

He almost got hit once, but he leaped into a ditch with his dog just in time.

Volk's walks have clearly paid off for him physically. He looks at least a decade younger than his 71 years.

He and his wife said they want to travel for as long as they are physically able to, and his walks help him keep fit.

"That's the selfish part," he admitted. "The nature, the birds chirping, the vitamin D, and I get exercise."

Volk said he wants to see other retirees in Knoxville take up the gauntlet and go outside to pick up trash.

"Retired people need to walk more, and most of us have the ability," he said. "Just try picking up your neighborhood some day. It doesn't have to be far. My walk is about two miles, but I have the ability so I go."

Volk said a fellow Vietnam veteran told him that ability is one half of the word responsibility. "If you have the ability to do something, what is your response?" he said.

"My response is that I can't do everything, but I when I see something, I can try to do something to make it better."

PERSONAL EXPLANATION

HON. RODNEY P. FRELINGHUYSEN

OF NEW JERSEY

IN THE HOUSE OF REPRESENTATIVES

Wednesday, May 23, 2018

Mr. FRELINGHUYSEN. Mr. Speaker, on roll calls 207, 210, 211, 212 and 213, I am not recorded.

Had I been present, I would have voted YEA on Roll Call No. 207; YEA on Roll Call No. 210; YEA on Roll Call No. 211; YEA on Roll Call No. 212; NAY on Roll Call No. 213; YEA on Roll Call No. 214; YEA on Roll Call No. 215; and YEA on Roll Call No. 216.

TRIBUTE TO BARBARA AND TERRY LINDSLEY

HON. DAVID YOUNG

OF IOWA

IN THE HOUSE OF REPRESENTATIVES

Wednesday, May 23, 2018

Mr. YOUNG of Iowa. Mr. Speaker, I rise today to recognize and congratulate Barbara and Terry Lindsley of Council Bluffs, Iowa for receiving the 2018 Mercy Heritage Award for Arts and Humanities sponsored by CHI Mercy Hospital in Council Bluffs. The Heritage Award was created to show special recognition to those who have enriched our community and helped established a legacy for the future.

Barbara and Terry have been volunteers for CHI Mercy Hospital for over twenty years. They volunteer their time with the used book sale and the Mercy Guild and they are involved in the No One Dies Alone program. The Lindsleys and twelve other team members sit with patients when they are approaching the end of their lives and no family or friends are able to be with them. As a former ordained Roman Catholic priest, Terry serves as an on-call chaplain at the hospital. Barbara and Terry have been active volunteers for the local American Red Cross Chapter working disaster relief and teaching classes for the National American Red Cross.

Mr. Speaker, I applaud and congratulate Barbara and Terry Lindsley on their selection for the CHI Mercy Hospital Award for Arts and

Humanities. I am proud to represent them in the United States Congress. I ask that my colleagues in the House of Representatives join me in congratulating Barbara and Terry and wishing them continued success in all their future endeavors.

PERSONAL EXPLANATION

HON. DIANE BLACK

OF TENNESSEE

IN THE HOUSE OF REPRESENTATIVES

Wednesday, May 23, 2018

Mrs. BLACK. Mr. Speaker, I am not recorded for roll call votes on Tuesday, May 2, 2018 because I was unavoidably detained. Had I been present, I would have voted "Aye" on Roll Call No. 216, final passage of S. 2155—the Economic Growth, Regulatory Relief, and Consumer Protection Act. This legislation provides sensible reforms that will allow community banks to devote more time and resources to better support small businesses and families.

HONORING ASSEMBLYMAN TIM EUSTACE'S SERVICE TO THE STATE OF NEW JERSEY

HON. JOSH GOTTHEIMER

OF NEW JERSEY

IN THE HOUSE OF REPRESENTATIVES

Wednesday, May 23, 2018

Mr. GOTTHEIMER. Mr. Speaker, I rise today to honor New Jersey Assemblyman Tim Eustace.

