### Calendar No. 93

110TH CONGRESS 1ST SESSION

# S. 558

To provide parity between health insurance coverage of mental health benefits and benefits for medical and surgical services.

#### IN THE SENATE OF THE UNITED STATES

February 12, 2007

Mr. Domenici (for himself, Mr. Kennedy, Mr. Enzi, Mr. Brown, Mr. Smith, Mr. Feingold, Mr. Coleman, Mr. Lautenberg, Mr. Warner, Mrs. Boxer, Ms. Murkowski, Mr. Akaka, Mr. Roberts, Mr. Cardin, Mr. Hatch, Ms. Cantwell, Ms. Collins, Ms. Stabenow, Ms. Snowe, Mr. Biden, Mr. Graham, Mr. Nelson of Nebraska, Mrs. Clinton, Mr. Durbin, Mr. Conrad, Mr. Inouye, Ms. Klobuchar, Mr. Harkin, Mr. Alexander, Mr. Bennett, Mr. Bingaman, Mr. Carper, Mr. Cochran, Mr. Johnson, Mr. Kerry, Mr. Levin, Mr. Lieberman, Mr. Lugar, Mrs. McCaskill, Mr. Salazar, Mr. Schumer, Mr. Nelson of Florida, and Mr. Whitehouse) introduced the following bill; which was read twice and referred to the Committee on Health, Education, Labor, and Pensions

#### March 27, 2007

Reported by Mr. Kennedy, with an amendment

[Strike out all after the enacting clause and insert the part printed in italic]

## A BILL

To provide parity between health insurance coverage of mental health benefits and benefits for medical and surgical services.

- 1 Be it enacted by the Senate and House of Representa-
- 2 tives of the United States of America in Congress assembled,
- 3 SECTION 1. SHORT TITLE.
- 4 This Act may be cited as the "Mental Health Parity
- 5 Act of 2007".
- 6 SEC. 2. MENTAL HEALTH PARITY.
- 7 (a) AMENDMENTS OF ERISA.—Subpart B of part 7
- 8 of title I of the Employee Retirement Income Security Act
- 9 of 1974 is amended by inserting after section 712 (29)
- 10 U.S.C. 1185a) the following:
- 11 "SEC. 712A. MENTAL HEALTH PARITY.
- 12 "(a) In General.—In the case of a group health
- 13 plan (or health insurance coverage offered in connection
- 14 with such a plan) that provides both medical and surgical
- 15 benefits and mental health benefits, such plan or coverage
- 16 shall ensure that—
- 17 "(1) the financial requirements applicable to
- 18 such mental health benefits are no more restrictive
- than the financial requirements applied to substan-
- 20 tially all medical and surgical benefits covered by the
- 21 plan (or coverage), including deductibles, copay-
- 22 ments, coinsurance, out-of-pocket expenses, and an-
- 23 mual and lifetime limits, except that the plan (or cov-
- 24 erage) may not establish separate cost sharing re-

1 quirements that are applicable only with respect to
2 mental health benefits; and

"(2) the treatment limitations applicable to such mental health benefits are no more restrictive than the treatment limitations applied to substantially all medical and surgical benefits covered by the plan (or coverage), including limits on the frequency of treatment, number of visits, days of coverage, or other similar limits on the scope or duration of treatment.

"(b) CLARIFICATIONS.—In the ease of a group health
plan (or health insurance coverage offered in connection
with such a plan) that provides both medical and surgical
benefits and mental health benefits, such plan or coverage
shall not be prohibited from—

"(1) negotiating separate reimbursement or provider payment rates and service delivery systems for different benefits consistent with subsection (a);

"(2) managing the provision of mental health benefits in order to provide medically necessary services for covered benefits, including through the use of any utilization review, authorization or management practices, the application of medical necessity and appropriateness criteria applicable to behavioral

1 health, and the contracting with and use of a net-2 work of providers; or

"(3) applying the provisions of this section in a manner that takes into consideration similar treatment settings or similar treatments.

#### "(c) IN- AND OUT-OF-NETWORK.—

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"(1) IN GENERAL.—In the case of a group health plan (or health insurance coverage offered in connection with such a plan) that provides both medical and surgical benefits and mental health benefits, and that provides such benefits on both an inand out-of-network basis pursuant to the terms of the plan (or coverage), such plan (or coverage) shall ensure that the requirements of this section are applied to both in- and out-of-network services by comparing in-network medical and surgical benefits to in-network mental health benefits and out-of-network medical and surgical benefits to out-of-network mental health benefits, except that in no event shall this subsection require the provision of out-of-network coverage for mental health benefits even in the case where out-of-network coverage is provided for medical and surgical benefits.

"(2) CLARIFICATION.—Nothing in paragraph

(1) shall be construed as requiring that a group

health plan (or coverage in connection with such a plan) eliminate an out-of-network provider option from such plan (or coverage) pursuant to the terms of the plan (or coverage).

