days. A Minnesota resident, Jason is a member of the West Metro Fire-Rescue District and is a dedicated husband to my director of operations and scheduler, Kate Braun.

I want to thank Jason; his wife, Kate; and all of the members of our Armed Forces and their families for their continued sacrifice and service to our country. Their dedication to freedom is what makes this country great. I wish all of our servicemembers overseas a safe and speedy deployment.

HOW THE AFFORDABLE CARE ACT WORKS FOR CONSTITUENTS

(Ms. JUDY CHU of California asked and was given permission to address the House for 1 minute.)

Ms. JUDY CHU of California. Mr. Speaker, I rise today on behalf of Kalwis Lo, a young man from my district in San Gabriel, California, who told me how his life was saved by the Affordable Care Act.

When he was just out of college, Kalwis was shocked when he was diagnosed with stage III Hodgkin lymphoma. He learned that this disease would end his young life if ignored, but was actually easily treatable in the early stages.

No longer covered by his university, he applied to every type of health insurance he could, but he was denied every single time because of his preexisting condition. He knew that through insurance coverage he could get the chemotherapy treatments that could save his life, but with each denial, he felt more and more desperate.

Then Kalwis learned about the Pre-Existing Condition Insurance Plan under the Affordable Care Act. This plan made insurance accessible to anyone that had been denied due to a preexisting condition. Thankfully, California was one of the States participating in the program. Finally, Kalwis got the chemotherapy he needed. He is one of millions of Americans given the promise of their lives back thanks to the Affordable Care Act.

OBAMACARE

(Mrs. WALORSKI asked and was given permission to address the House for 1 minute and to revise and extend her remarks.)

Mrs. WALORSKI. Mr. Speaker, I rise today to because we made a promise to the American people, and we are going to keep it.

ObamaCare is an unpopular and failed law collapsing under its own weight. Polls have shown it; rising premiums have proven it; and, in November, the voters said it loud and clear. It is time to repeal ObamaCare and replace it with more choices, lower costs, and real protections for patients. Already, we are working to end this damaging law and take control away from Federal bureaucrats and give it back to the people of this country.

One year ago, we sent an ObamaCare repeal bill to the President's desk; but,

not surprisingly, he vetoed it. In a few weeks, this Congress will again send a repeal bill to the President's desk. This time, we will have a President who will sign it.

Mr. Speaker, healthcare decisions should be made by patients and their doctors. American families should have access to health insurance they can actually afford. That is why we will repeal ObamaCare and replace it with real reforms.

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HELPING OUR CONSTITUENTS GET AHEAD

(Mr. KRISHNAMOORTHI asked and was given permission to address the House for 1 minute.)

Mr. KRISHNAMOORTHI. Mr. Speaker, I am Congressman RAJA KRISHNAMOORTHI from the Eighth District of Illinois. I have the honor to represent the hardworking families of Chicago's west and northwest suburbs. My constituents, like so many other Americans, are finding it harder and harder to get ahead.

Creating good-paying jobs is my number one job, and growing and strengthening the middle class is my primary mission. I believe working and middle class families must be able to earn a living wage, have quality health care, and educate their children well.

These challenges are not insurmountable, but we must address them immediately. We need to make sure that working and middle class families can achieve economic security. I believe that, if you work hard and play by the rules, you and your children can and should succeed in America. I look forward to working with all of my colleagues in this Chamber to make that a reality.

MOURNING THE LOSS OF SOUTHEAST TEXAS SOLDIERS

(Mr. BABIN asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. BABIN. Mr. Speaker, it is with a heavy heart that I rise today to honor two young men who gave their lives in service to the State of Texas and the United States when their Apache helicopter crashed in Galveston Bay, Texas, during a training mission last week in my congressional district.

My deepest sympathies go out to the families of Army Chief Warrant Officer 2 Lucas Lowe of Daisetta, Texas, a resident of the 36th Congressional District, which I represent, and Army Chief Warrant Officer 3 Dustin Mortenson of League City, Texas.

