impose stringent numeric nutrient criteria for water bodies in the State of Florida. It was lawyers in a courtroom and not scientists in a lab who set the standard and timeline on what will be a costly endeavor that has not been backed up by science.

These regulations could not come at a worse time as they pose a significant threat to Florida's already weakened economy. A joint Florida Department of Agriculture and Consumer Services and University of Florida study indicates these regulations could cost Florida over 14,500 jobs and \$902 million to \$1.6 billion annually, with additional indirect economic impacts to the State of over \$1 billion annually.

Éven worse, there is significant debate in the environmental community as to whether these federal regulations will even benefit the environment. The comments expressed by the State and local agencies charged with protecting Florida's waters raise serious concerns about the methodology EPA used to develop these regulations. Our State Department of Environmental Protection says that "compliance will force an investment of billions of dollars without environmental benefit." The scientists at DEP further claim that "EPA proposed criteria do not reflect a true relationship between nutrient enrichment and the biological health of Florida's surface waters."

The South Florida Water Management District—the lead State agency charged with the restoration of the Everglades—calls the current proposed implementation timeline "unrealistic" and that the proposed methodology has real potential to disrupt Everglades restoration.

It is also questionable as to whether the technology even exists for our local governments and private industries to meet the standards proposed by EPA. Even if it does, the costs imposed will flow to the consumer in the form of higher utility bills.

But despite all the legitimate science based concerns, EPA marches forward bound by a consent decree they did not have to sign in the first place. When members of the Florida delegation met with EPA administrator Lisa Jackson, she promised to review the rigor of their science. The problem is, she did not have the flexibility in time to review their own science without getting permission from the ones who sued them. Will this be the EPA's standard business practice for water quality regulations in the future?

When Congress passed the Clean Water Act, its intent was to create a collaborative approach with the Federal Government partnering with the States to clean our Nation's waters. It was not intended to promote a heavy handed Washington-knows-best agenda.

Of course, Floridians want cleaner water which is why our State has invested millions collecting data on the effects of nutrients. Over the past three decades, Floridians have successfully committed to substantial reductions in phosphorous levels through an EPA-approved Total Maximum Daily Load, TMDL, program. We are seeing the positive results of these programs in water bodies across the State.

I was pleased to learn that EPA would submit the part of its proposed rule which would apply to estuaries, coastal waters, and flowing waters in South Florida to their internal Science Advisory Board. When EPA made this announcement in June, their own press release quoted the assistant administrator for EPA's Office of Water as saying:

An independent scientific peer review by the SAB will ensure that the best available science is our guide in developing clean water standards for Florida's coast.

Shouldn't the best available science be afforded to north and central Florida as well?

Florida is one the most diverse States in terms of its aquatic ecosystems, from the rare coastal dune lakes in the panhandle to the mangroves, swamps, and spring-fed lakes and rivers throughout central Florida. An SAB review of only South Florida waters ignores this diversity in the rest of the State.

I urge EPA to conduct a full SAB review of this proposed rule for all Florida waters and to modify its rulemaking in accordance with SAB's analysis so that Floridians can continue to enjoy clean water, protected by a standard that is achievable and supported by the best available science.

HISTORY OF THE RADAR SITES OF ICELAND

## HON. JOE WILSON

OF SOUTH CAROLINA IN THE HOUSE OF REPRESENTATIVES

#### Friday, July 30, 2010

Mr. WILSON of South Carolina. Madam Speaker, during the Cold War, Iceland served as a listening station with four radar sites that were manned by America's brave men and women in uniform to deter a Soviet bomber nuclear attack on America. An organization in Chapin, South Carolina, called the Iceland Reunion at www.usradarsitesiceland.com, is dedicated to the memory of all of the men and women who served on these U.S. radar sites. The mission of this organization, chaired by Retired Air Force Master Sergeant William A. Chick, is to preserve and document the history of the air defense of Iceland and the North Atlantic passage to the United States and the Free World

Mr. Chick encourages those interested in preserving Cold War history to visit their informational website and also read, "The History of the radar sites of Iceland" by Gerald H. Tonnell which is the unofficial history of fifty years of the strategic radar sites which successfully preserved peace and promoted freedom in the struggle between democracy and communism with the ultimate victory over communism.

I thank Mr. Chick and other members who are working hard to preserve the memory and the mission of those military surveillance operators who served our great nation. America will always cherish the service of these patriots and the hosting by the people of our longtime NATO ally Iceland.

# A TRIBUTE TO MR. JOSEPH A. FRICK

## HON. ROBERT A. BRADY

OF PENNSYLVANIA IN THE HOUSE OF REPRESENTATIVES

#### Friday, July 30, 2010

Mr. BRADY of Pennsylvania. Madam Speaker, I rise today to congratulate my friend, Joseph A. Frick, President and Chief Executive Officer of Independence Blue Cross, on receiving the National Multiple Sclerosis Society's Hope Award. Mr. Frick's work to improve Philadelphia exemplifies his upstanding character and worthiness of receiving the Hope Award.

