

segregation laws that prohibited Blacks from eating at restaurants, attending clubs, and seeing movies in theatres.

In an era when Black Americans worked twice as hard for subpar housing and employment, Ms. Marcus never gave up the fight for equality and opportunity. After a long day of work in 1958, she could be found amongst protesters, picketing the racist segregation policies that were commonplace during the time. For two months, she continued to challenge the current system as a member of the Twin Citizens Social Club alongside the Community Committee for Social Action, until three establishments caved into their demands and banned segregation. The butterfly effect of this united front had begun. Many more establishments followed suit to remove such policies, and in 1963 Black activists in the city pushed to pass an ordinance effectively banning discrimination practices in all establishments available to the public.

Ms. Marcus's vigilance opened doors for job-seeking Black Americans and allowed her to build the home she still lives in to this day. The Kansas City ordinance banning discrimination predated the Civil Rights Act, though it was not until the Act was passed that hundreds of Black Americans truly began to exercise their newly granted rights.

She has seen her neighborhood, community, and city progress and continues to provide first-hand knowledge of the hardships many Black Americans endured and continue to face. Currently, Ms. Marcus is in possession of the largest photo collection of historic Black Kansas City. Her noteworthy contributions to establishments such as The Black Archives of Mid-America, the Kansas City Star, and the State Historical Society of Missouri have immortalized the hard work of countless Black civil rights activists. The entire district, myself included, is grateful to have such a devoted and determined social justice advocate in our community.

Mr. Speaker, please join me and all of Missouri's Fifth Congressional District in honoring Ms. Irene Whitley Marcus for her commitment to social justice and her historic contributions to the Black community both in Kansas City and nationwide. It is with great respect that I urge all my colleagues and fellow citizens across the country to join me in showing our appreciation to Ms. Marcus for her unwavering dedication to protect Black history and civil rights.

HONORING MARYAH STOOT'S WITH CALIFORNIA'S THIRD DISTRICT WOMAN OF THE YEAR AWARD

HON. JOHN GARAMENDI

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

Friday, October 19, 2018

Mr. GARAMENDI. Mr. Speaker, I rise today to honor Maryah Stoots as a woman of the year. She is a parent advocate with a heart of service and a strong desire to help others. She is Vice President of the Williams Parent Teacher Organization where she fundraises for school spirit wear and educational programs. She was instrumental in the introduction of Learning Dynamics, an early learning reading program designed to promote childhood and family literacy. She is also a parent

representative on the elementary school Site Council, a coalition of teachers, parents and employees who work closely with the school principal to develop, review, and evaluate school improvement efforts. She has been successful in securing funding from the Colusa Board of Supervisors for playground improvements and bringing the National Archery in School Programs to Williams Unified Schools. Above all, Ms. Stoots played a very important role in advocating for the implementation of a bullying prevention program to the elementary school in Williams. Outside of work, she volunteers for the Little League where you will often find her working the snack bar, pounding nails on the bleachers, or assisting with maintenance efforts. In 2016, Ms. Stoots was elected President of Citizens for a Better Williams, a non-profit focused on promoting community improvements. Whether she is fundraising for childhood education programs or volunteering in the community, Maryah Stoots exemplifies the qualities of selfless service and embodies the qualities of a public servant.

HONORING THE EXCEPTIONAL CONTRIBUTIONS OF RICHARD MAHACEK

HON. JIM COSTA

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

Friday, October 19, 2018

Mr. COSTA. Mr. Speaker, I rise today to honor the career and achievements of Richard Mahacek, a longtime Merced resident. His 35 years of shaping the character of the Merced County 4-H community as well as his national leadership in developing curricula for 4-H youth have earned him a spot in the 4-H Hall of Fame. Mahacek's lifelong commitment to instilling values such as working together and experiential learning has made immeasurable positive impacts on our Merced community.

Beginning when he was 10 years old, Mahacek's involvement as a 4-H youth member included participating in projects in electricity, woodworking, and raising cattle. He also worked on his family farm and managed a 120-home newspaper route for six years. Using money made from his paper route, Mahacek earned a bachelor's degree in industrial arts at San Jose State University in 1974. Following graduation, he chose to pursue a career that allowed him to give back to the 4-H community that had given him so much. In 1976, Mahacek was named the 4-H Youth Development Advisor for Merced County.

Mahacek made his most notable contributions to 4-H in the field of science. His engagement with the youth and his development of curricula and activities in science processes, robotics, computers, GIS/GPS, bio-security, and environmental issues have played a critical part in the development of 4-H. He was a member of the team that developed the 4-H Science Experiences and Resources for Informal Educational Settings (SERIES) curriculum. SERIES was the first science education curriculum to join 4-H's traditional projects. In 2004, Mahacek served on the national leadership team for 4-H Science, Engineering, and Technology (SET), a project which aims to stoke young people's interest in developing the knowledge and skills necessary for the 21st Century's technically-oriented careers.

Mahacek has received distinguished service awards from the state and national 4-H associations. The Merced County Farm City Ag Business Committee presented him with its "Agri-Education Award" in 1992. In addition, Mahacek received the "Hands-On Heroes Award" at the Merced County Children's summit. On October 19, Mahacek was inducted into the 4-H Hall of Fame in recognition of his outstanding citizenship, leadership, character, and career accomplishments.

Mr. Speaker, I ask that my colleagues join me in honoring Richard Mahacek for his dedication and service over the past 4 decades. He has made a real difference and left a remarkable impact on Merced County and the congressional district I have the honor of representing. I wish Richard and his family continued health and happiness.

RECOGNIZING MALNUTRITION AWARENESS WEEK 2018

HON. JOYCE BEATTY

OF OHIO

IN THE HOUSE OF REPRESENTATIVES

Friday, October 19, 2018

Mrs. BEATTY. Mr. Speaker, I rise to observe Malnutrition Awareness Week which was September 24 through 28, 2018.

Access to proper nutrition is critical for all Americans, especially our seniors. Every 60 seconds, ten hospitalized patients with malnutrition go undiagnosed, and many of these patients are older adults. The malnutrition awareness outreach effort is a step in the right direction to defeat this problem that plagues vulnerable populations.

Malnutrition Awareness Week is a multi-organizational, multi-pronged effort created by the American Society for Parenteral and Enteral Nutrition to: educate healthcare professionals to identify and treat malnutrition earlier; educate consumers and patients about the need to discuss their nutrition status with healthcare professionals; and increase awareness of nutrition's role in patient recovery.

The Malnutrition Awareness Week campaign also highlights the need to focus on common-sense solutions that can close the care gap, thereby helping to reduce premature morbidity and mortality as well as hospitalizations, re-admissions and other variables that may increase the cost of care. We can begin by measuring the scope of the problem and by adding metrics for older adult malnutrition to national dietary guidelines. I believe increasing awareness will help our nation educate families and help seniors live healthier lives for years to come.

RECOGNIZING NORTHERN ILLINOIS UNIVERSITY AND HER NEW PRESIDENT, DR. LISA C. FREEMAN

HON. ROBIN L. KELLY

OF ILLINOIS

IN THE HOUSE OF REPRESENTATIVES

Friday, October 19, 2018

Ms. KELLY of Illinois. Mr. Speaker, I rise today to speak about one of my alma maters, Northern Illinois University, and her new president, Dr. Lisa C. Freeman.