The heartbreaking loss of these two fine Texas Army National Guard pilots, assigned to the First Squadron 149th Attack Reconnaissance Battalion of the 36th Infantry Division, has been felt throughout our southeast Texas community. Both men tragically leave

behind a wife and family. Chief Warrant Officer Lucas Lowe's wife, Kami, was also pregnant with twins due next month, in February.

As a former Texas Guardsman myself, my prayers remain with all those who have been impacted by this terrible tragedy. As the U.S. Congressman for District 36, it is my commitment and duty to the families to see that they get the support they need during this very difficult time.

Please keep these families in your thoughts and your prayers. May God bless these two soldiers, their families, and all who serve their country.

DON'T MAKE AMERICA SICK AGAIN

(Mr. GENE GREEN of Texas asked and was given permission to address the House for 1 minute.)

Mr. GENE GREEN of Texas. Mr. Speaker, I want to follow my colleague and my neighbor in Texas to regret the loss of our two National Guardsmen from the 36th Division. The 36th Division is a historic division, Texas division, T-Patchers, and to lose two of our soldiers is tragic.

But I am on the floor today to talk about health care. The Republican majority has taken the first legislative step to make America sick again. The first step was to take away health care from tens of millions of Americans, including premium increases for millions more in America. The second action lights the fuse on the dangerous legislative process that threatens to cut Medicare, Medicaid, and health tax credits that Americans are now benefiting from

There should be no reform without a replacement because we may never have a replacement, but we have millions of Americans who will lose their healthcare coverage because of the actions of this House. Let's don't make America sick again.

CONGRATULATIONS TO THE CENTRAL HIGH BAND

(Mr. HILL asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. HILL. Mr. Speaker, I rise to recognize Little Rock Central High School's flag line and marching band for participating in the events marking the 75th anniversary of the attack on Pearl Harbor in Hawaii.

Known as the Stereophonic Storm of the Mid-South, Central's flag line and marching band joined several high school bands across the Nation at the annual Waikiki holiday parade to commemorate this historic moment.

Led by band director Brice Evans, the school's trip lasted an entire week, giving our students the chance to having an unforgettable experience by meeting Pearl Harbor survivors and enjoving Thanksriving in Hawaii.

With their seemingly limitless enthusiasm and spirit, the Central High School band continues to represent themselves with determination and dedication that make all Arkansans proud. As a long time friend and supporter of all things for Central High, congratulations. I look forward to following the band's continued success.

WE CAN REBUILD TRUST

(Mr. McCARTHY asked and was given permission to address the House for 1 minute.)

Mr. McCARTHY. Mr. Speaker, our Constitution lists few, if specific, qualifications for the office we now hold. Article I, section 2 states that we must be at least 25 years old, we must have been a citizen for the past 7 years, and we must live in the State we represent.

In "The Federalist Papers," Alexander Hamilton and James Madison wrote that "Under these reasonable limitations, the door of this part of the federal government is open to merit of every description, whether native or adoptive, whether young or old, and without regard to poverty or wealth, or to any particular profession of religious faith."

In a phrase, our body is to represent the American people in all of its opinions, complexities, and riches; and I believe we do. For in a free nation such as ours, no single person can represent the people as a whole. In this body, I proudly work with colleagues on the left and the right, from every region and State, people who profess different faiths, have had different careers, and embody the experiences of the American people. No gathering in this Nation is more like its people than in this House. We are joined together in representing not only our constituents but our country.

Mr. Speaker, we now have a high and honorable task set before us. First, we must take our practical principles that we have built up by the hard experience of generations who have come before us, and we must apply them to a changing future. Our mission is not to return to the past, nor to destroy it, but rather to build upon it.

And then we must direct the desires of the people into action. Millions of Americans long ignored have rejected a future of limits and slow decline. We have heard their voices. But history will not judge us by how well we hear but how well we act.

The unemployment rate has steadily declined and ticked down to 4.9 percent, but what is more important is that our labor participation rate is only 62.7 percent. Outside of the Obama years, that is the lowest labor force participation rate since 1978.

