tragedies that we saw on Amtrak last week.

### RECOGNIZING MAX DEMBY

The SPEAKER pro tempore. The Chair recognizes the gentleman from Colorado (Mr. TIPTON) for 5 minutes.

Mr. TIPTON. Mr. Speaker, I rise today to honor Mr. Max Demby. Mr. Demby is a former congressional intern from my office, a University of Colorado senior, and an outstanding young man of character who was recently recognized by his community and local police for an act of heroism when he stopped a sexual assault in progress on his school campus.

Mr. Demby, who is from Cortez, Colorado, is a dedicated student, pursuing a degree in accounting at CU. He fills his time outside of the classroom with extracurricular activities such as internships and also works as a Ralphie handler at CU, which involves helping to manage the school mascot.

Late one evening, Mr. Demby was walking on campus when he happened to come across what looked to be an attempted sexual assault. Acting with bravery and determination, Mr. Demby took action and ran off the attacker.

Referencing the confrontation with the attacker, Mr. Demby humbly stated: "I was able to be in the right place at the right time and do the right thing." By intervening, Max put himself in harm's way to help the victim, and his act of selflessness drastically reduced the irreparable damage that the criminal was intent on causing.

Mr. Speaker, Mr. Demby's selfless act should not go unnoticed. He serves as an admirable example of what young men of character should be. By putting others before himself and by intervening to stop a crime without hesitation, he made his community and campus a safer place.

On behalf of the Third Congressional District and the State of Colorado, I would like to thank Mr. Demby for his selfless act of bravery.

# HUNGER AMONG SENIORS GROWING IN AMERICA

The SPEAKER pro tempore. The Chair recognizes the gentleman from Massachusetts (Mr. McGovern) for 5 minutes.

Mr. McGOVERN. Mr. Speaker, at the end of March, I had the privilege of spending some time with the Highland Valley Elder Services' Meals on Wheels program in Northampton, Massachusetts, as part of their "March for Meals Month" to raise awareness about senior hunger.

I began my visit in the kitchen at the Walter Salvo Elder House, where an average of 550 healthy meals are prepared from scratch every weekday for delivery to homebound seniors and disabled residents of Hampshire County.

I had the opportunity to chat with Highland Valley director Allan Ouimet and nutrition program director Nancy Mathers. Then I helped volunteer driver Arthur Mongeon pack up the day's meals in insulated coolers to keep the food hot. This day's meal was homemade chicken covered in gravy, mashed potatoes, green beans, cranberry sauce, applesauce, and milk. The food looked and smelled delicious and reminded me of what my grandmother used to make.

I joined Arthur on his normal N1 route, making stops at 15 homes in Northampton. At each stop, I had the opportunity to deliver the meal and chat with the residents. It was an eye-opening experience, and I thoroughly enjoyed hearing people's stories.

Each meal delivered contains onethird of the daily nutritional recommendations. For many individuals, the meal they receive from Meals on Wheels is the only well-balanced meal they eat all day.

#### □ 1030

The individuals who receive these meals are low-income and often have significant health challenges that make it simply too difficult to prepare a full meal, never mind going out to the grocery store to shop.

Mr. Speaker, one of the most interesting things I learned from my visit is that Meals on Wheels is so much more than just a meals program. People who are homebound—many, who live alone—look forward to the brief, daily visits from the volunteers. These visits lift their spirits and allow them to socialize, and volunteers can check in and see how they are doing. Because of programs like Meals on Wheels, seniors can stay in their own homes where they are most comfortable and live independently longer.

Mr. Speaker, when we talk about food insecurity in this country, nearly everybody talks about children, and we are right to want to do everything we can to end childhood hunger. But lost in that narrative is the reality that, among the food insecure, the rising population is seniors. One in twelve seniors in our country is faced with the reality of hunger. That is 5.3 million seniors who don't have enough to eat. Many are living on fixed incomes that often force them to choose between prescriptions and food—or paying their medical bills or heating their homes.

Seniors and the disabled represent about 20 percent of those who receive Supplemental Nutrition Assistance Program, or SNAP, benefits. The average SNAP benefit for households with seniors is a meager \$134 per month. Unfortunately, we also know that eligible elderly households are much less likely to participate in SNAP than other eligible households. Many seniors may not realize that they qualify for assistance, or they may simply be reluctant to ask for help.