#### "(d) SMALL EMPLOYER EXEMPTION.—

"(1) In GENERAL.—This section shall not apply to any group health plan (and group health insurance coverage offered in connection with a group health plan) for any plan year of any employer who employed an average of at least 2 (or 1 in the case of an employer residing in a State that permits small groups to include a single individual) but not more than 50 employees on business days during the preceding calendar year.

"(2) APPLICATION OF CERTAIN RULES IN DETERMINATION OF EMPLOYER SIZE.—For purposes of this subsection:

"(A) APPLICATION OF AGGREGATION RULE FOR EMPLOYERS.—Rules similar to the rules under subsections (b), (e), (m), and (o) of section 414 of the Internal Revenue Code of 1986 shall apply for purposes of treating persons as a single employer.

"(B) EMPLOYERS NOT IN EXISTENCE IN PRECEDING YEAR.—In the case of an employer

which was not in existence throughout the preceding calendar year, the determination of
whether such employer is a small employer shall
be based on the average number of employees
that it is reasonably expected such employer
will employ on business days in the current calendar year.

"(C) Predecessors.—Any reference in this paragraph to an employer shall include a reference to any predecessor of such employer.

"(e) Cost Exemption.—

"(1) IN GENERAL. With respect to a group health plan (or health insurance coverage offered in connections with such a plan), if the application of this section to such plan (or coverage) results in an increase for the plan year involved of the actual total costs of coverage with respect to medical and surgical benefits and mental health benefits under the plan (as determined and certified under paragraph (3)) by an amount that exceeds the applicable percentage described in paragraph (2) of the actual total plan costs, the provisions of this section shall not apply to such plan (or coverage) during the following plan year, and such exemption shall apply to the plan (or coverage) for 1 plan year. An employer

1	may elect to continue to apply mental health parity
2	pursuant to this section with respect to the group
3	health plan (or coverage) involved regardless of any
4	increase in total costs.
5	"(2) APPLICABLE PERCENTAGE.—With respect
6	to a plan (or coverage), the applicable percentage de-
7	scribed in this paragraph shall be—
8	"(A) 2 percent in the case of the first plan
9	year in which this section is applied; and
0	"(B) 1 percent in the case of each subse-
1	<del>quent plan year.</del>
2	"(3) Determinations by actuaries.—Deter-
3	minations as to increases in actual costs under a
4	plan (or coverage) for purposes of this section shall
5	be made by a qualified actuary who is a member in
6	good standing of the American Academy of Actu-
7	aries. Such determinations shall be certified by the
8	actuary and be made available to the general public.
9	"(4) 6-month determinations.—If a group
20	health plan (or a health insurance issuer offering
21	coverage in connections with a group health plan)
22	seeks an exemption under this subsection, deter-
23	minations under paragraph (1) shall be made after
24	such plan (or coverage) has complied with this sec-

tion for the first 6 months of the plan year involved.

- 1 "(5) NOTIFICATION.—An election to modify
- 2 coverage of mental health benefits as permitted
- 3 under this subsection shall be treated as a material
- 4 modification in the terms of the plan as described in
- 5 section 102(a)(1) and shall be subject to the applica-
- 6 ble notice requirements under section 104(b)(1).
- 7 "(f) Rule of Construction.—Nothing in this sec-
- 8 tion shall be construed to require a group health plan (or
- 9 health insurance coverage offered in connection with such
- 10 a plan) to provide any mental health benefits.
- 11 "(g) MENTAL HEALTH BENEFITS.—In this section,
- 12 the term 'mental health benefits' means benefits with re-
- 13 spect to mental health services (including substance abuse
- 14 treatment) as defined under the terms of the group health
- 15 plan or coverage.".
- 16 (b) Public Health Service Act.—Subpart 1 of
- 17 part A of title XXVII of the Public Health Service Act
- 18 is amended by inserting after section 2705 (42 U.S.C.
- 19 <del>300gg-5) the following:</del>
- 20 "SEC. 2705A. MENTAL HEALTH PARITY.
- 21 "(a) IN GENERAL.—In the case of a group health
- 22 plan (or health insurance coverage offered in connection
- 23 with such a plan) that provides both medical and surgical
- 24 benefits and mental health benefits, such plan or coverage
- 25 shall ensure that—

"(1) the financial requirements applicable to such mental health benefits are no more restrictive than the financial requirements applied to substantially all medical and surgical benefits covered by the plan (or coverage), including deductibles, copayments, coinsurance, out-of-pocket expenses, and annual and lifetime limits, except that the plan (or coverage) may not establish separate cost sharing requirements that are applicable only with respect to mental health benefits; and

"(2) the treatment limitations applicable to such mental health benefits are no more restrictive than the treatment limitations applied to substantially all medical and surgical benefits covered by the plan (or coverage), including limits on the frequency of treatment, number of visits, days of coverage, or other similar limits on the scope or duration of treatment.

"(b) CLARIFICATIONS.—In the case of a group health
plan (or health insurance coverage offered in connection
with such a plan) that provides both medical and surgical
benefits and mental health benefits, such plan or coverage
shall not be prohibited from—

"(1) negotiating separate reimbursement or provider payment rates and service delivery systems for different benefits consistent with subsection (a);

"(2) managing the provision of mental health benefits in order to provide medically necessary services for covered benefits, including through the use of any utilization review, authorization or management practices, the application of medical necessity and appropriateness criteria applicable to behavioral health, and the contracting with and use of a network of providers; or

"(3) be prohibited from applying the provisions of this section in a manner that takes into consideration similar treatment settings or similar treatments.