The reason our unemployment rate is dropping isn't because people are finding jobs. They have no prospects for stable and meaningful work. The American people have unrivaled talent and ability, but it is not being used. If we are looking for a reason behind the message that the American people sent

us in November, this is a good place to start.

And for so many who have work, things aren't much better. Millions of Americans, especially those in the heartland and struggling neighborhoods in our big cities, aren't sharing in America's prosperity. In fact, the bottom half of the economic distribution in America hasn't felt any of the economic growth from the 1970s on. These people spend their whole lives working and never have the chance to move up.

We have had the wisdom to listen to all of the American people, especially those being left behind. Now let us have the courage to lead. Let us have the courage to define the people's desires in law. And as we go about our daily business, Mr. Speaker, we should remember not only that we have great purpose, but we also have great power loaned to us directly from the American people.

Our Republic, and the liberties we hold dear at this time, are threatened by bureaucracies, subject to no authority but their own will. They cannot be controlled by the people and are increasingly unrestrained by the people's representatives. This is not a partisan concern. Congress has a duty to act as a unified body in defense of our Article I powers because, unlike the bureaucracy, we are accountable to the people.

That is why I have scheduled this House to tackle this problem starting today through a two-step approach. First, as I have long said, structure dictates behavior. We need to fix the structure in Washington that deprives the people of their power.

Second, we will repeal specific regulations that are harmful to the American people, costing us time, money, and, most importantly, jobs. To begin to get to the root of this problem, we will pass the REINS Act that will require Congress to approve every major regulation produced by the administrative state. And unlike the bureaucracy, if the people don't like what they see, they can vote us out of office.

Then next week, we will take a look at the Regulatory Accountability Act, which will require agencies to choose the least costly option available and will end judicial deference to agencies, which puts the American people at a disadvantage in the courtroom.

But it is not just how rules are made. It is what rules are made too. The President continues to unilaterally impose regulations on his way out the door. So while we haven't yet determined what needs to be repealed first, I expect to start with swift action on at least the stream protection rule and methane emissions standards, both of which limit our energy production.

This process won't be completed quickly, but as we remove harmful regulations and change the structure of Washington, draining the bureaucratic swamp that undermines the will of the people, we can rebuild trust between the people and their government again.

And not only that, within the renewed and responsive structure of a truly representative government, we can restore that hope held by so many generations before, that hope that has defined America's character since before our Nation was founded. It is the American Dream so that we and our children can find more meaning, security, purpose, and success than those who have come before us.

Restoring that dream is the purpose of this body in the 115th Congress. The American people expect this country to be great again. Here and now, we will move us toward that greatness.

THE MEDIA COULD PLAY A POSITIVE ROLE

(Mr. SMITH of Texas asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. SMITH of Texas. Mr. Speaker, the national liberal media continue to promote a divided America. This is largely a result of their chosen candidate not winning the Presidential election. Since 91 percent of the media's coverage of President-elect Trump was negative, it is no surprise that they still see America in a negative light.

But the media could play a much more constructive role. They could report the good news that Americans are more confident about the future than they have been in 20 years. They could report on President-elect Trump's ability to attract individuals of competence and experience to his administration. They could report on his fresh approach and new ideas for, yes, making America great again.

Let's hope the media will put aside their bias and give the American people the facts, untainted by personal animosity. If they do, our country will be better for it.

CONGRESS SHOULD CONDEMN U.N. ANTI-ISRAEL RESOLUTION

(Mr. YODER asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. YODER. Mr. Speaker, I rise today in solidarity and support for one of America's greatest friends and allies, but one the Obama administration has sadly abandoned in its last days in office: the State of Israel.

Since September of 2015 alone, in Israel, 42 people have been killed in terrorist attacks, and 602 people, including four Palestinians, have been injured. Yet, last month, the United Nations Security Council felt the need to condemn Israel with a misguided resolution the United States should have vetoed.

In fact, as long as Israel has been part of the U.N., it has been treated with little respect and almost openly disdained. In 2016, there were more resolutions regarding Israel at the U.N.