people, could be a check on the President.

As our President right now is abroad, insulting our allies, drawing us closer to adversaries like Russia, we can be a check. We can say, when it comes to those families separated at the border, we are not going to put a single priority of the President forward until he reunites all of them. When it comes to the press, who are under attack in speech that is constantly being suppressed, we can pass the Journalist Protection Act, which I recently introduced, which would make it a Federal crime to commit violence against anyone in the news gathering business. There is a lot we can do together.

And as it comes to our democracy, Mr. Speaker, we are just 4 months away from an election. The adversary that our President is meeting with is determined to interfere again. The best antidote to stop that would be for us to unite and pass legislation to have an independent commission. That is bipartisan legislation that is out there.

We can be the check that our Founders envisioned. We can be the check that our constituents really need us to be during these trying times.

We are not helpless, Mr. Speaker. We can pick up the pieces, and we can rebuild and restore those freedoms that FDR stood in this Chamber and guaranteed to the world that we would have. That should still be true today in America.

RECESS

The SPEAKER pro tempore (Mr. THOMPSON of Pennsylvania). Pursuant to clause 12(a) of rule I, the Chair declares the House in recess until noon today.

Accordingly (at 11 o'clock and 3 minutes a.m.), the House stood in recess.

□ 1200

AFTER RECESS

The recess having expired, the House was called to order by the Speaker at noon.

PRAYER

Reverend John Hill, Flint Hill United Methodist Church, Alexander City, Alabama, offered the following prayer:

Gracious, mighty, and wonderful God, I pray for this historic Chamber, and I most humbly ask for Your wisdom, discernment, and grace to be showered upon these representatives of the people.

Allow their decisions to be made with selfless interest, keeping a keen eye upon the good of our Nation as a whole. Let their collegiality and respect for one another be an example of statesmanship to our Nation. Give them the humbleness to bring differing opinions and work together toward the best so-

Allow them to disagree without vilifying, and may their differences be

lution.

brought together for the good of the country so that the United States of America may be a shining beacon of hope and liberty to the world. May they be reminded of the sacred trust the people have placed in them and not shrink from this awesome responsibility that they have accepted.

In the name of the Father and of the Son and of the Holy Spirit, amen.

THE JOURNAL

The SPEAKER. The Chair has examined the Journal of the last day's proceedings and announces to the House his approval thereof.

Pursuant to clause 1, rule I, the Journal stands approved.

PLEDGE OF ALLEGIANCE

The SPEAKER. Will the gentle-woman from Connecticut (Ms. ESTY) come forward and lead the House in the Pledge of Allegiance.

Ms. ESTY of Connecticut led the Pledge of Allegiance as follows:

I pledge allegiance to the Flag of the United States of America, and to the Republic for which it stands, one nation under God, indivisible, with liberty and justice for all.

MOMENT OF SILENCE HONORING THOSE KILLED OR WOUNDED IN SERVICE TO OUR COUNTRY

The SPEAKER. The Chair asks that the House now observe a moment of silence in honor of those who have been killed or wounded in service to our country and all those who serve and their families.

WELCOMING REVEREND JOHN HILL

The SPEAKER. Without objection, the gentleman from Alabama (Mr. ROGERS) is recognized for 1 minute.

There was no objection.

Mr. ROGERS of Alabama. Mr. Speaker, I rise today to welcome our guest chaplain, Reverend John Hill. Reverend Hill lives in Alexander City, Alabama, and is the pastor of Flint Hill United Methodist Church.

In 2010, Reverend Hill had his ordination as elder in the United Methodist Church; and in 2017, he achieved senior chaplain status with the International Conference of Police Chaplains, certification in critical incident stress management, and became a certified instructor for group crisis intervention.

Reverend Hill has done chaplain work with several police departments across the State as well as with the Alabama Department of Public Safety. He also was selected to serve as a volunteer chaplain for the United States Secret Service.

Reverend Hill is joined today by his wife, Jill, and their three children, and it is my honor to welcome him to the House of Representatives and our Nation's Capitol.

ANNOUNCEMENT BY THE SPEAKER PRO TEMPORE

The SPEAKER pro tempore (Mr. JOHNSON of Ohio). The Chair will entertain up to 15 further requests for 1-minute speeches on each side of the aisle.

WELCOMING PENN STATE 4-H TO THE CAPITOL

(Mr. THOMPSON of Pennsylvania asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. THOMPSON of Pennsylvania. Mr. Speaker, I rise today to welcome members of the Penn State 4-H program to the Nation's Capital. This afternoon, students will share their 4-H experiences with me and discuss the importance the program has had in their lives.

4-H is open to all young people regardless of where they live, what their backgrounds are, or what interests them. From traditional activities for youth in rural places to after-school programs for city youth, 4-H has it all.

Last month, Penn State 4-H hosted the first Pennsylvania 4-H Science of Agriculture Challenge in State College. Scores of 4-H teams competed in the challenge that was based around the American Farm Bureau's Pillars of Agricultural Literacy.

First place went to the Westmoreland County equestrian team. The marketing team from Clarion County came in second. Third place went to the Armstrong County Idea Makers. Teams from Allegheny County and Washington County rounded out the top five winners.

Mr. Speaker, 4-H plays an incredible role in the lives of American students who are learning leadership, citizenship, and life skills. I am proud that 4-H helps so many reach their full potential

ACA SABOTAGE

(Mr. SCHNEIDER asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. SCHNEIDER. Mr. Speaker, another week, another two blatant attempts by this administration to sabotage the Affordable Care Act.

On Saturday, the Trump administration announced it is ending payments that help insurers meet the requirement to cover individuals with preexisting conditions. These risk adjustment payments pool risk for insurers so all Americans can be covered, not just the healthiest few.

Just yesterday, the Trump administration announced it is slashing funds for healthcare navigators by 70 percent. These navigators are the individuals trained to help Americans compare and enroll in plans. Without navigator assistance, more Americans will struggle to enroll, and more people will go uninsured.