

113TH CONGRESS  
2D SESSION

# S. RES. 441

Designating the week of May 1 through May 7, 2014, as “National Physical Education and Sport Week”.

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IN THE SENATE OF THE UNITED STATES

MAY 8, 2014

Ms. KLOBUCHAR (for herself, Mr. THUNE, and Mr. FRANKEN) submitted the following resolution; which was referred to the Committee on the Judiciary

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## RESOLUTION

Designating the week of May 1 through May 7, 2014, as  
“National Physical Education and Sport Week”.

Whereas according to the 2012 Shape of the Nation Report, there has been a dramatic increase in obesity in the United States over the last 20 years, and obesity rates are high;

Whereas over 30 percent of children in the United States are overweight or obese;

Whereas according to the Centers for Disease Control and Prevention, over 48 percent of high school students do not attend physical education classes in an average week;

Whereas according to Department of Health and Human Services Physical Activity Guidelines for Americans, children and adolescents between the ages of 6 and 17

should engage in 60 minutes or more of physical activity daily, including aerobic, muscle strengthening, and bone strengthening exercises;

Whereas regular physical activity is necessary to support normal and healthy growth in children and is essential to the continued health and well-being of children; and

Whereas Congress strongly supports efforts to increase physical activity and participation of children and youth in sports: Now, therefore, be it

1       *Resolved*, That the Senate—

2               (1) designates the week of May 1 through May  
3               7, 2014, as “National Physical Education and Sport  
4               Week”;

5               (2) recognizes National Physical Education and  
6               Sport Week and the central role of physical edu-  
7               cation and sports in creating a healthy lifestyle for  
8               all children and youth;

9               (3) supports the implementation of local school  
10              wellness policies (as that term is described in section  
11              9A of the Richard B. Russell National School Lunch  
12              Act (42 U.S.C. 1758b)) that include ambitious goals  
13              for physical education, physical activity, and other  
14              activities that address the childhood obesity epidemic  
15              and promote child wellness; and

16              (4) encourages schools to offer physical edu-  
17              cation classes to students and work with community  
18              partners to provide opportunities and safe spaces for

- 1 physical activities before and after school and during
- 2 the summer months for all children and youth.