#### "(e) IN- AND OUT-OF-NETWORK.

"(1) In GENERAL.—In the case of a group health plan (or health insurance coverage offered in connection with such a plan) that provides both medical and surgical benefits and mental health benefits, and that provides such benefits on both an inand out-of-network basis pursuant to the terms of the plan (or coverage), such plan (or coverage) shall ensure that the requirements of this section are applied to both in- and out-of-network services by com-

paring in-network medical and surgical benefits to in-network mental health benefits and out-of-network medical and surgical benefits to out-of-network mental health benefits, except that in no event shall this subsection require the provision of out-of-network coverage for mental health benefits even in the case where out-of-network coverage is provided for medical and surgical benefits.

"(2) CLARIFICATION. Nothing in paragraph
(1) shall be construed as requiring that a group
health plan (or coverage in connection with such a
plan) eliminate an out-of-network provider option
from such plan (or coverage) pursuant to the terms
of the plan (or coverage).

#### "(d) Small Employer Exemption.—

"(1) In GENERAL.—This section shall not apply to any group health plan (and group health insurance coverage offered in connection with a group health plan) for any plan year of any employer who employed an average of at least 2 (or 1 in the ease of an employer residing in a State that permits small groups to include a single individual) but not more than 50 employees on business days during the preceding calendar year.

1	"(2) Application of Certain Rules in De-
2	TERMINATION OF EMPLOYER SIZE.—For purposes of
3	this subsection:
4	"(A) APPLICATION OF AGGREGATION RULE
5	FOR EMPLOYERS.—Rules similar to the rules
6	under subsections (b), (c), (m), and (o) of sec-
7	tion 414 of the Internal Revenue Code of 1986
8	shall apply for purposes of treating persons as
9	a single employer.
10	"(B) EMPLOYERS NOT IN EXISTENCE IN
11	PRECEDING YEAR.—In the case of an employer
12	which was not in existence throughout the pre-
13	ceding calendar year, the determination of
14	whether such employer is a small employer shall
15	be based on the average number of employees
16	that it is reasonably expected such employer
17	will employ on business days in the current cal-
18	endar year.
19	"(C) Predecessors.—Any reference in
20	this paragraph to an employer shall include a
21	reference to any predecessor of such employer.
22	"(e) Cost Exemption.—
23	"(1) In General.—With respect to a group
24	health plan (or health insurance coverage offered in
25	connections with such a plan), if the application of

1	this section to such plan (or coverage) results in an
2	increase for the plan year involved of the actual total
3	costs of coverage with respect to medical and sur-
4	gical benefits and mental health benefits under the
5	plan (as determined and certified under paragraph
6	(3)) by an amount that exceeds the applicable per-
7	centage described in paragraph (2) of the actual
8	total plan costs, the provisions of this section shall
9	not apply to such plan (or coverage) during the fol-
10	lowing plan year, and such exemption shall apply to
11	the plan (or coverage) for 1 plan year. An employer
12	may elect to continue to apply mental health parity
13	pursuant to this section with respect to the group
14	health plan (or coverage) involved regardless of any
15	increase in total costs.
16	"(2) APPLICABLE PERCENTAGE.—With respect
17	to a plan (or coverage), the applicable percentage de-
18	scribed in this paragraph shall be—
19	"(A) 2 percent in the case of the first plan
20	year in which this section is applied; and
21	"(B) 1 percent in the ease of each subse-
22	<del>quent plan year.</del>
23	"(3) Determinations by actuaries.—Deter-
24	minations as to increases in actual costs under a

 $\operatorname{plan}$  (or coverage) for purposes of this section shall

be made by a qualified actuary who is a member in good standing of the American Academy of Actuaries. Such determinations shall be certified by the actuary and be made available to the general public.

"(4) 6-MONTH DETERMINATIONS.—If a group health plan (or a health insurance issuer offering coverage in connections with a group health plan) seeks an exemption under this subsection, determinations under paragraph (1) shall be made after such plan (or coverage) has complied with this section for the first 6 months of the plan year involved.

"(5) Notification.—An election to modify coverage of mental health benefits as permitted under this subsection shall be treated as a material modification in the terms of the plan as described in section 102(a)(1) and shall be subject to the applicable notice requirements under section 104(b)(1).

"(f) RULE OF CONSTRUCTION.—Nothing in this section shall be construed to require a group health plan (or health insurance coverage offered in connection with such a plan) to provide any mental health benefits.