Seniors have unique nutritional needs. Hunger is especially dangerous for seniors and can exacerbate underlying medical conditions. Food-insecure seniors are at increased risk for

conditions like depression, heart attack, diabetes, and high blood pressure.

Mr. Speaker, May is Older Americans Month, and national organizations like Feeding America, the nationwide network of food banks, are focused on raising awareness about senior hunger through their #solveseniorhunger social media campaign.

In July, we will celebrate the 50th anniversary of the Older Americans Act, which provides a range of critical services, including Meals on Wheels, that enable about 11 million older adults to stay independent as long as possible. To honor that significant anniversary, I hope that Congress will pass a strong reauthorization of OAA programs, which have been flat-funded over the past decade and without a long-term authorization since 2011. Demand for OAA programs and services continues to rapidly increase as our population ages, and to think that more and more seniors will experience hunger is heartbreaking. It is unacceptable in this country.

Mr. Speaker, I am proud to represent the wonderful people and the work that they do at Highland Valley Elder Services throughout western Massachusetts. Every day they are making the lives of seniors a little better and a little brighter. We in Congress should do our part to ensure that our Nation's seniors don't go hungry. We should pass a strong reauthorization of the Older Americans Act and adequately fund programs like Meals on Wheels, and we should reject harmful cuts to SNAP that will disproportionately harm the most vulnerable among us. children, seniors, and the disabled.

Mr. Speaker, we should urge the White House to hold a White House Conference on Food, Nutrition, and Hunger to come up with a comprehensive plan to end hunger once and for all in this country. We can and we should end hunger now.

PROTECTING SOCIAL SECURITY PROGRAMS FOR FUTURE GENERATIONS

The SPEAKER pro tempore. The Chair recognizes the gentleman from New York (Mr. REED) for 5 minutes.

Mr. REED. Mr. Speaker, I rise today to highlight an issue that is coming upon us very quickly.

Mr. Speaker, many people across the Nation have talked about Social Security and Medicare and the trust funds going bankrupt for the retirement fund and Medicare sometime in 2033, 2034, but, Mr. Speaker, there is a more impending crisis coming down upon us. The Social Security disability trust fund is scheduled to go insolvent in 2016. That means, if we do nothing, what is going to happen in 2016 is millions of Americans across this Nation who receive those lifesaving disability benefits monthly will see a reduction in their benefits to the tune of 20 to 21 percent. That is unacceptable, Mr.

Two years ago, as I serve on the Ways and Means Committee, I had an opportunity to question our Treasury Secretary, Jack Lew. I asked him the question 2 years ago: You know this crisis is on the horizon. I have read your testimony to this committee of Ways and Means, and I read the entire President's budget.

I said: Nowhere in there is a solution or a reference to this impending crisis. What is the solution the White House is offering?

Simply, what they propose is they are going to take the portion of our payroll taxes that goes to Social Security retirement that is paid by future retirees and use the \$270 billion necessary to bail out the disability trust fund.

Mr. Speaker, before I came to Congress, I had a private business. If you talk to any small-business owner across America, what they will tell you that is, it is robbing Peter to pay Paul because the Social Security retirement trust fund is on that same path to insolvency in 2033. So why would you take from one and use it to bail out another when both programs are in dire straits? So, Mr. Speaker, I said to Jack Lew this year, when I had an opportunity to question him, that is unacceptable. We need to do better not only in order to protect the Social Security retirees, who are near and dear to me, but also to those in the disability community that rely on these benefits.

The disability trust fund hasn't been reformed for decades. I care about those individuals deeply. And when I see disabled folks coming in to my office, as I have reached out to stakeholder groups and had conversations, what they tell me is they have a disability trust fund program that essentially penalizes them for trying to go back to work. That doesn't make

sense.

We should be standing with the disability community if they have a capacity, a willingness, and a desire to go back to work. Our policies here in Washington, D.C., should say we are going to stand with you, we are going to encourage you, and we are going to applaud you, not penalize you, for doing that.

So, Mr. Speaker, I rise today to say that this crisis needs to be dealt with. It is time to lead. What we are looking for is input from across the country on ideas on how we can reform the disability trust fund, protect our Social Security retirees to the extent that we possibly can, and make sure that we have a disability trust fund that is designed and performing in the 21st century, a trust fund that says to the disabled community, we are with you, we are going to stand next to you, and we are going to give you the resources you need in order to live a great and fruitful life. At the same time we are going to look at our Social Security retirees and say to them, "We are going to protect vou.'

