

would be canceled. She went on to say, "What happened to if you want to keep your health care, you can?"

And, finally, Allen summed up his frustration in one sentence:

I will not have insurance beginning January 1. End of story.

Mr. Speaker, these are real stories that affect real people, hardworking families just trying to get by.

Mr. Speaker, we need to hold the President and congressional Democrats to their promise.

#### OBAMACARE

(Ms. JENKINS asked and was given permission to address the House for 1 minute and to revise and extend her remarks.)

Ms. JENKINS. Mr. Speaker, across Kansas, folks are struggling from the effects of ObamaCare. This cancellation letter is from Greg and Linda in Osage City, who wrote to tell me their son was losing his health care plan.

Linda spent hours each night for weeks trying to sign up for a new plan on the Web site. She tried the online chat. She tried calling the number, and no one could answer her questions.

They were forced to add their son to Greg's more expensive employer plan, and now their son's health insurance bill is going up 50 percent each month.

After years of knowing about these problems, today the President tried to make good on his promise: if you like your plan, you can keep it. But for Greg and Linda, it is likely too late. The deadline to switch to Greg's employer plan just passed. They had no good options.

We must continue to work for hardworking American families who are paying the price for this unworkable law.

#### OBAMACARE

(Mr. HECK of Nevada asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. HECK of Nevada. Mr. Speaker, "If you like your health care plan, you can keep it. Period. If you like your doctor, you can keep him. Period."

We all remember when we heard those words. Here is an article from today's Las Vegas Review Journal. Nearly 25,000 Nevadans lose insurance plans under ObamaCare. That is roughly 27 percent of the individual market in that State.

One of those individuals is Janet. Janet is 55 years old and battling recurrent cancer. She has had the same insurance policy for 11 years. For 11 years that policy and those doctors have taken care of her and have kept her alive.

She is currently battling a recurrence, undergoing chemotherapy, and she received this letter from her insurer on September 25:

We would like to take this opportunity to thank you for allowing us to be your health

insurance carrier. We are writing to advise you that, due to the passage of the Federal Patient Protection and Affordable Care Act, effective December 31, 2013, your standard or basic individual health plan will be discontinued and terminated. You will no longer be able to continue coverage under this benefit plan as of this date.

As Janet valiantly battles her disease, the last thing she needs is the added stress of wondering about her insurance coverage.

Mr. President, it is time that Americans are allowed to keep their health care plan. Period.

#### OBAMACARE

(Mr. CONAWAY asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. CONAWAY. Mr. Speaker, Peter Ertling is a 24-year-old from Midland, Texas, who has done everything he is supposed to do. When he was 18 he began working in the oil fields as a roustabout; and through hard work and perseverance, he eventually worked his way up to field operations manager.

Four years ago, he married a beautiful young lady and they started a family. He now has three small boys, and there is a fourth one on the way.

But, Mr. Speaker, he is now in a bad position because of bad calls made by those lawmakers who voted for the Affordable Care Act and the President who signed it into law. Thanks to ObamaCare, his company, in the force of a 40 percent increase in rates, has switched their health insurance plan.

The kicker is that Peter's wife is halfway through the pregnancy with their fourth child. His wife's doctor is not a part of the new insurance plan, and they are going to have to spend an extra \$18,000 out of pocket to stay with the doctor they like and the doctor they were promised they could keep. This is a broken promise that has turned what should be a joyful and momentous occasion into a nightmare.

As he said to one of my staff:

I am 24 years old. At my age and at this point in my career, this is not something that I should have to worry about.

Mr. Speaker, this is not an intellectual exercise we engage in. ObamaCare is causing major problems for hardworking people like Peter and his wife in the 11th District of Texas. His wife is in tears over this issue.

The American Dream that he was working so hard to provide for his family has turned into a nightmare because of a bad law. This is unacceptable, and it is inexcusable.

#### OBAMACARE

(Mr. STIVERS asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. STIVERS. Mr. Speaker, 3.5 million Americans have seen their health care plans canceled under the Afford-

able Care Act. I've personally heard from many constituents in my district who are seeing their health care plans canceled.

For example, Anthony, who is a small business owner in my district, got these letters from his insurance plan saying that his plan would be canceled. As a result of that, there is a new plan that is available to him, but his monthly cost goes up by a little over 80 percent, and that is low compared to some.

He is in the process of building a business, and he just hired his first employee. He told me he is scared to death to hire another employee because he just got his health insurance canceled and the cost doubled. It is just another story of how this law is hurting people and stifling job creation.

I would like to ask all my colleagues to join me in supporting Chairman UPTON's bill, the Keep Your Health Plan Act. I urge all of you to support it.

#### OBAMACARE

(Mr. BARR asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. BARR. Mr. Speaker, for the last 4 years, President Obama repeatedly promised the American people that if you like your health care plan, you can keep it. But for Melody in Lexington, Kentucky, that is simply not true.

Melody received a notice that her health care plan was no longer good enough under ObamaCare. And when Melody looked into options for new insurance, like so many other Americans, she found out that her family's insurance costs would go up by 250 percent, and their deductible would increase by \$2,000.

Melody, in this email, told me:

We do not qualify for any premium assistance, even though we are a family of three living on a single income. We are more likely to go without health care coverage because our premiums are going to cost more per year than we would wind up spending on medical expenses without insurance.

Mr. Speaker, this is not about politics. This is about real people in our districts that are being harmed by ObamaCare. The American people don't need apologies. They don't need temporary administrative waivers. They need permanent solutions that will protect hardworking Americans from the coverage cancellations, loss of access to doctors, and premium spikes.

It is time for the President to keep his promise and allow Americans who like their health care plans to keep them.

#### OBAMACARE

(Mr. DAINES asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. DAINES. Mr. Speaker, President Obama promised if you like your