A graduate of the University of Notre Dame and Loyola College, Mr. Frick has a long and impressive career of working for the people of Philadelphia. For several years, Mr. Frick worked at Philadelphia Newspapers Incorporated, the company that publishes the Philadelphia Inquirer and the Daily News, eventually being promoted to the Vice President of Human Resources. Currently, Mr. Frick is Chairman of the Board of Directors for Leadership Incorporated, a program preparing Philadelphia leaders like Mr. Frick himself, for influential roles in the community. He also has served on the Board of Directors for Blue Cross Blue Shield Association, the Greater Philadelphia Chamber of Commerce, LaSalle University, the Penjerdel Council, the Philadelphia Orchestra, and the Philadelphia Workforce Investment Board.

On October 22nd, Mr. Frick will be acknowledged by more than 600 attendees at the Greater Delaware Valley Chapter of the National MS Society's Reception in Philadelphia. The Hope Award is the National Multiple Sclerosis Society's highest honor and is only bestowed upon an individual who has taken the initiative to affect the community through philanthropic service and community leadership. Mr. Frick's philanthropic work has benefitted more than 13,000 people in the Greater Delaware Valley who live with MS, and he is greatly deserving of this honor.

Mr. Frick's impressive career proves a longstanding commitment to the people of Philadelphia. Madam Speaker, I ask that you and my other distinguished colleagues join me in honoring my friend, Joseph A. Frick, for his work in Philadelphia and congratulate him on receiving the Hope Award.

## ST. CECILIA ACADEMY

#### HON. MARSHA BLACKBURN

OF TENNESSEE IN THE HOUSE OF REPRESENTATIVES

Friday, July 30, 2010

Mrs. BLACKBURN. Madam Speaker, 150 years ago, four women from Somerset, Ohio arrived in Nashville, Tennessee to establish an Academy for the higher education of young women in the Diocese of Nashville. Run by the Congregation of St. Cecilia, Tennessee's only Motherhouse of Dominican Sisters, St. Cecilia's Academy boasts 2,500 alumnae from the oldest continuously operated school in Nashville. I rise today with gratitude for the hard work and dedication by the Sisters of St. Cecilia, and the faculty and staff of St. Cecilia's Academy.

St. Cecilia's Academy, the only all-girls, Catholic high school in Middle Tennessee, first opened its doors in October of 1860 in North Nashville. Borrowing lanterns from local rail yards to light the grounds, the first commencement exercises were held in June of 1862. Two young women of St. Cecilia's Academy celebrated their graduation that day, along with a thousand guests, all in the throws of the Civil War. Despite the financial toll of the War, St. Cecilia's remained operational, and indeed flourished in the years to follow. Additions to the school on the hill came in 1880, 1888, and 1904. Following the westward expansion of Nashville, 92 acres of land was purchased in West Nashville in 1923 and the site of the current campus was established on the feast of St. Cecilia, 1956.

What began with as a small boarding school is now the academic home for over 250 witnesses to the school's belief in the dignity of the individual, made in the image of the Almighty. Grounded in rich academic traditions, St. Cecilia's Academy has four times been recognized by the Acton Institute as one of the top catholic high schools in America. I ask my colleagues to join me in celebrating the sesquicentennial founding of St. Cecilia's Academy as we look with great hope to the next 150 years of excellence in education.

HONORING THE WORK OF THE NORTHWEST PHYSICIANS NET-WORK FOR RECEIVING THE PIERCE COUNTY HEALTH CARE CHAMPIONS 2010 BUSINESS AWARD

## HON. ADAM SMITH

OF WASHINGTON

#### IN THE HOUSE OF REPRESENTATIVES

Friday, July 30, 2010

Mr. SMITH of Washington. Madam Speaker, I rise today to honor the Northwest Physicians Network for receiving the Health Care Champions 2010 Business Award for providing excellent health care and treatment for patients.

In 1995, a group of physicians came together under the common goal of providing better and more coordinated health care for their community. With this goal in mind, they created the Northwest Physicians Network. Since its founding, the network has since grown to include over 500 independent physicians and numerous practices rooted in communities throughout the Pacific Northwest. The network strives to offer the best health care possible, starting with building lasting physician-patient relationships.

On May 25, 2010, the Health Care Champions program, a partnership between the Business Examiner and the Pierce County Medical Society, presented the Northwest Physicians Network with the 2010 Business Award. The Health Care Champions recognize the Northwest Physicians Network's Fit Futures Employee Wellness Program and the organization's dedication, exceptional service, and professionalism in medical practice. The award was presented at the Pierce County Health Care Champions annual awards ceremony held at the Tacoma Museum of Glass in downtown Tacoma, Washington.

Madam Speaker, I congratulate the Northwest Physicians Network on receiving the Pierce County Health Care Champions 2010 Business Award and the outstanding work of the entire Northwest Physicians Network staff. INTRODUCING A BILL TO IMPROVE DIABETES SCREENING FOR MEDICARE BENEFICIARIES

# HON. LEE TERRY

OF NEBRASKA IN THE HOUSE OF REPRESENTATIVES *Friday*, July 30, 2010

# Mr. TERRY. Madam Speaker, I rise today

with my colleagues, Representatives SPACE, CASTLE and DEGETTE, to introduce a bill that will improve diabetes screening for Medicare beneficiaries. The bill we are introducing will direct the Secretary of HHS to review utilization of screening programs and establish an outreach program to improve screening awareness.

