

Mr. BUDD. Mr. Speaker, when Congress passed the Affordable Care Act in 2010, President Obama made a famous promise: that the American people would be able to keep the plans they liked while paying less for health insurance. But, Mr. Speaker, that famous promise was false, and ObamaCare's consequences are still being felt to this day.

Over the preceding decade, premiums for individual coverage have more than doubled, patient choice has declined, and State exchanges have collapsed. This upheaval is a direct result of the law's rigid and costly regulations that predated the Trump administration.

In order to bring down costs and increase choice, today I introduced the Flexibility Through Lower Expenses Healthcare Act, or the FLEX Act.

The FLEX Act codifies into law the Trump administration's rules on short term, limited duration, and association healthcare plans. This will allow small businesses to band together to purchase affordable plans and give consumers the freedom to purchase low-cost, short-term plans if they need to.

Mr. Speaker, it is time for Congress to follow the Trump administration's lead and make these rules permanent. All citizens of our great country deserve affordable health insurance options that are free from ObamaCare's crippling regulatory regime.

#### TYSON UPWARD ACADEMY

(Mr. HUIZENGA asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. HUIZENGA. Mr. Speaker, I rise today to celebrate the launch of the 50th Upward Academy at the Tyson Foods plant in my hometown of Zeeland, Michigan.

This unique in-plant educational program offers empowering resources and courses to all workers at no cost.

By partnering with local community organizations, Upward Academy provides team members the opportunity to access important classes, such as English as a second language, general education development, and citizenship courses.

The academy also includes multiple components focused on workplace skills and professional training to develop talent, especially in rural and marginalized areas.

Through programs such as drivers' education, computer technology, and financial literacy, Upward Academy brings knowledgeable experts directly to workers so they can move beyond entry-level jobs and receive valuable qualifications so that they can perform at even higher levels.

The 50th launch of the Upward Academy will open the door for all team members to strive beyond their current situations.

Tyson Foods and Upward Academy's commitment to cultivating a modern workforce that is prepared for the 21st

century helps our community grow stronger and make west Michigan a better place to live, work, and raise a family.

#### COMMUNICATION FROM THE CLERK OF THE HOUSE

The SPEAKER pro tempore laid before the House the following communication from the Clerk of the House of Representatives:

OFFICE OF THE CLERK,  
HOUSE OF REPRESENTATIVES,  
Washington, DC, September 25, 2019.

Hon. NANCY PELOSI,  
The Speaker, House of Representatives,  
Washington, DC.

DEAR MADAM SPEAKER: Pursuant to the permission granted in Clause 2(h) of Rule II of the Rules of the U.S. House of Representatives, the Clerk received the following message from the Secretary of the Senate on September 25, 2019, at 9:28 a.m.:

That the Senate passed with an amendment H.R. 1158.

That the Senate passed without amendment H.R. 1590.

With best wishes, I am  
Sincerely,

CHERYL L. JOHNSON.

PROVIDING FOR CONSIDERATION OF H.R. 2203, HOMELAND SECURITY IMPROVEMENT ACT; PROVIDING FOR CONSIDERATION OF H.R. 3525, U.S. BORDER PATROL MEDICAL SCREENING STANDARDS ACT; PROVIDING FOR CONSIDERATION OF H. RES. 576, EXPRESSING SENSE OF THE HOUSE WITH RESPECT TO WHISTLEBLOWER COMPLAINT MADE TO INSPECTOR GENERAL OF INTELLIGENCE COMMUNITY; AND FOR OTHER PURPOSES

Ms. SCANLON. Mr. Speaker, by direction of the Committee on Rules, I call up House Resolution 577 and ask for its immediate consideration.

The Clerk read the resolution, as follows:

#### H. RES. 577

*Resolved*, That upon adoption of this resolution it shall be in order to consider in the House the bill (H.R. 2203) to increase transparency, accountability, and community engagement within the Department of Homeland Security, provide independent oversight of border security activities, improve training for agents and officers of U.S. Customs and Border Protection and U.S. Immigration and Customs Enforcement, and for other purposes. All points of order against consideration of the bill are waived. In lieu of the amendment in the nature of a substitute recommended by the Committee on Homeland Security now printed in the bill, an amendment in the nature of a substitute consisting of the text of Rules Committee Print 116-27, modified by the amendment printed in the report of the Committee on Rules accompanying this resolution, shall be considered as adopted. The bill, as amended, shall be considered as read. All points of order against provisions in the bill, as amended, are waived. The previous question shall be considered as ordered on the bill, as amended, and on any further amendment thereto, to final passage without intervening motion except: (1) one hour of debate equally divided

and controlled by the chair and ranking minority member of the Committee on Homeland Security; and (2) one motion to recommend with or without instructions.

SEC. 2. Upon adoption of this resolution it shall be in order to consider in the House the bill (H.R. 3525) to amend the Homeland Security Act of 2002 to direct the Commissioner of U.S. Customs and Border Protection to establish uniform processes for medical screening of individuals interdicted between ports of entry, and for other purposes. All points of order against consideration of the bill are waived. In lieu of the amendment in the nature of a substitute recommended by the Committee on Homeland Security now printed in the bill, an amendment in the nature of a substitute consisting of the text of Rules Committee Print 116-33 shall be considered as adopted. The bill, as amended, shall be considered as read. All points of order against provisions in the bill, as amended, are waived. The previous question shall be considered as ordered on the bill, as amended, and on any further amendment thereto, to final passage without intervening motion except: (1) one hour of debate equally divided and controlled by the chair and ranking minority member of the Committee on Homeland Security; and (2) one motion to recommend with or without instructions.

SEC. 3. Upon adoption of this resolution it shall be in order without intervention of any point of order to consider in the House the resolution (H. Res. 576) expressing the sense of the House of Representatives with respect to the whistleblower complaint of August 12, 2019, made to the Inspector General of the Intelligence Community. The resolution shall be considered as read. The previous question shall be considered as ordered on the resolution and preamble to adoption without intervening motion or demand for division of the question except one hour of debate equally divided and controlled by the chair and ranking minority member of the Permanent Select Committee on Intelligence.

SEC. 4. It shall be in order at any time on the legislative day of September 26, 2019, for the Speaker to entertain motions that the House suspend the rules as though under clause 1 of rule XV. The Speaker or her designee shall consult with the Minority Leader or his designee on the designation of any matter for consideration pursuant to this section.

SEC. 5. On any legislative day during the period from September 30, 2019, through October 14, 2019—

(a) the Journal of the proceedings of the previous day shall be considered as approved; and

(b) the Chair may at any time declare the House adjourned to meet at a date and time, within the limits of clause 4, section 5, article I of the Constitution, to be announced by the Chair in declaring the adjournment.

SEC. 6. The Speaker may appoint Members to perform the duties of the Chair for the duration of the period addressed by section 5 of this resolution as though under clause 8 (a) of rule I.

SEC. 7. Each day during the period addressed by section 5 of this resolution shall not constitute a calendar day for purposes of section 7 of the War Powers Resolution (50 U.S.C. 1546).

SEC. 8. Each day during the period addressed by section 5 of this resolution shall not constitute a legislative day for purposes of clause 7 of rule XIII.

SEC. 9. Each day during the period addressed by section 5 of this resolution shall not constitute a calendar or legislative day for purposes of clause 7(c)(1) of rule XXII. Sec. 10. Each day during the period addressed by section 5 of this resolution shall not constitute a legislative day for purposes of clause 7 of rule XV.