22 "(g) MENTAL HEALTH BENEFITS.—In this section, 23 the term 'mental health benefits' means benefits with re-24 spect to mental health services (including substance abuse 25 treatment) as defined under the terms of the group health

- 1 plan or coverage, and when applicable as may be defined
- 2 under State law when applicable to health insurance cov-
- 3 erage offered in connection with a group health plan.".
- 4 SEC. 3. EFFECTIVE DATE.
- 5 (a) In General.—The provisions of this Act shall
- 6 apply to group health plans (or health insurance coverage
- 7 offered in connection with such plans) beginning in the
- 8 first plan year that begins on or after January 1 of the
- 9 first calendar year that begins more than 1 year after the
- 10 date of the enactment of this Act.
- 11 (b) Termination of Certain Provisions.—
- 12 (1) ERISA.—Section 712 of the Employee Re-
- tirement Income Security Act of 1974 (29 U.S.C.
- 14 1185a) is amended by striking subsection (f) and in-
- 15 serting the following:
- 16 "(f) Sunser.—This section shall not apply to bene-
- 17 fits for services furnished after the effective date described
- 18 in section 3(a) of the Mental Health Parity Act of 2007.".
- 19 (2) PHSA.—Section 2705 of the Public Health
- 20 Service Act (42 U.S.C. 300gg-5) is amended by
- 21 striking subsection (f) and inserting the following:
- 22 "(f) Sunser.—This section shall not apply to bene-
- 23 fits for services furnished after the effective date described
- 24 in section 3(a) of the Mental Health Parity Act of 2007.".

#### 1 SEC. 4. SPECIAL PREEMPTION RULE.

2	(a) ERISA PREEMPTION.—Section 731 of the Em-
3	ployee Retirement Income Security Act of 1974 (29
4	U.S.C. 1191) is amended—
5	(1) by redesignating subsections (e) and (d) as
6	subsections (e) and (f), respectively; and
7	(2) by inserting after subsection (b), the fol-
8	lowing:
9	"(c) Special Rule in Case of Mental Health
10	Parity Requirements.—
11	"(1) In General.—Notwithstanding any provi-
12	sion of section 514 to the contrary, the provisions of
13	this part relating to a group health plan or a health
14	insurance issuer offering coverage in connection with
15	a group health plan shall supercede any provision of
16	State law that establishes, implements, or continues
17	in effect any standard or requirement which differs
18	from the specific standards or requirements con-
19	tained in subsections (a), (b), (c), or (c) of section
20	<del>712A.</del>
21	"(2) CLARIFICATIONS.—Nothing in this sub-
22	section shall be construed to preempt State insur-
23	ance laws relating to the individual insurance mar-
24	ket or to small employers (as such term is defined
25	for purposes of section 712A(d)).".

1	(b) PHSA PREEMPTION.—Section 2723 of the Public
2	Health Service Act (42 U.S.C. 300gg-23) is amended—
3	(1) by redesignating subsections (e) and (d) as
4	subsections (e) and (f), respectively; and
5	(2) by inserting after subsection (b), the fol-
6	<del>lowing:</del>
7	"(e) Special Rule in Case of Mental Health
8	PARITY REQUIREMENTS.—
9	"(1) In General.—Notwithstanding any provi-
10	sion of section 514 of the Employee Retirement In-
11	come Security Act of 1974 to the contrary, the pro-
12	visions of this part relating to a group health plan
13	or a health insurance issuer offering coverage in
14	connection with a group health plan shall supercede
15	any provisions of State law that establishes, imple-
16	ments, or continues in effect any standard or re-
17	quirement which differs from the specific standards
18	or requirements contained in subsections (a), (b),
19	(e), or (e) of section 2705A.
20	"(2) Clarifications.—Nothing in this sub-
21	section shall be construed to preempt State insur-
22	ance laws relating to the individual insurance mar-
23	ket or to small employers (as such term is defined
24	for purposes of section 2705A(d)).".

- 1 (c) EFFECTIVE DATE.—The provisions of this section
- 2 shall take effect with respect to a State, on the date on
- 3 which the provisions of section 2 apply with respect to
- 4 group health plans and health insurance coverage offered
- 5 in connection with group health plans.

#### 6 SEC. 5. FEDERAL ADMINISTRATIVE RESPONSIBILITIES.

- 7 (a) Group Health Plan Ombudsman.—
  - (1) DEPARTMENT OF LABOR.—The Secretary of Labor shall designate an individual within the Department of Labor to serve as the group health plan ombudsman for the Department. Such ombudsman shall serve as an initial point of contact to permit individuals to obtain information and provide assistance concerning coverage of mental health services under group health plans in accordance with this Act.
    - (2) DEPARTMENT OF HEALTH AND HUMAN SERVICES.—The Secretary of Health and Human Services shall designate an individual within the Department of Health and Human Services to serve as the group health plan ombudsman for the Department. Such ombudsman shall serve as an initial point of contact to permit individuals to obtain information and provide assistance concerning coverage of mental health services under health insur-