Assemblyman Eustace embodies all that makes North Jersey such a special place to live. I am honored to call Tim a friend and partner in the fight to help our region's families and businesses. Tim is a loyal son of New Jersey, the state that he loves so dearly, and has served so well.

Tim is New Jersey through and through. He was born in Passaic, went on to attend Blair Academy in Blairstown, and later graduated from Ramapo College in Mahwah. Tim quickly became a leader in Maywood as someone his neighbors knew they could count on. Starting his own small business, Tim helped countless patients as a licensed chiropractor and went on to become president of the Maywood Chamber of Commerce and Rotary Club. Before ascending to the New Jersey State Assembly, Tim was elected Borough of Maywood Mayor, Councilman, and Council President. In each role throughout his career, Tim's leadership has been shaped by a deep commitment to doing what's right and what's best for North Jersey.

As a champion of the environment, Tim has successfully protected the beautiful natural landscapes and resources in New Jersey. He is on the front lines fighting for clean water in North Jersey, helping keep our kids and families safe. Tim's impact on communities across the state and his outspoken dedication to public health will be felt for generations to come. That's one reason why I am excited to see all that Tim accomplishes in his new role at the North Jersey District Water Supply Commission.

As a trailblazer in the LGBTQ community, Tim is a tireless advocate for equal rights for

all Americans. He is only the second openly gay person to be elected to the state legislature and played a key role in making marriage equality the law of the land in New Jersey. Along with his beloved late husband Kevin Williams, Tim made it possible for openly gay couples to access joint adoption in New Jersey by bravely breaking down barriers. Tim continues to be an incredible dad to Kyle and Cory to this day.

Mr. Speaker, I sincerely thank Assemblyman Eustace for his friendship and for his service on behalf of New Jersey. I wish him all the best in continuing to serve our state.

IN RECOGNITION OF BILL AND LINDA ZAMMER

HON. WILLIAM R. KEATING

OF MASSACHUSETTS

IN THE HOUSE OF REPRESENTATIVES

Wednesday, May 23, 2018

Mr. KEATING. Mr. Speaker, I rise today in recognition of Bill and Linda Zammer who were named Citizens of the Year by the Mashpee Chamber of Commerce in Mashpee, Massachusetts.

The Zammers moved to Mashpee from Wellesley, Massachusetts in the late 1980s. With their vision, the Chamber of Commerce grew from twenty members to over three hundred today. Their efforts and dedication have given tremendous life to the Mashpee business community and Mashpee Commons.

Over the years they have owned many hotels, restaurants, and other similar establishments in the Mashpee area. They ran the Popponesset Inn in New Seabury for eleven years, the Coonamessett Inn in Falmouth for twenty-one years, and they still own the Flying Bridge Restaurant which they bought in 1994.

The Zammers are also celebrated today for their philanthropy in our community. Their charitable work aims to help the homeless and needy, youth programs like the Boys & Girls Club of Cape Cod, and education through their scholarships. They also helped establish the William and Linda Zammer Institute for Hospitality and Culinary Studies at Cape Cod Community College. Their work in the Mashpee Scholarship Foundation gave over \$100,000 to Mashpee High School students.

Mr. Speaker, I am proud to honor Bill and Linda Zammer as Citizens of the Year. I ask that my colleagues join me in celebrating their accomplishments and wishing them many more years of success and community leadership.

COMMEMORATING THE MORTON HIGH SCHOOL BAND

HON. DARIN LAHOOD

OF ILLINOIS

IN THE HOUSE OF REPRESENTATIVES

Wednesday, May 23, 2018

Mr. LAHOOD. Mr. Speaker, today, I would like to recognize the Morton High School Band on winning the 2017 Sudler Shield, an International Award Recognizing High School, Youth, and International Marching Bands for World Class Excellence.

For over 30 years, the John Philip Sousa Foundation has awarded Sudler Shield International Marching Band Award to schools with