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S. RES. 90

Designating February 2015 as ''American Heart Month'' and February 6, 2015, as ''National Wear Red Day''.

IN THE SENATE OF THE UNITED STATES

FEBRUARY 26, 2015

Ms. HIRONO (for herself, Ms. MURKOWSKI, Mrs. CAPITO, Ms. HEITKAMP, Mrs. FEINSTEIN, Ms. BALDWIN, Mr. DURBIN, Ms. WARREN, Mrs. BOXER, Ms. STABENOW, Ms. MIKULSKI, Ms. CANTWELL, Ms. COLLINS, Ms. AYOTTE, Mrs. SHAHEEN, Mrs. MURRAY, Mrs. FISCHER, and Ms. KLOBUCHAR) submitted the following resolution; which was considered and agreed to

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RESOLUTION

Designating February 2015 as ''American Heart Month'' and February 6, 2015, as ''National Wear Red Day''.

Whereas heart disease affects men, women, and children of every age and race in the United States;

Whereas heart disease continues to be the leading cause of death in the United States, taking the lives of approximately 600,000 individuals in the United States each year and accounting for 1 in 4 deaths in the United States;

Whereas congenital heart defects are the most common birth defect in the United States, as well as the leading killer of infants with birth defects;

Whereas more than 1 in 3 adult men and women have some form of cardiovascular disease;

Whereas every year an estimated 735,000 individuals in the United States have a heart attack;

Whereas heart disease and stroke account for $320,000,000,000 in health care expenditures and lost productivity annually;

Whereas heart disease and stroke will account for $918,000,000,000 in health care expenditures and lost productivity annually by 2030;

Whereas individuals in the United States have made great progress in reducing the death rate for coronary heart disease, but this progress has been more modest with respect to such death rate of women and minorities;

Whereas many people do not recognize that heart disease is the number 1 killer of women in the United States, taking the lives of more than 290,000 such women in 2010, and nearly 2/3 of women who unexpectedly die of heart disease have no previous symptoms of disease;

Whereas nearly half of all African-American adults have some form of cardiovascular disease, including 48 percent of African-American women and 46 percent of African-American men;

Whereas many minority women, including African-American, Hispanic, Asian-American, and Native-American women and women from indigenous populations, have a greater prevalence of risk factors or are at a higher risk of death from heart disease, stroke, and other cardiovascular diseases, but such women are less likely to know of this risk;

Whereas between 1965 and 2015, treatment of cardiovascular disease for women has largely been based on medical research on men;

Whereas due to the differences in heart disease between males and females, more research and data on the effects of heart disease treatments for women is vital;

Whereas extensive clinical and statistical studies have identified major and contributing factors that increase the risk of heart disease;

Whereas the major risk factors, identified by such studies, include high blood pressure, high blood cholesterol, smoking tobacco products, exposure to tobacco smoke, physical inactivity, obesity, and diabetes mellitus;

Whereas an individual can greatly reduce the risk of cardiovascular disease through lifestyle modification coupled with medical treatment when necessary;

Whereas greater awareness and early detection of risk factors of heart disease can improve and save the lives of thousands of individuals in the United States each year;

Whereas under the Joint Resolution entitled ''Joint Resolution to provide for the designation of the month of February in each year as 'American Heart Month' '', approved December 30, 1963 (36 U.S.C. 101), Congress requested that the President issue an annual proclamation designating February as ''American Heart Month'';

Whereas the National Heart, Lung, and Blood Institute of the National Institutes of Health, the American Heart Association, and many other organizations celebrate ''National Wear Red Day'' during February by ''going red'' to increase awareness about heart disease as the leading killer of women; and

Whereas every year since 1964, the President has issued a proclamation designating the month of February as ''American Heart Month'': Now, therefore, be it

Resolved, That the Senate—

(1) supports the goals and ideals of ''American Heart Month'' and ''National Wear Red Day'';

(2) recognizes and reaffirms the commitment in the United States to fighting heart disease and stroke by—

(A) promoting awareness about the causes, risks, and prevention of heart disease and stroke;

(B) supporting research on heart disease and stroke; and

(C) expanding access to medical treatment;

(3) commends the efforts of States, territories and possessions of the United States, localities, non-profit organizations, businesses, and other entities, and the people of the United States who support ''American Heart Month'' and ''National Wear Red Day''; and

(4) encourages every individual in the United States to learn about their individual risk for heart disease.

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