

IN RECOGNITION OF BRUCE & NANCY WEINSTOCK, RECIPIENTS OF THE WYOMING VALLEY CHILDREN ASSOCIATION'S MAKING A DIFFERENCE AWARD

**HON. MATT CARTWRIGHT**

OF PENNSYLVANIA

IN THE HOUSE OF REPRESENTATIVES

*Monday, May 21, 2018*

Mr. CARTWRIGHT. Mr. Speaker, I rise today to recognize Bruce and Nancy Weinstock, who will be receiving the Making A Difference Award from the Wyoming Valley Children's Association. The award is given to individuals who "go above and beyond" in their commitment and service to the WVCA.

The Wyoming Valley Children's Association has been helping children with disabilities since its founding in 1923 by the Rotary Club of Wilkes-Barre and the Community Chest. Today, the WVCA is dedicated to nurturing the potential of all children. Their staff works tirelessly to implement the latest educational strategies and therapy techniques. The WVCA serves typically developed children, as well as children with a variety of conditions and diagnoses such as autism, cerebral palsy, Down syndrome, multiple sclerosis, and muscular dystrophy.

Bruce and Nancy have supported the WVCA for over 30 years. In the early 1980s, the two got involved with the WVCA's "Sweet Treat" candy bar drive. Together, they distributed boxes of candy to local businesses on behalf of the WVCA families. Bruce has served as a member of the WVCA Board of Directors for 18 years and is a former board president.

It is an honor to recognize Bruce and Nancy Weinstock for their support of the Wyoming Valley Children's Association. I am grateful for all they do for the youth of Northeastern Pennsylvania.

PERSONAL EXPLANATION

**HON. MICHELLE LUJAN GRISHAM**

OF NEW MEXICO

IN THE HOUSE OF REPRESENTATIVES

*Monday, May 21, 2018*

Ms. MICHELLE LUJAN GRISHAM of New Mexico. Mr. Speaker, I missed a vote on 5/8/2018. Had I been present, I would have voted NAY on Roll Call No. 169 and NAY on Roll Call No. 170.

NATIONAL MENTAL HEALTH AWARENESS MONTH

**HON. EDDIE BERNICE JOHNSON**

OF TEXAS

IN THE HOUSE OF REPRESENTATIVES

*Monday, May 21, 2018*

Ms. EDDIE BERNICE JOHNSON of Texas. Mr. Speaker, I rise today to honor Mental Health Awareness month.

Every May since 1949, we have observed Mental Health Awareness Month.

To begin, I want to share my understanding of what is entailed when we say "mental health."

Many of the disorders include, but are not limited to: Eating Disorders, Attention-deficit/

hyperactivity disorder, Addictions Alcohol and drug abuse, Alzheimer's Disease, Anxiety Disorders, Bipolar Disorder, Body Dysmorphic Disorder (BDD), Conduct Disorder, Depression, Eating Disorders, Excoriation Disorder (Skin Picking), Generalized Anxiety Disorder (GAD), Tardive Dyskinesia, Learning Disabilities, Maternal Depression, Multi-infarct Dementia, Obsessive-Compulsive Disorder (OCD), Panic Disorder, Paranoia and Delusional Disorders, Schizophrenia, Seasonal Depression, Self-injury (Cutting, Self-Harm or Self-Mutilation), Social Anxiety Disorder, Social Determinants of Health, Stress, Substance Abuse, Suicide and Tardive Dyskinesia.

According to the National Institute of Mental Health, Mental illnesses are common in the United States. One in six U.S. adults lives with a mental illness. That is almost 45 million people in 2016.

Mental illness is separated into two major groups: Serious Mental Illness and Any Mental Illness.

Any mental illness is defined as a mental, behavioral, or emotional disorder. Serious Mental Illness is defined as a mental, behavioral, or emotional disorder resulting in serious functional impairment, which substantially interferes with or limits one or more major life activities.

