FoxNews Health recently published a column noting the effectiveness of "hypnosis as therapy for anxiety, stress," wherein it noted that "Hypnosis was birthed from the brains of psychologists and researchers, and . . . it's now making its way back into the mainstream." It recommended the National Guild of Hypnotists (the NGH) as one of two national organizations from which to seek referrals. The following is a news report profiling the organization

MERRIMACK, NH.—(Marketwired—Jan. 21, 2014)—Change is stressful, even when change comes in the form of beneficial technology and social transformation. Too often, the stress of change manifests as overeating and obesity, smoking, substance abuse, aggression and other negative behaviors. Millions are searching for a non-pharmaceutical solution that is effective, long lasting and causes no side effects. The National Guild of Hypnotists has demonstrated through its longevity and documented results that hypnosis provides proven alternatives for reducing and eliminating many of the negative responses to today's stressful world.

The National Guild of Hypnotists, NGH, is the oldest, largest and most respected professional association of hypnotists in the world. The National Guild of Hypnotists, under the leadership of Dr. Dwight Damon, has been instrumental in raising conscious awareness of consulting hypnotism as a separate and distinct profession. Hypnosis now is recognized in the medical and scientific mainstream and its use and acceptance continue to grow.

Founded in Boston in 1950 and now based in Merrimack, NH. with over 14,000 members worldwide, the National Guild of Hypnotists includes trained, certified hypnotists, doctors, dentists and other health professionals and educators from many fields. An international organization serving members in 80 countries, the National Guild of Hypnotists established a strong universal code of ethics for the profession. In 1994, the National Guild of Hypnotists chartered the rapidly growing National Federation of Hypnotists, Local 104, a Union affiliated with the OPEIU, AFL-CIO, CLC. Those knowledgeable of non-clinical hypnosis universally acknowledge Dr. Damon as "The Father of Consulting Hypnotism as a Separate and Distinct Profession.'

The National Guild of Hypnotists established and maintains a rigorous certification program based on a standardized curriculum. Annually, the National Guild of Hypnotists conducts educational seminars around the country and an international convention and educational conference, held in Marlborough, MA, that attracts over a thousand hypnotists. Under the guidance of Convention Director Elsom Eldridge Jr., the convention is the leading and largest venue for the sharing of best practices within the profession. Each year's convention provides a platform for teaching advanced hypnotic techniques and sharing new information and practical developments from leading members of the profession and legislative and legal updates. The most prestigious awards in the profession are presented during the event. The adjunct faculty, recruited from around the world, provides a distinguished nexus for what Dr. Damon describes as, "an open forum for a free exchange of ideas concerning hypnotism.

Dr. Damon says, "As members of the National Guild of Hypnotists, we have accepted the invitation and have risen to the challenge that the actions we have taken over the years, lay the groundwork for our profession to soar beyond all that has been accomplished and even beyond all we can conceive. We rise to the invitation to leave a legacy of excellence."

Respectful of licensed health care professionals, the National Guild of Hypnotists encourages its members to make their services widely available as a complementary adjunct to medical, dental and other licensed health professions. The organization's vision is of a time when a visit to a Consulting Hypnotist will be as routine as a trip to the dentist. Consistent efforts by the National Guild of Hypnotists in fostering professionalism has been the decisive factor in bringing about the recognition of hypnosis as a separate and distinct profession.

The non-profit association publishes The Journal of Hypnotism and the Hypno-Gram quarterly, as informative publications for practitioners and recently introduced Hypnosis Today, an annual magazine created for all readers.

# PERSONAL EXPLANATION

# HON. KAY GRANGER

OF TEXAS

IN THE HOUSE OF REPRESENTATIVES Thursday,  $December\ 11$ , 2014

Ms. GRANGER. Mr. Speaker, on roll call no. 557 I am not recorded because I was absent due to a previously scheduled meeting. Had I been present, I would have voted Aye.

