means fully engaging the subcommittees and full committees and all the Members of the Congress, because when we do that, that is when we get things done. When we sit down and we have open, bipartisan discussions, everybody gets their amendment, everybody gets an opportunity to exhaust all the arguments, everybody gets a vote. That is how people come together. That is how you get things done. That is how you fix things, and that is the way the Congress operated for several hundred years. That is not the way it is operating today.

Mr. Speaker, my fellow colleagues, if we are going to get things done and reverse the terrible reputation of this Congress, I implore the Speaker and the leadership and all of the Members to demand that, starting in January of next year, we restore regular order, we go to work 5 days a week, and we employ the subcommittee and the full committee process that has worked so well for so many hundreds of years in this country, because that is how we get things done. That is how we fix things here in this country. That is how we get our economy back on a progrowth trajectory, and that is how we restore the people's confidence in what is now a broken government and a broken Congress.

### RECESS

The SPEAKER pro tempore. Pursuant to clause 12(a) of rule I, the Chair declares the House in recess until noon today.

Accordingly (at 10 o'clock and 47 minutes a.m.), the House stood in recess.

#### $\Box$ 1200

#### AFTER RECESS

The recess having expired, the House was called to order by the Speaker at noon.

### PRAYER

Reverend Dr. John Loudon, First Presbyterian Church, Lakeland, Florida, offered the following prayer:

Lord, we acknowledge our need for divine guidance and confess we are imperfect people in need of Your forgiveness.

We give thanks that You are not only a God of righteousness, but also a God of compassion and offer us mercy.

Empower us to live in such a way that we strive for balance in our lives and seek to exhibit conviction as well as grace.

May we make our own an old prayer offered daily by Harry Truman:

Everlasting God, help me to be, to think, and to act what is right, because it is right. Make me truthful, honest, and honorable in all things. Make me intellectually honest for the sake of right and honor and without thought of reward for me. Give me the ability to be charitable, forgiving, and patient with others, and help me understand their motives and their shortcomings even as You understand mine. Amen and amen.

# THE JOURNAL

The SPEAKER. The Chair has examined the Journal of the last day's proceedings and announces to the House his approval thereof.

Pursuant to clause 1, rule I, the Journal stands approved.

Mr. WILSON of South Carolina. Mr. Speaker, pursuant to clause 1, rule I, I demand a vote on agreeing to the Speaker's approval of the Journal.

The SPEAKER. The question is on the Speaker's approval of the Journal.

The question was taken; and the Speaker announced that the ayes appeared to have it.

Mr. WILSON of South Carolina. Mr. Speaker, I object to the vote on the ground that a quorum is not present and make the point of order that a quorum is not present.

The SPEAKER. Pursuant to clause 8, rule XX, further proceedings on this question will be postponed.

The point of no quorum is considered withdrawn.

### PLEDGE OF ALLEGIANCE

The SPEAKER. Will the gentleman from North Carolina (Mr. PRICE) come forward and lead the House in the Pledge of Allegiance.

Mr. PRICE of North Carolina led the Pledge of Allegiance as follows:

I pledge allegiance to the Flag of the United States of America, and to the Republic for which it stands, one nation under God, indivisible, with liberty and justice for all.

#### WELCOMING REVEREND DR. JOHN LOUDON

The SPEAKER. Without objection, the gentleman from Florida (Mr. Ross) is recognized for 1 minute.

There was no objection.

Mr. ROSS. Mr. Speaker, I rise today in gratitude that my good friend Pastor Mike Loudon from my home church in Lakeland, Florida, could give the opening prayer in the United States House of Representatives.

Pastor Mike, as he is known back home, and his wife, Joyce, have lived a life of dedication to their faith and their family. Pastor Mike's ministry serves as an inspiration to everyone. Truly, he is a great man with a legacy of what counts in life and the life hereafter.

Pastor Mike is a pillar in the Lakeland and Polk County communities. He is active in Rotary Club and is a strong leader, a man of God, and has a fantastic sense of humor.

Pastor Mike has served churches across the country prior to coming to First Presbyterian Church in Lakeland in 1999. His messages are uplifting, encouraging, and always resonate with me. I am honored to have him as my pastor and as my friend. I join countless others in expressing a deep thankfulness for his willing spirit to serve and the privilege of having him give the opening prayer today.

### ANNOUNCEMENT BY THE SPEAKER PRO TEMPORE

The SPEAKER pro tempore (Mr. COL-LINS of New York). The Chair will entertain up to 15 further requests for 1minute speeches on each side of the aisle.

### OBAMACARE ADS

(Mr. PITTS asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. PITTS. Mr. Speaker, we all know that this administration is desperate to enroll young, healthy Americans in the new exchange plans, and the recent ad campaign from ProgressNow Colorado shows just how low some groups are willing to go to catch young people's attention. The ads depict young men drinking right out of kegs of beer and objectifying young women. They try to encourage people to sign up for health care by making light of unhealthy behaviors.

I recently received a letter from Dr. Julie Welch, an emergency room physician in Indianapolis, specifically concerned about how the ads promoted risky sexual behavior. The Let's Get Physical ad depicts a young woman thanking ObamaCare, with the words:

Oh my God, he's hot. Let's hope he is as easy to get as this birth control. My health insurance covers the pill, which means all I have to worry about is getting him between the covers. I got insurance. Now you can too. Thanks ObamaCare.

Dr. Welch writes:

As a taxpayer, I am puzzled at why advertising campaigns for health insurance appear to promote high-risk behaviors?

Promoting health coverage by condoning binge drinking and promiscuity is not a step towards a healthier America. It is just another way that ObamaCare just doesn't work.

## NO NUCLEAR WEAPONS IN IRAN

(Mr. WELCH asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. WELCH. Mr. Speaker, one of the most important challenges that this country faces with allies is to make certain Iran does not have a nuclear weapon. For that reason, I, along with virtually all of my colleagues, voted for tough, enforceable sanctions.

There is a question now in this House about whether Congress should present yet another resolution on Iran. There are two questions that raises. Number one, do we send a message to the world that Congress is not on the same page as our President and Secretary of State in their absolute determination to rid