- 1 ance coverage issued in connection with group health
- 2 plans in accordance with this Act.
- 3 (b) AUDITS.—The Secretary of Labor and the Sec-
- 4 retary of Health and Human Services shall each provide
- 5 for the conduct of random audits of group health plans
- 6 (and health insurance coverage offered in connection with
- 7 such plans) to ensure that such plans are in compliance
- 8 with this Act (and the amendments made by this Act).
- 9 (c) GOVERNMENT ACCOUNTABILITY OFFICE
- 10 STUDY.—
- 11 (1) STUDY.—The Comptroller General shall 12 conduct a study that evaluates the effect of the im-13 plementation of the amendments made by this Act 14 on the cost of health insurance coverage, access to 15 health insurance coverage (including the availability 16 of in-network providers), the quality of health care, 17 the impact on benefits and coverage for mental 18 health and substance abuse, the impact of any addi-19 tional cost or savings to the plan, the impact on 20 State mental health benefit mandate laws, other im-21 pact on the business community and the Federal 22 Government, and other issues as determined appro-23 priate by the Comptroller General.
  - (2) REPORT.—Not later than 2 years after the date of enactment of this Act, the Comptroller Gen-

- 1 eral shall prepare and submit to the appropriate
- 2 committees of Congress a report containing the re-
- 3 sults of the study conducted under paragraph (1).
- 4 (d) REGULATIONS.—Not later than 1 year after the
- 5 date of enactment of this Act, the Secretary of Labor and
- 6 the Secretary of Health and Human Services shall jointly
- 7 promulgate final regulations to carry out this Act.
- 8 SECTION 1. SHORT TITLE.
- 9 This Act may be cited as the "Mental Health Parity
- 10 Act of 2007".
- 11 SEC. 2. MENTAL HEALTH PARITY.
- 12 (a) Amendments of ERISA.—Subpart B of part 7
- 13 of title I of the Employee Retirement Income Security Act
- 14 of 1974 is amended by inserting after section 712 (29
- 15 *U.S.C.* 1185a) the following:
- 16 "SEC. 712A. MENTAL HEALTH PARITY.
- 17 "(a) In General.—In the case of a group health plan
- 18 (or health insurance coverage offered in connection with
- 19 such a plan) that provides both medical and surgical bene-
- 20 fits and mental health benefits, such plan or coverage shall
- 21 ensure that—
- 22 "(1) the financial requirements applicable to
- 23 such mental health benefits are no more restrictive
- 24 than the financial requirements applied to substan-
- 25 tially all medical and surgical benefits covered by the

plan (or coverage), including deductibles, copayments,
coinsurance, out-of-pocket expenses, and annual and
lifetime limits, except that the plan (or coverage) may
not establish separate cost sharing requirements that
are applicable only with respect to mental health benefits; and

- "(2) the treatment limitations applicable to such mental health benefits are no more restrictive than the treatment limitations applied to substantially all medical and surgical benefits covered by the plan (or coverage), including limits on the frequency of treatment, number of visits, days of coverage, or other similar limits on the scope or duration of treatment.

  "(b) Clarifications.—In the case of a group health plan (or health insurance coverage offered in connection with such a plan) that provides both medical and surgical benefits and mental health benefits, such plan or coverage shall not be prohibited from—
- "(1) negotiating separate reimbursement or provider payment rates and service delivery systems for different benefits consistent with subsection (a);
- "(2) managing the provision of mental health benefits in order to provide medically necessary services for covered benefits, including through the use of any utilization review, authorization or management

practices, the application of medical necessity and appropriateness criteria applicable to behavioral health, and the contracting with and use of a network of providers; or

"(3) applying the provisions of this section in a manner that takes into consideration similar treatment settings or similar treatments.

#### "(c) In- and Out-of-Network.—

"(1) In General.—In the case of a group health plan (or health insurance coverage offered in connection with such a plan) that provides both medical and surgical benefits and mental health benefits, and that provides such benefits on both an in- and out-of-network basis pursuant to the terms of the plan (or coverage), such plan (or coverage) shall ensure that the requirements of this section are applied to both in- and out-of-network services by comparing in-network medical and surgical benefits to in-network mental health benefits and out-of-network medical and surgical benefits to out-of-network mental health benefits.

"(2) CLARIFICATION.—Nothing in paragraph (1) shall be construed as requiring that a group health plan (or coverage in connection with such a plan) eliminate, reduce, or provide out-of-network coverage with respect to such plan (or coverage).

#### "(d) Small Employer Exemption.—

"(1) In GENERAL.—This section shall not apply to any group health plan (and group health insurance coverage offered in connection with a group health plan) for any plan year of any employer who employed an average of at least 2 (or 1 in the case of an employer residing in a State that permits small groups to include a single individual) but not more than 50 employees on business days during the preceding calendar year.

"(2) Application of Certain Rules in Deter-Mination of Employer Size.—For purposes of this subsection:

"(A) APPLICATION OF AGGREGATION RULE FOR EMPLOYERS.—Rules similar to the rules under subsections (b), (c), (m), and (o) of section 414 of the Internal Revenue Code of 1986 shall apply for purposes of treating persons as a single employer.

"(B) Employers not in existence in Preceding year.—In the case of an employer which was not in existence throughout the preceding calendar year, the determination of whether such employer is a small employer shall be based on the average number of employees

that it is reasonably expected such employer will
 employ on business days in the current calendar
 year.

"(C) Predecessors.—Any reference in this paragraph to an employer shall include a reference to any predecessor of such employer.

