way forward for each of these individ-

I have hosted substance abuse awareness roundtables all across my district regularly and have heard from folks who have family, friends, or are themselves dealing with substance abuse. Many of these people you would have no idea they or people they knew were struggling.

But they were, Mr. Speaker. And this is why I rise with my colleagues, both Democrat and Republican alike, and wear the color purple today, to show that through love, care, faith, family, and community, we can help those walking through a very, very lonely valley.

We can uplift those who need it the most. We are all here to help our brothers and sisters in Christ.

THE PEOPLE HAVE A RIGHT TO KNOW

The SPEAKER pro tempore. The Chair recognizes the gentleman from Georgia (Mr. LEWIS) for 5 minutes.

Mr. LEWIS. Mr. Speaker, today I come with a heavy heart, deeply concerned about the future of our democracy, and I am not alone.

People approach me everywhere I go, whether I am traveling back and forth to Atlanta or around our country. They believe, they truly believe, that our Nation is descending into darkness.

They never dreamed that the United States, once seen as a beacon of hope and as an inspiration to people striving for equality and justice, would be falling into such disgrace. I share their concerns for the future of our country.

It keeps me up at night. We took an oath to protect this Nation against all domestic enemies and foreign enemies.

Sometimes I am afraid to go to sleep for fear that I will wake up and our democracy will be gone and never return.

At every turn, this administration demonstrates complete disdain and disregard for ethics, for the law, and for the Constitution.

They have lied under oath. They refuse to account for their actions and appear before legislative bodies who have the constitutional right to inquire about their activities.

The people have a right to inquire, they have a right to know.

The people have a right to know whether they can put their faith and trust in the outcome of our elections.

They have a right to know whether the cornerstone of our democracy was undermined by people sitting in the White House today.

They have a right to know whether a foreign power was asked to intervene in the 2020 election.

They have a right to know whether the President is using his office to line his pockets.

Mr. Speaker, the people of this Nation realize that if they had committed even half of these possible violations, the Federal Government would be swift to seek justice.

We cannot delay. We must not wait.

I have been patient while we tried every other path and used every other tool

We will never find the truth unless we use the power given to the House of Representatives, and the House alone, to begin an official investigation as dictated by the Constitution.

The future of our democracy is at stake. There comes a time when you have to be moved by the spirit of history to take action to protect and preserve the integrity of our Nation.

I believe, I truly believe, the time to begin impeachment proceedings against this President has come.

To delay or to do otherwise would betray the foundation of our democracy.

THE USMCA NEEDS TO BE RATIFIED NOW

The SPEAKER pro tempore. The Chair recognizes the gentleman from Montana (Mr. GIANFORTE) for 5 minutes.

Mr. GIANFORTE. Mr. Speaker, I rise today to urge the House leaders to give farmers, ranchers, manufacturers, and businessowners the certainty they need, and ratify the USMCA.

Nearly 1 year ago, the United States, Mexico, and Canada concluded their negotiations and released the full text of a trade agreement.

But I stand here today nearly 1 year later, and the trade deal with our top trading partners is stalled.

Why? Well, the Speaker objected to the trade deal. Those objections were addressed, and yet the American people are still waiting.

Mr. Speaker, the USMCA will create 176,000 new American jobs. It will secure open access to markets in Mexico and Canada, markets critical to Montana farmers and ranchers.

Ratifying the USMCA should be a priority for this Congress, not impeachment fever.

I again call on the Speaker to work with the White House to get this trade deal with our top trading partners across the finish line.

PFAS CONTAMINATION

The SPEAKER pro tempore. The Chair recognizes the gentlewoman from New Hampshire (Ms. Kuster) for 5 minutes.

Ms. KUSTER of New Hampshire. Mr. Speaker, across the United States and in my district, we are seeing more and more communities threatened with PFAS contamination.

The proliferation of toxic PFAS chemicals throughout our environment is a risk to human health, and as Congress continues to act on this issue, we must listen to the families and citizens who have had to live with this contamination.

I cannot imagine the fear of a parent who has learned that their children's drinking water is contaminated with these harmful chemicals. That is why earlier this year, I introduced legislation that would prohibit companies from adjusting PFAS chemicals at the molecular level to bypass environmental protection at the Environmental Protection Agency.

Turning off the tap for approving new PFAS chemicals is one step that Congress can take as we work to fully understand how expansive PFAS contamination is to our environment and to human health.

Congress must act on this issue, which is why last month, I convened a PFAS summit with my friend and colleague CHRIS PAPPAS to hear from environmental advocates, impacted families, and community leaders in New Hampshire who are on the front lines of cleaning up PFAS contamination.

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We also heard from experts who are working on long-term solutions to cleaning up these "forever chemicals," and I am pleased to bring some of these ideas back to Washington as a member of the bipartisan Congressional PFAS Task Force. This group has brought together Democrats and Republicans from across the country to put the issue of PFAS contamination front and center in Washington, D.C.

The PFAS Task Force has already been effective in advancing important provisions of the National Defense Authorization Act to help clean up contaminated sites and protect servicemembers, their families, and first responders who have been exposed.

As House and Senate leaders begin conferencing on this bill, it is critical that the final National Defense Authorization Act includes PFAS provisions from the House- and Senate-passed bills. Americans have waited long enough.

Congress has an important opportunity to pass bipartisan legislation that will protect veterans, current servicemembers, firefighters occupationally exposed to PFAS, and families in communities impacted by military PFAS contamination.

This issue is critical to my district and my State, and I will continue to work across the aisle with anyone who is willing to protect communities and future generations from PFAS contamination.

EXPAND MARKETS FOR AMERICAN DAIRY

The SPEAKER pro tempore. The Chair recognizes the gentleman from Pennsylvania (Mr. THOMPSON) for 5 minutes.

Mr. THOMPSON of Pennsylvania. Mr. Speaker, last month, I had the pleasure of hosting U.S. Secretary of Agriculture Sonny Perdue for a dairy and agriculture summit in Pennsylvania's 15th District at Mount Aloysius College in Cresson, Pennsylvania.

Joining the Secretary and I was Gary Groves, Executive Director of the USDA Pennsylvania Farm Service