EXTENSIONS OF REMARKS

 $\begin{array}{c} \text{HONORING MR. ANTONIO "TONY"} \\ \text{FRIAS} \end{array}$

HON. LORI TRAHAN

OF MASSACHUSETTS

IN THE HOUSE OF REPRESENTATIVES

Thursday, April 4, 2019

Mrs. TRAHAN. Madam Speaker, I rise today to honor Mr. Antonio "Tony" Frias of Hudson, Massachusetts who is turning 80 years old on Saturday, April 6, 2019. Tony dedicated his life to his community and business, as the cofounder of S&F Concrete Contractors, Inc. Tony has lived his life admirably, and his legacy of hard work and public service continues to inspire many in our community.

Tony Frias was born in Santa Maria Island, Azores and left school after the 4th grade to immigrate to the United States in 1955 with the earnest pursuit to create a better future. Before becoming involved in construction, Tony challenged himself in various positions, building skills, determination, and exploring interests to cultivate. After seven years of working in the concrete construction industry, Tony and his brother Joseph joined forces with Jack Santos to establish S&F Concrete Contractors, Inc. Today, he continues his work with over 50 years of construction experience at the forefront of the company.

Tony's lifetime commitment to our community and his work at S&F Concrete Contractors has been invaluable to Massachusetts. I am proud to rise in honor of Tony's 80th birthday and look forward to his continuing to inspire others in our community.

Madam Speaker, it is with great honor that I recognize Mr. Antonio Frias today.

RECOGNIZING THE 70TH ANNIVERSARY OF NATO

HON. STEVE COHEN

OF TENNESSEE

IN THE HOUSE OF REPRESENTATIVES $Thursday,\ April\ 4,\ 2019$

Mr. COHEN. Madam Speaker, I rise today to recognize the 70th Anniversary of the North Atlantic Treaty Organization (NATO).

NATO emerged out of the ashes of World War II and has been the cornerstone of our security across the Atlantic and around the world. It has also been an important building block for our relationships with transatlantic partners.

NATO remains the most important and critical security link between the United States and Europe. NATO has been an important way for the United States to demonstrate a strong commitment to the independence, sovereignty, territorial integrity, and democratic development of the countries that have emerged from the former Soviet Union, including Estonia, Latvia, and Lithuania, Georgia, Ukraine, and Moldova. NATO allies and partners in both Central and Eastern Europe have stood alongside the United States in joint

peace operations in the Western Balkans, Afghanistan, Iraq, and elsewhere.

NATO stood with the United States in one of the darkest days of our history when we were attacked on 9/11. When the United States invoked Article 5, the first time done so by a country in the history of the Alliance, NATO joined our fight and are still engaged in Afghanistan to this day.

Last year, I was proud to introduce and see the House of Representatives pass H. Res. 256, a resolution expressing support for the North Atlantic Treaty Organization and the countries of Central and Eastern Europe. The House of Representatives sent a strong message that no matter what President Trump says during the NATO Summit in Brussels, Congress strongly supports our treaty allies and the sovereignty and territorial integrity of our friends in Central and Eastern Europe.

We will continue to work to counter Russian aggression in Europe including the occupation of Georgian territory, the annexation of Crimea, continued violations of Baltic airspace and threats to Moldovan territorial integrity and sovereignty.

We will stand by our allies, as they have stood by us.

DYLANN ADAMS CHAVEZ

HON. ED PERLMUTTER

OF COLORADO

IN THE HOUSE OF REPRESENTATIVES Thursday, April 4, 2019

Mr. PERLMUTTER. Madam Speaker, I rise today to recognize and applaud Dylann Adams Chavez for receiving the Arvada Wheat Ridge Service Ambassadors for Youth award

Dylann Adams Chavez is a student at North Arvada Middle High School and received this award because her determination and hard work have allowed her to overcome adversities.

The dedication demonstrated by Dylann Adams Chavez is exemplary of the type of achievement that can be attained with hard work and perseverance. It is essential students at all levels strive to make the most of their education and develop a work ethic which will guide them for the rest of their lives.

I extend my deepest congratulations to Dylann Adams Chavez for winning the Arvada Wheat Ridge Service Ambassadors for Youth award. I have no doubt she will exhibit the same dedication and character in all of her future accomplishments.

THE 51ST ANNIVERSARY OF THE ASSASSINATION OF THE REV. DR. MARTIN LUTHER KING, JR.

HON. SHEILA JACKSON LEE

OF TEXAS

IN THE HOUSE OF REPRESENTATIVES

Thursday, April 4, 2019

Ms. JACKSON LEE. Madam Speaker, today, April 4, 2019, marks the 51st anniver-

sary of one of the darkest and most sorrowful days in American history, the assassination in Memphis, Tennessee of the Rev. Dr. Martin Luther King, Jr. Holiday.

The mortal life of one of the towering figures of the 20th century may have been cut short on the balcony of the Lorraine Motel a half century ago, but the spirit that animated that life and inspired a nation lives on and reminds us that nothing is impossible when we are guided by the better angels of our nature.

In remembering the Rev. Dr. Martin Luther King, Jr., we commemorate a man of action, who put his life on the line for freedom and justice every day.

We honor the courage of a man who endured harassment, threats and beatings, and even bombings.

We celebrate the man who went to jail 29 times to achieve freedom for others, and who knew he would pay the ultimate price for his leadership, but kept on marching and protesting and organizing anyway.

Dr. King once said that we all have to decide whether we "will walk in the light of creative altruism or the darkness of destructive selfishness."

"Life's most persistent and nagging question," he said, is "what are you doing for others?"

And when Dr. King talked about the end of his mortal life in one of his last sermons, on February 4, 1968 in the pulpit of Ebenezer Baptist Church, even then he lifted up the value of service as the hallmark of a full life:

"I'd like somebody to mention on that day Martin Luther King, Jr. tried to give his life serving others," he said. "I want you to say on that day, that I did try in my life . . . to love and serve humanity."

We should also remember that the Rev. Dr. Martin Luther King, Jr. was, above all, a person who was always willing to speak truth to power.

There is perhaps no better example of Dr. King's moral integrity and consistency than his criticism of the Vietnam War being waged by the Johnson Administration, an administration that was otherwise a friend and champion of civil and human rights.

Martin Luther King, Jr. was born in Atlanta, Georgia on January 15, 1929.

Martin's youth was spent in our country's Deep South, then run by Jim Crow and the Ku Klux Klan.

For young African-Americans, it was an environment even more dangerous than the one they face today.

A young Martin managed to find a dream, one that he pieced together from his readings—in the Bible, and literature, and just about any other book he could get his hands on

Not only did those books help him educate himself, but they also allowed him to work through the destructive and traumatic experiences of blatant discrimination, and the discriminatory abuse inflicted on himself, his family, and his people.

As a youngster, Dr. King learned to use his imagination and his dreams to see right

• This "bullet" symbol identifies statements or insertions which are not spoken by a Member of the Senate on the floor. Matter set in this typeface indicates words inserted or appended, rather than spoken, by a Member of the House on the floor.