#### "(e) Cost Exemption.—

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"(1) In general.—With respect to a group health plan (or health insurance coverage offered in connections with such a plan), if the application of this section to such plan (or coverage) results in an increase for the plan year involved of the actual total costs of coverage with respect to medical and surgical benefits and mental health benefits under the plan (as determined and certified under paragraph (3)) by an amount that exceeds the applicable percentage described in paragraph (2) of the actual total plan costs, the provisions of this section shall not apply to such plan (or coverage) during the following plan year, and such exemption shall apply to the plan (or coverage) for 1 plan year. An employer may elect to continue to apply mental health parity pursuant to this section with respect to the group health plan (or coverage) involved regardless of any increase in total costs.

1	"(2) Applicable percentage.—With respect to
2	a plan (or coverage), the applicable percentage de-
3	scribed in this paragraph shall be—
4	"(A) 2 percent in the case of the first plan
5	year in which this section is applied; and
6	"(B) 1 percent in the case of each subse-
7	quent plan year.
8	"(3) Determinations by actuaries.—Deter-
9	minations as to increases in actual costs under a
10	plan (or coverage) for purposes of this section shall be
11	made by a qualified actuary who is a member in good
12	standing of the American Academy of Actuaries. Such
13	determinations shall be certified by the actuary and
14	be made available to the general public.
15	"(4) 6-month determinations.—If a group
16	health plan (or a health insurance issuer offering cov-
17	erage in connections with a group health plan) seeks
18	an exemption under this subsection, determinations
19	under paragraph (1) shall be made after such plan
20	(or coverage) has complied with this section for the
21	first 6 months of the plan year involved.
22	"(5) Notification.—An election to modify cov-
23	erage of mental health benefits as permitted under
24	this subsection shall be treated as a material modi-

fication in the terms of the plan as described in sec-

- 1 tion 102(a)(1) and shall be subject to the applicable
- 2 notice requirements under section 104(b)(1).
- 3 "(f) Rule of Construction.—Nothing in this sec-
- 4 tion shall be construed to require a group health plan (or
- 5 health insurance coverage offered in connection with such
- 6 a plan) to provide any mental health benefits.
- 7 "(g) Mental Health Benefits.—In this section, the
- 8 term 'mental health benefits' means benefits with respect to
- 9 mental health services (including substance abuse treat-
- 10 ment) as defined under the terms of the group health plan
- 11 or coverage.".
- 12 (b) Public Health Service Act.—Subpart 2 of
- 13 part A of title XXVII of the Public Health Service Act is
- 14 amended by inserting after section 2705 (42 U.S.C. 300gg-
- 15 *5) the following:*
- 16 "SEC. 2705A. MENTAL HEALTH PARITY.
- 17 "(a) In General.—In the case of a group health plan
- 18 (or health insurance coverage offered in connection with
- 19 such a plan) that provides both medical and surgical bene-
- 20 fits and mental health benefits, such plan or coverage shall
- 21 ensure that—
- 22 "(1) the financial requirements applicable to
- 23 such mental health benefits are no more restrictive
- 24 than the financial requirements applied to substan-
- 25 tially all medical and surgical benefits covered by the

- 1 plan (or coverage), including deductibles, copayments, 2 coinsurance, out-of-pocket expenses, and annual and 3 lifetime limits, except that the plan (or coverage) may 4 not establish separate cost sharing requirements that 5 are applicable only with respect to mental health ben-6 efits; and
- "(2) the treatment limitations applicable to such 8 mental health benefits are no more restrictive than the 9 treatment limitations applied to substantially all 10 medical and surgical benefits covered by the plan (or 11 coverage), including limits on the frequency of treat-12 ment, number of visits, days of coverage, or other 13 similar limits on the scope or duration of treatment. 14 "(b) Clarifications.—In the case of a group health 15 plan (or health insurance coverage offered in connection with such a plan) that provides both medical and surgical 16 17 benefits and mental health benefits, such plan or coverage shall not be prohibited from— 18
  - "(1) negotiating separate reimbursement or provider payment rates and service delivery systems for different benefits consistent with subsection (a);
  - "(2) managing the provision of mental health benefits in order to provide medically necessary services for covered benefits, including through the use of any utilization review, authorization or management

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practices, the application of medical necessity and appropriateness criteria applicable to behavioral health, and the contracting with and use of a network of providers; or

"(3) be prohibited from applying the provisions of this section in a manner that takes into consideration similar treatment settings or similar treatments.

#### "(c) In- and Out-of-Network.—

"(1) In GENERAL.—In the case of a group health plan (or health insurance coverage offered in connection with such a plan) that provides both medical and surgical benefits and mental health benefits, and that provides such benefits on both an in- and out-of-network basis pursuant to the terms of the plan (or coverage), such plan (or coverage) shall ensure that the requirements of this section are applied to both in- and out-of-network services by comparing in-network medical and surgical benefits to in-network mental health benefits and out-of-network medical and surgical benefits to out-of-network mental health benefits.

