

115TH CONGRESS
2D SESSION

S. RES. 516

Designating the week of May 1 through May 7, 2018, as “National Physical Education and Sport Week”.

IN THE SENATE OF THE UNITED STATES

MAY 17, 2018

Ms. KLOBUCHAR (for herself and Mr. THUNE) submitted the following resolution; which was considered and agreed to

RESOLUTION

Designating the week of May 1 through May 7, 2018, as
“National Physical Education and Sport Week”.

Whereas according to the President’s Council on Sports, Fitness & Nutrition, overweight adolescents have a 70 percent chance of becoming overweight adults, and are at an increased risk for chronic disease, disability, and death;

Whereas the Physical Activity Guidelines for Americans of the Department of Health and Human Services recommend that children and adolescents engage in at least 60 minutes of moderate-to-vigorous physical activity each day;

Whereas according to the Centers for Disease Control and Prevention—

(1) only 27 percent of high school students engage in 60 minutes a day of moderate-to-vigorous physical activity; and

(2) 14 percent of high school students do not engage in 60 or more minutes of any kind of physical activity;

Whereas the people of the United States can work together to provide a supportive and active learning environment to prepare children and adolescents to lead healthy and physically active lives; and

Whereas Congress strongly supports efforts to increase physical activity among youth and increase participation of youth in sports: Now, therefore, be it

1 *Resolved*, That the Senate—

2 (1) designates the week of May 1 through May
3 7, 2018, as “National Physical Education and Sport
4 Week”;

5 (2) recognizes the central role of physical edu-
6 cation and sports in creating a healthy lifestyle for
7 children and adolescents; and

8 (3) encourages school districts—

9 (A) to implement physical education pro-
10 grams and classes;

11 (B) to provide professional development to
12 educators relating to physical health and
13 wellness;

14 (C) to work with community partners to
15 provide opportunities to children and adoles-

1 cents for physical activities before and after
2 school, and during the summer months; and

3 (D) to promote district-wide mental and
4 physical health and wellness.

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