

family's ability to pay. They also donate excess food to local homeless shelters; provide meals for the area's high school football teams; partner with community and school groups to host fundraisers as well as the community's Empty Bowls Project to support local food pantries.

Carr's Steakhouse sees community involvement as a win-win for the restaurant as well as the community. This was exhibited recently when General Manager, Daniel Carr, hosted a fundraiser for Princess Theaters of Mayfield. Saddled with outdated amenities and technology, the theater was struggling to stay afloat and in desperate need of upgrades. Carr decided he wanted to do more than raise money—he wanted to send a strong message to the theater's owner that the community was behind them. The response was overwhelming when Carr provided a free meal for a donation to the movie theater. In just a few hours, the 200-seat restaurant raised more than \$5,000 to be used for stadium seating and digital projectors.

This is just one of several examples of Carr's Steakhouse going above and beyond to help their community. Businesses such as Carr's Steakhouse make me proud to represent the First Congressional District of Kentucky and I am pleased they are receiving the recognition they deserve for their ongoing commitment to the community.

RECOGNIZING THE RETIREMENT OF BEN SLADE FROM THE ST. SIMONS LAND TRUST

HON. EARL L. "BUDDY" CARTER

OF GEORGIA

IN THE HOUSE OF REPRESENTATIVES

Tuesday, April 12, 2016

Mr. CARTER of Georgia. Mr. Speaker, I rise today to recognize Mr. Ben Slade and all of his accomplishments as Executive Director of the St. Simons Land Trust.

Over the last 11 years, the St. Simons Land Trust has worked to preserve land on St. Simons Island, Georgia, which is home to 12,000 residents, a multitude of marshes, creeks, rivers, and fish, as well as the endangered North Atlantic Right Whale. The Land Trust works with willing property owners to preserve the beautiful land of this region and its significance to Georgia's natural habitat.

Mr. Slade has worked with the St. Simons Land Trust since its inception, leading the company from a small group to an organization that now includes 1,250 member households and 776 acres of land. During his time with the organization, Mr. Slade's numerous accomplishments have been critical to the environmental success of the island. One of his most important accomplishments was his leadership in the purchase of the 604 acre Cannon's Point area on St. Simons—the last intact maritime forest on the island.

Over Mr. Slade's career, he has continuously worked to aid the St. Simons community including his time as the Chairman and CEO

of the First Federal Savings Bank of Brunswick, the founding Chair of Habitat for Humanity of Glynn County, and President of the Chamber of Commerce.

Later this year, Mr. Slade will retire as the Executive Director of the St. Simons Land Trust. I rise today to recognize his effort and accomplishments in bettering the island of St. Simons and wish him the best with his future endeavors.

A TRIBUTE TO ZACHARY BALES-HENRY

HON. DAVID YOUNG

OF IOWA

IN THE HOUSE OF REPRESENTATIVES

Tuesday, April 12, 2016

Mr. YOUNG of Iowa. Mr. Speaker, I rise today to recognize and congratulate Zachary Bales-Henry for being named a 2016 Forty Under 40 honoree by the award-winning central Iowa publication, Business Record.

Since 2000, Business Record has undertaken an exhaustive annual review to identify a standout group of young leaders in the Greater Des Moines Area that are making an impact in their communities and their careers. Each year, forty up-and-coming community and business leaders under 40 years of age are selected for this prestigious honor based on a combined criteria of community involvement and success in their chosen career field. The 2016 class of Forty Under 40 honorees will join an impressive roster of 640 business leaders and growing.

Zachary serves as a real estate broker at RE/MAX Precision, a firm he started with his business partner, and works tirelessly to provide outstanding customer service to his clients throughout the home buying process. Zachary's resume outside of his professional life is just as impressive. He has started his own foundation that is dedicated to providing scholarships for students with learning disabilities. Zachary was also recently elected to the Windsor Heights City Council, where he continues his dedication to community involvement and improving the lives of others.

Mr. Speaker, it is a profound honor to represent leaders like Zachary in the United States Congress and it is with great pride that I recognize and applaud him for utilizing his talents to better both his community and the great state of Iowa. I ask that my colleagues in the United States House of Representatives join me in congratulating Zachary on receiving this esteemed designation, thanking those at Business Record for their great work, and wishing each member of the 2016 Forty Under 40 class a long and successful career.

CUBA-U.S. RELATIONS BY EMILY GUENTHER

HON. PETE OLSON

OF TEXAS

IN THE HOUSE OF REPRESENTATIVES

Tuesday, April 12, 2016

Mr. OLSON. Mr. Speaker, I am privileged to interact with some of the brightest students in the 22nd Congressional District who serve on my Congressional Youth Advisory Council. I have gained much by listening to the high school students who are the future of this great nation. They provide important insight from across the political spectrum that sheds a light on the concerns of our younger constituents. Giving voice to their priorities will hopefully instill a better sense of the importance of being an active participant in the political process. Many of the students have written short essays on a variety of topics and I am pleased to share them with my House colleagues.

Emily Guenther attends Dawson High School in Pearland, Texas. The essay topic is Cuba-U.S. Relations.

The United States and Cuba severed relations in 1961 because of speculation that the Cuban government could not be trusted. At that time, Fidel Castro established trade ties with the Soviet Union amid rumors that the U.S. was using the embassy for spies, which caused tension between the two. And for more than 50 years the conflict between the two countries has continued.

But in July of 2015, Cuba and The United States re-established relations and opened embassies in Havana and Washington D.C. This event has triggered much debate; with many Americans believing that this is an opportunity to regain trust with Cuba and open new areas of growth. This has been a hot topic in Washington because of the different views and opinions from both sides.

Many favor renewed relations as positive step, especially for the people along the coast with many immigrants settling in places such as Florida. They also argue that with mutual cooperation on issues such as exploration for oil, and increased trade and tourism, this can be a large boost of economy that will be crucial in the building of ties with Cuba.

Others have reacted more negatively and strongly oppose mending relations until numerous issues are addressed. Some find that Fidel Castro not being punished for his dictatorship and the lack of human rights is unfair for the citizens of Cuba.

After the new relations were addressed some things were changed quickly such as travel to and from Cuba becoming a lot easier, and few minor business deals being established. But as some relations have been established, most things remain the same; the embargo of trade with Cuba by the U.S. is still in place, which only Congress can change. And Cuba remains a communist government without free elections and still has questionable human rights issues that must be addressed. There continues to be much debate with little change since both embassies were established, and it will be difficult to undo relationships that have been hardened for many years.