"(2) CLARIFICATION.—Nothing in paragraph (1) shall be construed as requiring that a group health plan (or coverage in connection with such a plan)

1 eliminate, reduce, or provide out-of-network coverage 2 with respect to such plan (or coverage). 3 "(d) Small Employer Exemption.— 4 "(1) In general.—This section shall not apply 5 to any group health plan (and group health insurance 6 coverage offered in connection with a group health 7 plan) for any plan year of any employer who em-8 ployed an average of at least 2 (or 1 in the case of 9 an employer residing in a State that permits small 10 groups to include a single individual) but not more 11 than 50 employees on business days during the pre-12 ceding calendar year. 13 "(2) Application of Certain Rules in Deter-14 MINATION OF EMPLOYER SIZE.—For purposes of this 15 subsection: "(A) Application of aggregation rule 16 17 FOR EMPLOYERS.—Rules similar to the rules 18 under subsections (b), (c), (m), and (o) of section 19 414 of the Internal Revenue Code of 1986 shall 20 apply for purposes of treating persons as a single 21 employer. 22 "(B) Employers not in existence in 23 PRECEDING YEAR.—In the case of an employer 24 which was not in existence throughout the pre-

ceding calendar year, the determination of

whether such employer is a small employer shall
be based on the average number of employees
that it is reasonably expected such employer will
employ on business days in the current calendar
year.

"(C) Predecessors.—Any reference in this paragraph to an employer shall include a reference to any predecessor of such employer.

#### "(e) Cost Exemption.—

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"(1) In General.—With respect to a group health plan (or health insurance coverage offered in connections with such a plan), if the application of this section to such plan (or coverage) results in an increase for the plan year involved of the actual total costs of coverage with respect to medical and surgical benefits and mental health benefits under the plan (as determined and certified under paragraph (3)) by an amount that exceeds the applicable percentage described in paragraph (2) of the actual total plan costs, the provisions of this section shall not apply to such plan (or coverage) during the following plan year, and such exemption shall apply to the plan (or coverage) for 1 plan year. An employer may elect to continue to apply mental health parity pursuant to this section with respect to the group health plan (or

1	coverage) involved regardless of any increase in total
2	costs.
3	"(2) Applicable percentage.—With respect to
4	a plan (or coverage), the applicable percentage de-
5	scribed in this paragraph shall be—
6	"(A) 2 percent in the case of the first plan
7	year in which this section is applied; and
8	"(B) 1 percent in the case of each subse-
9	quent plan year.
10	"(3) Determinations by actuaries.—Deter-
11	minations as to increases in actual costs under a
12	plan (or coverage) for purposes of this section shall be
13	made by a qualified actuary who is a member in good
14	standing of the American Academy of Actuaries. Such
15	determinations shall be certified by the actuary and
16	be made available to the general public.
17	"(4) 6-month determinations.—If a group
18	health plan (or a health insurance issuer offering cov-
19	erage in connections with a group health plan) seeks
20	an exemption under this subsection, determinations
21	under paragraph (1) shall be made after such plan
22	(or coverage) has complied with this section for the
23	first 6 months of the plan year involved.
24	"(5) Notification.—An election to modify cov-
25	erage of mental health benefits as permitted under

- 1 this subsection shall be treated as a material modi-
- 2 fication in the terms of the plan as described in sec-
- 3 tion 102(a)(1) and shall be subject to the applicable
- 4 notice requirements under section 104(b)(1).
- 5 "(f) Rule of Construction.—Nothing in this sec-
- 6 tion shall be construed to require a group health plan (or
- 7 health insurance coverage offered in connection with such
- 8 a plan) to provide any mental health benefits.
- 9 "(g) MENTAL HEALTH BENEFITS.—In this section, the
- 10 term 'mental health benefits' means benefits with respect to
- 11 mental health services (including substance abuse treat-
- 12 ment) as defined under the terms of the group health plan
- 13 or coverage, and when applicable as may be defined under
- 14 State law when applicable to health insurance coverage of-
- 15 fered in connection with a group health plan.".
- 16 SEC. 3. EFFECTIVE DATE.
- 17 (a) In General.—The provisions of this Act shall
- 18 apply to group health plans (or health insurance coverage
- 19 offered in connection with such plans) beginning in the first
- 20 plan year that begins on or after January 1 of the first
- 21 calendar year that begins more than 1 year after the date
- 22 of the enactment of this Act.
- 23 (b) Termination of Certain Provisions.—
- 24 (1) ERISA.—Section 712 of the Employee Re-
- 25 tirement Income Security Act of 1974 (29 U.S.C.

