

minute and to revise and extend his remarks.)

Mr. SPANO. Mr. Speaker, I rise today to congratulate the Zion Lutheran Church in Groveland, Florida, for celebrating 100 years of service to the community.

For the past 100 years, Zion has stood as a shining example to the people of Groveland of what it means to be a Christian. Under Reverend Werley's leadership, the congregation has actively shown God's love through service.

The church regularly provides backpacks and school supplies to four schools in the area, which are then given to students who need them most.

Additionally, many women in the church also operate a knitting ministry, where they knit prayer shawls and blankets for people who are spending time in hospitals and nursing homes. Many of these gifts come with a prayer so that the recipient knows that they are not alone in their time of need.

Beyond these and many other acts of kindness, Zion has consistently spread the good news to the people of Florida. The church has led by example and shown what it means to live like Christ for generations of Floridians.

You may be small in numbers, but you are, indeed, large in spirit.

100 YEARS CELEBRATING WOMEN GETTING THE RIGHT TO VOTE

(Mr. VAN DREW asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. VAN DREW. Mr. Speaker, today, over 68 million women participate in elections. This would not be possible without the brave and brilliant suffragettes who never gave up the fight for equal rights.

Tomorrow, we celebrate the 100th anniversary of House passage of an Amendment to the United States Constitution guaranteeing women the right to vote. This historic centennial offers an unparalleled opportunity to commemorate this victorious milestone of the women's suffrage movement.

A vibrant democracy requires that all voices are heard, and when all voices are heard, we have a stronger and better America.

These women fought to be heard and to make our Nation a better place, and, for that, we are forever grateful.

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BUDGET DEADLINE MISSED

(Mr. SMITH of Missouri asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. SMITH of Missouri. Mr. Speaker, I rise today because it has been 35 days since the deadline for Congress to pass a budget, but the majority party has

done nothing. The American people's government has no plan to rein in spending, while Members of this body are proposing trillions of dollars in new spending.

Families in Missouri live within their means and balance their books every day, and they expect their government to do the same, which is why it is troubling that Members are advocating for the Green New Deal and a government takeover of healthcare without any way to pay for it.

To pay for just these two items alone, we would have to take every penny from every American household, and we would still come up \$20 trillion short. This is why the majority has failed to put forth a budget, because there is simply no way to pay for these wild ideas.

Mr. Speaker, a budget is the primary responsibility of governing, which is why I serve on the Budget Committee.

The Speaker of the House likes to say that a budget is a statement of your values, so what does it say about their party?

MARKING 100TH ANNIVERSARY OF THE 19TH AMENDMENT

(Mr. FLEISCHMANN asked and was given permission to address the House for 1 minute.)

Mr. FLEISCHMANN. Mr. Speaker, I rise to mark the passage of the 19th Amendment out of this very Chamber 100 years ago.

As I join with my colleagues to celebrate this historic vote on May 21, I will wear a yellow rose on my lapel. This is reminiscent of a scene in the Tennessee State House.

At that time, one more State was needed to ratify the 19th Amendment. All eyes were on Tennessee.

State Representative Harry T. Burn of Tennessee's Third District donned a red rose signaling his opposition to the pro-suffrage movement. However, after reading a letter from his mother, Ms. Phoebe Ensminger Burn, Representative Burn cast the tie-breaking vote, joining with his colleagues in yellow roses to vote in support of women's suffrage.

The resolution passed. Tennessee became the final State needed to ratify the 19th Amendment.

I will wear a yellow rose in honor of women like Ms. Burn, who demanded to be heard, to honor Members of the 66th Congress who championed change and for the enfranchisement of all American women. Without their voices, our Nation would not be what it is today.

REMEMBERING PIONEERING EFFORTS OF WOMEN 100 YEARS AGO

(Mr. TAYLOR asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. TAYLOR. Mr. Speaker, I rise today to commemorate the 100th anni-

versary of the House passage of the 19th Amendment of the United States Constitution, prohibiting the government from denying the right to vote to citizens on the basis of sex.

In the year 1893, the first attempt to organize the women's suffrage movement in the State of Texas took place in Dallas with the formation of the Texas Equal Rights Association. Twenty-six years later, Texas became the first State in the South to ratify the 19th Amendment.

From raising families to organizing political movements to fighting overseas, our country could not thrive without the influence of so many strong and determined women. It is with great admiration that I ask my colleagues to join me in remembering the pioneering efforts of women 100 years ago that are still shaping our Nation today.

RECOGNIZING MENTAL HEALTH MONTH

(Mr. CARTER of Georgia asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. CARTER of Georgia. Mr. Speaker, I rise today to recognize the month of May as Mental Health Month for the 70th consecutive year.

Unfortunately, throughout our history in the United States, many mental health conditions have been overlooked and often met with rejection, shame, and more. But mental health conditions truly touch us all. Between family members and friends, we all are either affected ourselves or we know someone with a mental health condition.

Currently, 46.6 million adults in the U.S. have a mental health condition. Suicide is the 10th leading cause of death in the U.S., and 90 percent of those who die by suicide have an underlying mental illness revealed by psychological autopsy.

Less than half of adults in the U.S. are receiving adequate treatment for mental health.

During the month of May, I encourage everyone to get a mental health checkup and to remember that your mental health is as important as your physical health.

Please know, you are not alone, and it is okay to open up and share what you are going through.

STRONGER CAPTA TO HELP PROTECT ABUSED, NEGLECTED CHILDREN

(Mr. ALLEN asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. ALLEN. Mr. Speaker, I rise to speak about the importance of H.R. 2480, the Stronger Child Abuse Prevention and Treatment Act, which we just passed in the House with overwhelming bipartisan support.