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I yield back the balance of my time.

BLOCKING PROPERTY OF CERTAIN PERSONS CONTRIBUTING TO THE SITUATION IN UKRAINE—MESSAGE FROM THE PRESIDENT OF THE UNITED STATES (H. DOC. NO. 113-95)

The SPEAKER pro tempore (Mr. CRAMER) laid before the House the following message from the President of the United States; which was read and, together with the accompanying papers, referred to the Committee on Foreign Affairs and ordered to be printed:

To the Congress of the United States:

Pursuant to the International Emergency Economic Powers Act (50 U.S.C. 1701 et seq.) (IEEPA), I hereby report that I have issued an Executive Order (the "order") declaring a national emergency with respect to the unusual and extraordinary threat to the national security and foreign policy of the United States posed by the situation in Ukraine.

The order does not target the country of Ukraine, but rather is aimed at persons—including persons who have asserted governmental authority in the Crimean region without the authorization of the Government of Ukraine—who undermine democratic processes and institutions in Ukraine; threaten its peace, security, stability, sovereignty, and territorial integrity; and contribute to the misappropriation of its assets. The order blocks the property and interests in property and suspends entry into the United States of any person determined by the Secretary of the Treasury, in consultation with the Secretary of State:

- to be responsible for or complicit in, or to have engaged in, directly or indirectly, any of the following:
 - actions or policies that undermine democratic processes or institutions in Ukraine;
 - actions or policies that threaten the peace, security, stability, sovereignty, or territorial integrity of Ukraine; or
 - misappropriation of state assets of Ukraine or of an economically significant entity in Ukraine;
- to have asserted governmental authority over any part or region of Ukraine without the authorization of the Government of Ukraine;
- to be a leader of an entity that has, or whose members have, engaged in any activity described above or of an entity whose property and interests in property are blocked pursuant to the order;
- to have materially assisted, sponsored, or provided financial, material, or technological support for, or goods or services to or in support of, any activity described above or any person whose property and interests in property are blocked pursuant to the order; or
- to be owned or controlled by, or to have acted or purported to act for or on

behalf of, directly or indirectly, any person whose property and interests in property are blocked pursuant to the order.

I have delegated to the Secretary of the Treasury the authority, in consultation with the Secretary of State, to take such actions, including the promulgation of rules and regulations, and to employ all powers granted to the President by IEEPA as may be necessary to carry out the purposes of the order. All agencies of the United States Government are directed to take all appropriate measures within their authority to carry out the provisions of the order.

I am enclosing a copy of the Executive Order I have issued.

BARACK OBAMA.

THE WHITE HOUSE, March 6, 2014.

□ 1600

MARCH 6 FROM A HISTORICAL PERSPECTIVE

The SPEAKER pro tempore. Under the Speaker's announced policy of January 3, 2013, the gentleman from Texas (Mr. POE) is recognized for 60 minutes as the designee of the majority leader.

Mr. POE of Texas. Mr. Speaker, this is March 6, and I want to talk about March 6 in a historical perspective, history that is very important that Americans know about.

Yesterday, on the House floor, I talked about the things that are going on in the Ukraine and compared Mr. Putin's aggressive actions toward Europe, similar to the actions of Adolf Hitler and the Nazis.

Before I do that today, I would like to yield some time to two of our Members who have discussions on other issues. First, I would like to yield as much time as he wishes to consume on a different issue to the gentleman from Virginia (Mr. WOLF).

STUTTERING FOUNDATION

Mr. WOLF. Mr. Speaker, I want to thank the gentleman from Texas for his courtesy.

Mr. Speaker, today I rise to discuss something very close to me. I want to talk about stuttering. I have been a lifelong stutterer, and when I was young I experienced some very difficult times, but that is a story really for another day.

More than 70 million people stutter. One in every 100 people in the world stutter. In the U.S., more than 3 million Americans stutter. You probably have a friend, a neighbor, a classmate, a coworker, or a family member who stutters. Most people do.

About 5 percent of all children go through a stuttering phase that lasts 6 months or more. Some will recover by late childhood, but one out of every 100 children will be left with long-term stuttering.

I would like to take this time to tell you a little bit more about stuttering, what it is and how family members and friends can help.

Stuttering is a disorder where the flow of speech is broken by repetition, prolongations, or abnormal stoppages

of sounds and syllables. For some people, unusual facial and body movements may happen when they try to speak.

Stuttering is most likely caused by four factors:

One, Genetics;

Two, child development. For example, children with other speech and language problems or developmental delays are more likely to stutter;

Three, the makeup of the brain. An ongoing research study by Dr. Anne Smith with the Purdue University Stuttering Project shows that people who stutter seem to process speech and language differently than those who don't;

And four, lastly, family dynamics have an impact. High expectations and fast-paced lifestyles can also contribute to stuttering.

People who stutter are no different from those who do not stutter. In fact, studies by Dr. Ehud Yairi at the University of Illinois show that people who stutter are as intelligent and as well-adjusted as those who don't.

Contrary to what many people believe, stuttering can be treated. I want to let anyone know out there who stutters or who has a child who stutters, much can be done.

Speech-language pathologists, therapists trained to help deal with speech issues like stuttering often work in schools, clinics, at universities, and in private practice to help treat stuttering.

The most important thing, and many experts agree: early intervention is key. The earlier we can identify stuttering in our children and get them the help they need, the better chances we have at helping them to speak more fluently.

If you stutter, or if a child or loved one stutters, or if you even think they might be stuttering, get help immediately.

One of the best ways to help is by visiting the Stuttering Foundation. The foundation was started by Malcolm Fraser more than 70 years ago. His book, called "Self-Therapy for the Stutterer," was originally published in 1978, and still is one of the best books on stuttering available.

You can visit the foundation's Web site at www.stutteringhelp.org. They have lots of well-trusted, expert information available for free, including Malcolm Fraser's book, as well as countless brochures and videos and other materials for parents and teachers.

Unfortunately, there is no instant miracle cure for stuttering, no surgery, no pills, no intensive weekend retreats. Stuttering takes time and effort and commitment to work through.

Some people outgrow it. Some people respond well to years of therapy and learn to speak fluently, with almost no trace of difficulty. For many others, stuttering becomes a lifelong struggle, as it has for me.