act, the Comptroller General shall
prepare and submit to the appropriate committees of Congress a report containing the results of the study conducted under subsection (a).