WELCOME, BABY MARY PARKS NATONSKI

# HON. JOE WILSON

OF SOUTH CAROLINA

IN THE HOUSE OF REPRESENTATIVES

Thursday, December 11, 2014

Mr. WILSON of South Carolina, Mr. Speaker, I am happy to congratulate the former communications director of South Carolina's Second District and now Chief of Staff for RICHARD HUDSON (NC-08) Pepper Pennington Natonski, and her husband Dave, who serves as Chief of Staff for KEVIN YODER (KS-03), upon the birth of their beautiful daughter. Mary Parks Natonski arrived into the world at 7:02AM on Thursday, November 27, 2014. Born at Sibley Memorial Hospital in Washington, DC, Mary Parks weighed eight and a half pounds and measured twenty-one and a half inches long. The Thanksgiving Day baby is the first child for the happy couple. I look forward to watching her grow and have no doubt that her talented parents will be dedicated to her well-being and bright future.

I would also like to congratulate Mary Parks' grandparents, Cass and Cindy Pennington of Orlando, Florida, and General Richard and Barbara Natonski of Woodbridge, Virginia. Congratulations to the entire Pennington and Natonski families as they welcome their newest edition of pure pride and joy!

CITY OF SUGAR LAND EMPLOYEE DELIVERS RESULTS

### HON. PETE OLSON

OF TEXAS

IN THE HOUSE OF REPRESENTATIVES Thursday, December 11, 2014

Mr. OLSON. Mr. Speaker, I rise today to congratulate the City of Sugar Land Risk Manager Norma Martinez for receiving the 2014

Risk Professional of the Year award from the Public Risk Management Association Chapter of Texas.

Martinez's innovative efforts have significantly lowered costs for the City of Sugar Land. As risk manager, Norma decreased the citywide worker's compensations cost by 62% over three years, decreased citywide auto liability costs by 64% over three years, decreased lost city time by 63% over five years, and decreased worker's compensation cost for the fire department by 91% over five years. It's clear that Norma delivers results.

The City of Sugar Land is fortunate to have such a proactive leader in their Human Resources Department. On behalf of the residents of the Twenty-Second Congressional District of Texas, congratulations to Norma Martinez for receiving the 2014 Risk Professional of the Year award.

# REFLECTIONS ON CONGRESS

#### HON. SPENCER BACHUS

OF ALABAMA

IN THE HOUSE OF REPRESENTATIVES  $Thursday,\, December\,11,\,2014$ 

Mr. BACHUS. Mr. Speaker, as I prepare to retire after 22 years in the House, I feel as I did when I first walked into this chamber as a freshman—it is an extraordinary privilege to be able to serve and being a U.S. representative is a humbling opportunity I never imagined I might have.

As Members of Congress, we see the Capitol Dome every day and I suspect that none of us ever fails to be inspired by its beauty and what it symbolizes. It is the incarnation of words attributed to Alexander Hamilton: "Here . . . the people govern."

In times of peace and war, prosperity and economic crisis, and social consensus and societal change, America stands unique among nations and in history. The phrase that perfectly explains this is "American Exceptionalism," which I truly believe in. You see it in the leadership that America provides to the world, in the service of our troops and veterans, and in the spirit of our people.

In Congress, I have served with three Presidents and five Speakers and been in this institution for the final years of the collapse of the Soviet Union, the tragedy of the 9/11 attacks, the accounting scandals and later the financial crisis of 2008, and many other historic events. Frequently, the concern expressed in our nation was, "Will we make it through?" Each time, America demonstrated its resilience and the reason for that, in my view, is because of our freedom.

It has been my privilege to serve on three great committees: the Financial Services Committee, the Judiciary Committee, and the Transportation and Infrastructure Committee. My colleagues accorded me the honor of selecting me as Financial Services Committee Chairman, the first to come from my home state of Alabama since Representative Henry B. Steagall in the 1930s. Little did I know that my leadership term on the committee would coincide with the most severe financial crisis to test the U.S. since the Great Depression. During the depths of the financial crisis in the fall of 2008, we worked to prevent a repeat of that catastrophe by stabilizing our weakened banking system; I am proud of my advocacy