According to the American Diabetes Association, a sizeable 32 percent of Americans over the age of 65 have diabetes and of that group, 46 percent remain undiagnosed. In my district alone, 41,000 seniors are living with diabetes. CMS data reflects that only 11.5 percent of Medicare beneficiaries take advantage of diabetes screening benefits. Awareness of screening benefits, diagnosis and early treatment are key components to ensuring that our seniors are healthy and helping to reduce overall costs to health care.

I encourage my colleagues to take a close look at this bill and consider becoming a co-sponsor.

## COMMENDING AIR TRAFFIC CONTROLLERS

SPEECH OF

# HON. BETTY McCOLLUM

OF MINNESOTA IN THE HOUSE OF REPRESENTATIVES Tuesday, July 27, 2010

Ms. McCOLLUM. Madam Speaker, I rise in support of H. Res. 1401, a resolution expressing gratitude for the contributions of the air traffic controllers of the United States.

The women and men who work as air traffic controllers are dedicated to the protection of the flying public. On a daily basis, their work requires quick and skilled reactions to complex and dangerous situations. The safety of our air space is required all day, every day of the year—including holidays. More than 15,600 Federal air traffic controllers, 1,250 civilian contract controllers, and more than 9,000 military controllers are committed to meeting this demand. Air traffic controllers allow all Americans to travel with assurance of safety and speed of travel.

These individuals are quiet heroes deserving of recognition. With continued growth in air travel, the United States must invest in the modernization of our air traffic control system. These dedicated workers require the resources to carry out their mission.

HONORING THE WINNERS AND PARTICIPANTS OF THE 2010 CROSSFIT GAMES

### HON. JOHN SULLIVAN

OF OKLAHOMA IN THE HOUSE OF REPRESENTATIVES *Friday*, July 30, 2010

Mr. SULLIVAN. Madam Speaker, it is with great pleasure that I rise today to honor the

winners and participants of the 2010 CrossFit Games held in Carson, California from July 16 to July 18, 2010.

CrossFit was created in the mid-80s by former gymnast Greg Glassman. When it was first introduced, it was a completely different form of physical training that was developed to enhance an individual's competency at all physical tasks and functional movements in everyday life. Greg Glassman moved to Santa Cruz, California, in 1995, and he and wife Lauren Glassman opened the first independent CrossFit gym there in 1999. Since then, CrossFit has expanded to about 1,900 affiliated gyms worldwide, with each operating as its own independent small business.

While at first, the concepts and training associated with CrossFit seem to be aimed for the elite athlete, military special operations units, police academies and tactical operations teams, the fact that it has grown so much so quickly is a testament to CrossFit's ideology that the needs of the average person, like myself, and the Olympic athlete differ by degree not kind. This is especially important today, when my state of Oklahoma and our nation faces an obesity epidemic that is not only straining our health care system, but causing chronic health conditions like diabetes, heart disease and cancer. The medical benefits, increased self confidence, and stress reduction that can come from athletic activity help contribute to a healthier, more productive Oklahoma and nation.

There is no better test of all around fitness, not focusing on one single type of event, than the CrossFit Games, where multiple and varied workouts are held each day over a three day competition. The workouts over the duration of each day are not announced until a few hours before each event which means that the athletes are training for a competition whose format is almost completely a mystery. One of the workouts in this year's Games was the following:

Event 2a—For time (22 min cap): run 1,200 meters, 63 kettlebell swings (55/36 lbs.), 36 pull-ups, run 800 meters, 42 kettlebell swings (55/36 lbs.), 24 pull-ups, run 400 meters, 21 kettlebell swings (55/36 lbs.), and 12 pull-ups. Event 2b—Within 90 seconds of completing

Event 20—within 90 seconds of completing Event 2a: 1 rep max Shoulder-to-Overhead.

Approximately 4000 men and women initially entered the preliminary events earlier this year to not only competing for a spot in the Games but to challenge oneself. The large number of contenders eventually narrowed down to 45 men and 41 women competing for the claim as the fittest in the world. Every single individual competitor, masters athlete and affiliate team earned the right to compete through old-fashioned hard work and dedication to physical fitness.

I.want to congratulate the winners of the individual competition, who can now say they are among the fittest athletes in the world, Graham Holmberg from New Albany, Ohio and Kristan Clever from Sherman Oaks, California. Both athletes not only exhibited great skill, but gut-wrenching effort that ultimately put them on top. They are an inspiration to all that hard work pays off in the end.

I would also like to congratulate the affiliate team winner of the Games, CrossFit Fort Vancouver, as well as the masters category individual competition winners Laurie Carver and Brian Curley.

Finally, I would like to congratulate my hometown gym in Tulsa, Oklahoma, CrossFit