1	1185a) is amended by striking subsection (f) and in-
2	serting the following:
3	"(f) Sunset.—This section shall not apply to benefits
4	for services furnished after the effective date described in
5	section 3(a) of the Mental Health Parity Act of 2007.".
6	(2) PHSA.—Section 2705 of the Public Health
7	Service Act (42 U.S.C. 300gg-5) is amended by strik-
8	ing subsection (f) and inserting the following:
9	"(f) Sunset.—This section shall not apply to benefits
10	for services furnished after the effective date described in
11	section 3(a) of the Mental Health Parity Act of 2007.".
12	SEC. 4. SPECIAL PREEMPTION RULE.
13	(a) ERISA PREEMPTION.—Section 731 of the Em-
14	ployee Retirement Income Security Act of 1974 (29 U.S.C.
15	1191) is amended—
16	(1) by redesignating subsections (c) and (d) as
17	subsections (e) and (f), respectively; and
18	(2) by inserting after subsection (b), the fol-
19	lowing:
20	"(c) Special Rule in Case of Mental Health
21	Parity Requirements.—
22	"(1) In general.—Notwithstanding any provi-
23	sion of section 514 to the contrary, the provisions of
24	this part relating to a group health plan or a health
25	insurance issuer offering coverage in connection with

1	a group health plan shall supercede any provision of
2	State law that establishes, implements, or continues
3	in effect any standard or requirement which differs
4	from the specific standards or requirements contained
5	in subsections (a), (b), (c), or (e) of section 712A.
6	"(2) Clarifications.—Nothing in this sub-
7	section shall be construed to preempt State insurance
8	laws relating to the individual insurance market or
9	to small employers (as such term is defined for pur-
10	poses of section $712A(d)$ ).".
11	(b) PHSA Preemption.—Section 2723 of the Public
12	Health Service Act (42 U.S.C. 300gg-23) is amended—
13	(1) by redesignating subsections (c) and (d) as
14	subsections (e) and (f), respectively; and
15	(2) by inserting after subsection (b), the fol-
16	lowing:
17	"(c) Special Rule in Case of Mental Health
18	Parity Requirements.—
19	"(1) In general.—Notwithstanding any provi-
20	sion of section 514 of the Employee Retirement In-
21	come Security Act of 1974 to the contrary, the provi-
22	sions of this part relating to a group health plan or
23	a health insurance issuer offering coverage in connec-
24	tion with a group health plan shall supercede any
25	provisions of State law that establishes, implements,

- or continues in effect any standard or requirement which differs from the specific standards or requirements contained in subsections (a), (b), (c), or (e) of section 2705A.
- 5 "(2) CLARIFICATIONS.—Nothing in this sub-6 section shall be construed to preempt State insurance 7 laws relating to the individual insurance market or 8 to small employers (as such term is defined for pur-9 poses of section 2705A(d)).".
- 10 (c) Effective Date.—The provisions of this section 11 shall take effect with respect to a State, on the date on which 12 the provisions of section 2 apply with respect to group 13 health plans and health insurance coverage offered in con-14 nection with group health plans.

#### 15 SEC. 5. FEDERAL ADMINISTRATIVE RESPONSIBILITIES.

- 16 (a) Group Health Plan Ombudsman.—
- 17 (1) DEPARTMENT OF LABOR.—The Secretary of 18 Labor shall designate an individual within the De-19 partment of Labor to serve as the group health plan 20 ombudsman for the Department. Such ombudsman 21 shall serve as an initial point of contact to permit in-22 dividuals to obtain information and provide assist-23 ance concerning coverage of mental health services 24 under group health plans in accordance with this Act.

1 (2) Department of health and human serv-2 ICES.—The Secretary of Health and Human Services shall designate an individual within the Department 3 of Health and Human Services to serve as the group 5 health plan ombudsman for the Department. Such 6 ombudsman shall serve as an initial point of contact 7 to permit individuals to obtain information and pro-8 vide assistance concerning coverage of mental health 9 services under health insurance coverage issued in 10 connection with group health plans in accordance 11 with this Act.

- 12 (b) AUDITS.—The Secretary of Labor and the Sec-13 retary of Health and Human Services shall each provide 14 for the conduct of random audits of group health plans (and 15 health insurance coverage offered in connection with such 16 plans) to ensure that such plans are in compliance with 17 this Act (and the amendments made by this Act).
- 18 (c) Government Accountability Office Study.—
  - (1) STUDY.—The Comptroller General shall conduct a study that evaluates the effect of the implementation of the amendments made by this Act on the cost of health insurance coverage, access to health insurance coverage (including the availability of in-network providers), the quality of health care, the impact on benefits and coverage for mental health and sub-

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- 1 stance abuse, the impact of any additional cost or 2 savings to the plan, the impact on out-of-network cov-3 erage for mental health benefits (including substance 4 abuse treatment), the impact on State mental health 5 benefit mandate laws, other impact on the business 6 community and the Federal Government, and other 7 issues as determined appropriate by the Comptroller General. 8
- 9 (2) REPORT.—Not later than 2 years after the 10 date of enactment of this Act, the Comptroller General 11 shall prepare and submit to the appropriate commit-12 tees of Congress a report containing the results of the 13 study conducted under paragraph (1).
- 14 (d) REGULATIONS.—Not later than 1 year after the 15 date of enactment of this Act, the Secretary of Labor and 16 the Secretary of Health and Human Services shall jointly 17 promulgate final regulations to carry out this Act.

# Calendar No. 93

110TH CONGRESS S. 558

# A BILL

To provide parity between health insurance coverage of mental health benefits and benefits for medical and surgical services.

March 27, 2007

Reported with an amendment