If we can't fix this crisis coming upon us in 2016, Mr. Speaker, then how in

God's name can we fix the crises of Medicare and Social Security that are coming upon us in 2033 and thereabouts? There are millions of Americans that deserve a better answer than kicking the can down the road. Mr. Speaker, it is time to lead, and I rise today to ask all my colleagues to join me in that leadership role.

#### RECESS

The SPEAKER pro tempore. Pursuant to clause 12(a) of rule I, the Chair declares the House in recess until noon today.

Accordingly (at 10 o'clock and 37 minutes a.m.), the House stood in re-

#### □ 1200

#### AFTER RECESS

The recess having expired, the House was called to order by the Speaker at noon.

### PRAYER

Reverend Gregory Goethals, S.J., Loyola High School, Los Angeles, California, offered the following prayer:

Almighty God, we come today to this holy Chamber of democracy conscious of our great gifts and conscious of the great people for whom we use these gifts in service.

Come to us. Remain with us. Enlighten our hearts. Give us courage and strength to know Your will, to make it our own, and to live it in our own lives.

Enable us to uphold the rights of others, and never let us be misled by ignorance or corrupted by fear and favor. Unite us in the bond of Your unconditional love, and keep us faithful to all that is true.

May we always temper justice with Your love so that our decisions are pleasing to You and earn for us the reward promised to all of Your good and faithful servants.

And we ask this in the name of your Son, Jesus Christ, our Lord.

Amen.

# THE JOURNAL

The SPEAKER. The Chair has examined the Journal of the last day's proceedings and announces to the House his approval thereof.

Pursuant to clause 1, rule I, the Journal stands approved.

#### PLEDGE OF ALLEGIANCE

The SPEAKER. Will the gentleman from Pennsylvania (Mr. THOMPSON) come forward and lead the House in the Pledge of Allegiance.

Mr. THOMPSON of Pennsylvania led the Pledge of Allegiance as follows:

I pledge allegiance to the Flag of the United States of America, and to the Republic for which it stands, one nation under God, indivisible, with liberty and justice for all.

## WELCOMING REVEREND GREGORY GOETHALS

The SPEAKER. Without objection. the gentleman from California (Mr. BECERRA) is recognized for 1 minute.

There was no objection.

(Mr. BECERRA asked and was given permission to revise and extend his remarks.)

Mr. BECERRA. Mr. Speaker, I rise today to welcome Father Gregory Goethals, a member of the Society of Jesus and the president of Loyola High School in Los Angeles, to the United States House of Representatives. We thank him for delivering today's opening prayer.

Father Goethals is one of Los Angeles' finest public servants. He has dedicated his life to educating our country's next generation of leaders. Lovola High School, an all-boys school in the Pico Union area of Los Angeles, ranks as one of the finest institutions of secondary education in America.

At Loyola, under Father Goethals. young men are motivated to become "educated" in the full sense of the word. Not only do students at Loyola go on to complete college at the finest universities in America, but they graduate Loyola having donated more than 1.5 million hours of community service to inner city schools and neighborhoods over the past 25 years.

This year, Loyola High School will celebrate its 150th anniversary, making it the oldest continually operated educational institution in southern California. Under the visionary stewardship of Father Goethals, Loyola is poised to graduate yet another era of American heroes and leaders.

For that, Mr. Speaker, I ask my colleagues to join me to applaud Father Gregory Goethals for his dedication to his faith and to our leaders of tomorrow. We will remember his words of prayer this morning.

RESIGNATIONS AS MEMBER OF COMMITTEE ON AGRICULTURE AND COMMITTEE ON FOREIGN AFFAIRS

The SPEAKER pro tempore (Mr. DUNCAN of Tennessee) laid before the House the following resignations as a member of the Committee on Agriculture and Committee on Foreign Affairs:

CONGRESS OF THE UNITED STATES, HOUSE OF REPRESENTATIVES. Washington, DC, May 18, 2015.

Hon. JOHN BOEHNER, Speaker of the House, The Capitol, Washington, DC.

DEAR SPEAKER BOEHNER: With my appointment to the House Financial Services Committee, I hereby resign from the House Agriculture Committee and House Foreign Affairs Committee. It has been an honor to serve on both.

If there are any questions, please feel free to contact me. Thank you for your attention to this matter.

Sincerely,

TOM EMMER. Member of Congress.