defund Obamacare. Most of America doesn't want it and I can't afford it! Please listen to your constituents! Thank you for your time.

GARY BAILEY.

OBAMACARE

(Mr. DENHAM asked and was given permission to address the House for 1 minute.)

Mr. DENHAM. Mr. Speaker, all we are asking is the President keeps his word. I have got hundreds of letters now from constituents from all across my entire district.

Nate from Oakdale says:

Before the Affordable Care Act, our health coverage was \$279 a month for me and my wife. We recently got a letter in the mail stating that our plan is no longer available due to the Affordable Care Act and that our premium will be \$434.60 a month, an increase of \$155.60.

Tom from Ceres says:

Farm Bureau has informed me that my med insurance will be canceled in January 2014. My premium will increase 170 percent for now.

Valerie from Denair:

My policy was canceled. In shopping for a new plan, I see that my monthly cost will at least triple for inferior coverage.

These lists go on and on and on.

Dawn from Turlock says:

I just received a letter today from my health care provider, and they have notified us our health care insurance has just doubled.

We owe it to the American people that this does not go on any longer. The President needs to fulfill his promise.

OBAMACARE

(Mr. WENSTRUP asked and was given permission to address the House for 1 minute.)

Mr. WENSTRUP. Mr. Speaker, I rise to give voice to my constituents. While I would expect that ObamaCare's thousands of pages would help at least a handful of people, a sampling of mail coming into any office lets me know that help by the Affordable Care Act is rare.

Steve from Greenfield says he and his wife are in good health with current insurance costing \$485 a month. Under ObamaCare, that goes to roughly \$1,150 a month, a 237 percent increase.

June from Batavia received a letter from UnitedHealthcare. They are discontinuing coverage for most of her family's doctors. And while she says she can handle it, it will be a problem for her husband. He has stage 4 kidney disease and is on dialysis and will soon not have his doctors.

Don from Loveland says:

If the Affordable Care Act is allowed to stand, my family will have to come up with an extra \$6,600 next year. We can't afford that.

Mr. Speaker, from what I am seeing, stress and anxiety are becoming an increasingly common diagnosis, all due to ObamaCare. The Web site isn't the only problem, Mr. Speaker, the law is the problem.

OBAMACARE

(Mr. MESSER asked and was given permission to address the House for 1 minute.)

Mr. MESSER. Mr. Speaker, once again today the President said to the American people, if you like your health care plan, you can keep it—at least for 1 more year, if you're lucky. The problem is saying something many times does not magically make it come true.

Right now, only 701 people in the State of Indiana have been able to sign up for insurance through the Affordable Care Act exchanges. According to the Indiana Department of Insurance, more than 108,000 Hoosiers will receive or have received cancelation letters.

One of those people is Michael Sturgis of Greensburg. He called my office after receiving a cancelation letter from his insurance company. Michael was told his monthly premium was going to increase from \$397 a month to \$831 a month. His \$5,000 deductible will go up to \$7,300.

That is unacceptable, and it is certainly not affordable. That is why we need to pass H.R. 3350, the Keep Your Health Plan Act of 2013, and let the American people remain in charge of their health care.

\Box 1700

OBAMACARE

(Mr. STUTZMAN asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. STUTZMAN. Mr. Speaker, millions of Americans find themselves in the heartbreaking situation of losing their health care plans thanks to a broken promise that the White House is not scrambling to try and fix.

Hoosiers like Jared from Woodburn, Indiana, were told that they could keep their plans. Unfortunately, Jared found this cancelation letter in his mailbox on September 23. He is just one of the more than 3.5 million Americans who lost coverage under ObamaCare.

For Jared, the timing couldn't have been worse. In the middle of selling their home and making an offer on another, Jared, his wife, and 1-year-old son were hit with a cancelation letter and the real possibility that their health care costs will become unaffordable.

President Obama's health care law is hurting Hoosiers. If he is serious about helping Americans like Jared, he should start by keeping his promise and signing the Keep Your Health Plan Act as soon as it is passed.

Enough is enough.

ANTHEM BLUE CROSS BLUE SHIELD,

San Antonio, TX, September 23, 2013. DEAR JARED SCHORTGEN: Anthem Blue Cross and Blue Shield is discontinuing your individual health benefit plan because it doesn't meet all the requirements of the new health care reform laws (also called the Affordable Care Act). As a convenience to you, we're transitioning you to a health care reform compliant plan upon your renewal date. Your current individual health benefit plan will remain in effect until 01–Jan, 2014.