In 2016, among the 10.4 million adults with Serious Mental Illness, 6.7 million, almost 65 percent, received mental health treatment in the past year.

More women with Serious Mental Illness received mental health treatment than men with Any Mental Illness.

The percentage of young adults aged 18 to 25 years with Any Mental Illness who received mental health treatment was lower than adults with Any Mental Illness aged 26 to 49 years and aged 50 and older.

Let me say that again. Fewer young adults with mental illness were getting treated than any other age group. It is not that fewer have mental illness, but that fewer are getting treated.

This should concern us greatly.

If anyone feels they have a mental illness or has a loved one they believe has a mental illness, there are resources available to help them.

For immediate help if the person is in crisis, they can call National Suicide Prevention Lifeline at 1-800-273-8255.

In addition, the Substance Abuse and Mental Health Services Administration (SAMHSA) runs a Treatment Referral Helpline at 1-800-662-HELP (4357). SAMHSA also has a Behavioral Health Treatment Locator on its website that can be searched by location.

The thing to remember is that no one is alone and there is help available for those who seek it.

PERSONAL EXPLANATION

**HON. MICHELLE LUJAN GRISHAM**

OF NEW MEXICO

IN THE HOUSE OF REPRESENTATIVES

*Monday, May 21, 2018*

Ms. MICHELLE LUJAN GRISHAM of New Mexico. Mr. Speaker, I missed a vote on 5/7/2018. Had I been present, I would have voted YEA on Roll Call No. 167 and YEA on Roll Call No. 168.

PERSONAL EXPLANATION

**HON. CAROLYN B. MALONEY**

OF NEW YORK

IN THE HOUSE OF REPRESENTATIVES

*Monday, May 21, 2018*

Mrs. CAROLYN B. MALONEY of New York. Mr. Speaker, I support H.R. 4451, the Veterans Reintegration Programs Reauthorization Act of 2018.

Due to hectic circumstances on the floor, my vote was recorded as a "no" when I had intended it to be recorded as "yes."

Please make sure that my vote on H.R. 4451 is recorded as "yes," which is what I had intended.

HONORING MRS. ELADIA VELEZ ON HER 100TH BIRTHDAY

**HON. NYDIA M. VELÁZQUEZ**

OF NEW YORK

IN THE HOUSE OF REPRESENTATIVES

*Monday, May 21, 2018*

Ms. VELÁZQUEZ. Mr. Speaker, I rise today to extend the happiest of birthday wishes to Mrs. Eladia Velez, a resident of the Lower East Side, New York, and a centenarian, who celebrated her 100th birthday on May 19, 2018. Eladia has lived a life characterized by hard work and unyielding selflessness, and is a pillar of her community. From an early age, Eladia exhibited an outstanding work ethic and profound concern for others.

Eladia Velez was born in 1918 in Carolina, Puerto Rico and was one of three children. She later married and had four children. She was a stay-at-home mom and also cared for her ailing mother. When her mother passed, her brother encouraged her to earn her high school degree which she proudly accomplished.

In 1948, Eladia and her husband came to New York City to work and build a new home for her family, leaving their children back in Puerto Rico. In 1950, she reunited with them in the Lower East Side. Eladia worked as a seamstress and after a year of hard work, she was promoted to supervisor at the factory. In 1989, she returned to Puerto Rico due to a family matter. She remained there and pursued her interest in human services to become a social worker. For three years she provided services to the children and families of Carolina, Puerto Rico. She then subsequently returned to New York City where she has been living since with her family.

Eladia symbolizing decades of longevity and hard work, this occasion reflects an important milestone in a growing segment of American life: the Centenarian. Over the years, special individuals like Eladia have contributed to our nation and witnessed remarkable changes and extraordinary progress. She has lived through some of the most exciting times in our nation's history.

Today, Eladia enjoys the company of her beloved children, grandchildren and community. I ask my colleagues to join me in honoring Ms. Velez on this special occasion of her 100th year birthday.