Don't worry, we've got options for you! We've selected a new plan for you that meets the new requirements. This new plan, AN-THEM CORE DIRECTACCESS WITH HSA-CABP is available at \$669.82. You don't need to do anything; you will automatically transition into your new individual health benefit plan. For additional plan details and to view a copy of the Summary of Benefits and Coverage (SBC) go to sbc.anthem.com/dps/ CCD0S6M.

Or, we can help you choose a different plan. Just talk to your Anthem agent, go to anthem.com and click "Changemycoverage", or call a Health Plan Advisor at 855-809-2879 to find a plan that's right for you. You may choose any of the health care reform compliant individual health benefit plans that we offer.

You can also check into whether you're eligible for a government subsidy to help you pay for your health coverage. If you are, you could buy an Anthem plan on the government-run Health Insurance Marketplace (also called the "exchange").

Your current individual health benefit plan is still in effect until 01-Jan, 2014. If you choose to automatically move into the plan we selected for you, payment of the new premium will be considered acceptance into your new plan, ANTHEM CORE DIRECT-ACCESS WITH HSA-CABP at \$669.82. If your premium is currently withdrawn electronically from your account this will continue upon your transition. If you have questions, please call your Anthem agent or Health Plan Advisor team at 855-809-2879. Representatives are here Monday through Friday, 7:30 a.m.-9:00 p.m. and Saturday 9:00 a.m.-5:00 p.m., Eastern time.

Sincerely,

ROBERT W. HILLMAN, CLU, President and General Manager, Anthem Blue Cross and Blue Shield.

OBAMACARE

(Mr. LAMBORN asked and was given permission to address the House for 1 minute.)

Mr. LAMBORN. Mr. Speaker, my office has been flooded with constituents calling to share their Obama horror story.

Take Nicole Butler, for instance, a constituent of mine living in Colorado Springs and a mother of three children. Her family's Humana insurance plan was canceled because it was deemed insufficient under ObamaCare. She is currently paying \$431 per month for what is, in her words, a great plan. She and her husband are insuring their family of five within a tight budget. The cheapest ObamaCare plan she could find would cost her family \$1,003 per month in premiums, more than twice as much. This is the same story for 250,000 other Colorado families who have been canceled.

Mr. Speaker, the American people took our President at his word when he said "If you like your plan, you can keep it."

I look forward to legislation which will give relief to families in Colorado and all over this country.

OBAMACARE

(Mr. STEWART asked and was given permission to address the House for 1 minute.)

Mr. STEWART. Mr. Speaker, we have officially entered la-la land, where the President thinks that by the mere power of his own voice he can turn back time by simply announcing that he will no longer enforce provisions within his own law. Think about that. The answer to fixing this law is for him to announce that they won't enforce the law. That tells you how desperate they are. His announcement today will only make things worse, and it is the American people who will continue to pay.

I, like everyone who has spoken on the floor this afternoon, have many examples of people who are being hurt today because of provisions of ObamaCare. Amanda from Bountiful, Utah, within my district, has seen her family's deductibles and the rate they will pay double.

Sundee from southern Utah has had her family's health plan entirely canceled. As small business owners, they are scrambling now to try to find something, some way in which they can maintain insurance for their family.

President Obama repeatedly promised that if you have health insurance, you can keep it. That promise has not been fulfilled. We call upon him to do that today.

OBAMACARE

(Mr. GUTHRIE asked and was given permission to address the House for 1 minute.)

Mr. GUTHRIE. Mr. Speaker, I rise today to share some powerful stories that Kentuckians have shared with me regarding their experiences with ObamaCare.

Jim Holloway of Glasgow was notified that his small business insurance plan will be canceled. Here is the letter:

Dear James Holloway, II, you will be moving to a health care reform, also called the Affordable Care Act compliant plan.

Mr. Holloway told me, "The plan I had was not a junk plan. I liked my plan." Unfortunately, he will not be able to keep that plan.

Tanya Veitschegger of Bowling Green also received a cancelation notice of her plan. After calling her insurance agent, she learned that a similar plan to what she and her husband had was available at a cost of \$490 more a month.

Vince Berta, also of Bowling Green, said that by being forced to go onto the exchange, his family's insurance rate will jump from \$375 a month to \$849 a month. He asks a fair question: "An over 100 percent increase—what part of this is affordable?"

The fact is that President Obama repeatedly promised Americans that if they liked their plan they could keep it. I heard over and over from Kentuckians that is not the case.

OBAMACARE

(Mr. SHIMKUS asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. SHIMKUS. Mr. Speaker, I would like to share two stories with you.

I have a 30-year-old self-employed farmer. He had a major medical plan with a \$2,500 deductible and paid 80 percent. He paid \$122.17 a month. This plan was canceled. To get a plan now with a \$6,000 deductible and pay 80 percent, it is \$259.02 a month, but it will cover pediatric, dental, and maternity. He is an individual bachelor, self-employed. He is single and a male. His point is, "I had a plan. I liked it. The President said I could keep it. That was a lie."

I also want to share the story of Tara, Eric, and Ky Manzano. They are both employed with a son. Their premium is doubling. They are not sure how they will be able to save for college for Ky and pay for this insurance.

The SPEAKER pro tempore. Members are reminded to refrain from engaging in personalities toward the President.

OBAMACARE

(Mr. GRIFFIN of Arkansas asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. GRIFFIN of Arkansas. Mr. Speaker, I rise today to tell the stories of real people in Arkansas' Second Congressional District who are being hurt by ObamaCare.

Many of them have seen their work hours reduced. Others are seeing their premiums double, triple, and quadruple. Many are losing the health insurance plans they would like to keep and wondering why President Obama told them repeatedly that that would never happen.

One single mom in Little Rock told me that her current health insurance plan will be canceled at the end of the year in just 6 weeks. She is worried this will affect her daughter who is about to start graduate school.

Terry and his wife in Rose Bud, Arkansas, will see their premium rise from \$380 to more than \$1,000 per month. That is not affordable.

Daniel Hanley, here with his horse, a vet in Little Rock, received notification that his health insurance plan was being canceled because of ObamaCare. The cancelation notice says:

ObamaCare will ultimately prevent us from offering competitive medical insurance ... as a result, we anticipate that your medical insurance policy will be ending effective midnight December 31, 2013.

It is clear that ObamaCare is a broken law, and its broken Web site is only the beginning. ObamaCare must be repealed so we can pass real patientcentered health care reform.

OBAMACARE

(Mr. LONG asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. LONG. Mr. Speaker, a constituent emailed my office this morning, and then she followed up with a call. She is fed up with ObamaCare.

She is battling cancer, which requires travel to a neighboring State. She told me her health insurance had been canceled due to the President's health care law. She was able to find a new plan, but will no longer be able to see her cancer doctor in Little Rock. She said:

My doctor and I are very concerned about the future treatment if I have to change docs. How many other Americans can no longer go to the treatment centers they need for lifesaving care? This is absurd. I have decided to continue my lifesaving treatments in Little Rock but will likely go bankrupt in the process. Just a little more stress the Obama plan has placed on thousands of Americans undergoing lifesaving treatment. I am angry not only for myself, but for everyone else who is going through this.

Mr. Speaker, we need to honor the promise President Obama made to the millions of Americans who like their plans but are now receiving cancelation notices.

OBAMACARE

(Mr. FLEMING asked and was given permission to address the House for 1 minute.)

Mr. FLEMING. Mr. Speaker, I want you to meet Andrew Parks, a hardworking young man from Bossier City, Louisiana, who has been hammered twice by ObamaCare. Earlier this year, his employer did what so many other businesses were forced to do by the ObamaCare employer mandate. They reduced Andrew's hours from a nearly 40-hour work week to 26 hours a week. He suffered a substantial loss in pay.

Then, the other shoe dropped. His employer recently sent him this notice from a national firm that his health insurance would not meet ObamaCare standards and would be discontinued at the end of the year. His ordeal couldn't be much worse.

Andrew has fought through a longterm illness and is a survivor of cancer, yet all he has asked for is the opportunity to work hard, to earn a living, and to keep his health insurance that he could afford. All ObamaCare has done is make those goals much more difficult to reach.

ObamaCare is damaging our economy and harming individuals. It needs to be repealed and repealed now.

OBAMACARE

(Mr. ROSKAM asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. ROSKAM. Mr. Speaker, my constituents are asking a simple question,