serve Illinois' 17th Congressional District. Madam Speaker, I would like to again formally congratulate Denise Moore and the Minority Business Development Center for winning the Small Business Advocate of the Year award from Bradley University's Turner Center 2019 Small Business Awards.

COMMEMORATING THE 50 MIL-LIONTH VISITOR TO THE SLEEP-ING BEAR DUNES NATIONAL LAKESHORE

## HON. JACK BERGMAN

OF MICHIGAN

IN THE HOUSE OF REPRESENTATIVES

Friday, October 11, 2019

Mr. BERGMAN. Madam Speaker, it's my honor to recognize the Sleeping Bear Dunes National Lakeshore for welcoming its 50 millionth visitor. Through a commitment to conserving this natural treasure and ensuring it can be enjoyed by visitors from throughout the world, the Sleeping Bear Dunes has become an indispensable part of Northern Michigan.

Our state is home to some of the most beautiful natural wonders in the country-attracting visitors from around the world and providing Michiganders with a quality of life that is second to none. Perhaps first among these picturesque landscapes is the Sleeping Bear Dunes National Lakeshore. Located in the northwest corner of the Lower Peninsula, the Sleeping Bear Dunes covers a 35-mile stretch of Lake Michigan's coastline. Its bluffs, forests, beaches, inland lakes, and unique wildlife have been enjoyed by locals and visitors for centuries. The land was established as a National Lakeshore under the National Parks Service in October of 1970-and over the next 49 years, millions would come to enjoy everything it has to offer. On August 19, 2019, the National Lakeshore welcomed its 50 millionth visitor. This incredible milestone, coming at the cusp of its 50th anniversary, clearly shows how dearly the Sleeping Bear Dunes are held in the hearts of Michiganders and all Americans.

Madam Speaker, it's my honor to recognize the Sleeping Bear Dunes National Lakeshore for welcoming its 50 millionth visitor. Michiganders can take immense pride in knowing that the First District is home to such an important and beloved natural treasure.

IN RECOGNITION OF EXPRESS, FULFILL, PROSPER AS IT HOSTS ITS FIRST ANNUAL FUND-RAISING DINNER FOR MENTAL HEALTH AWARENESS

### HON. DEBBIE DINGELL

OF MICHIGAN

IN THE HOUSE OF REPRESENTATIVES

Friday, October 11, 2019

Mrs. DINGELL. Madam Speaker, I rise today to recognize Express, Fulfill, Prosper for its dedication to our community. Its meaningful work is worthy of commendation.

Established by the students at the University of Michigan in 2017, Express, Fulfill, Prosper

(EFP) is a voluntary organization committed to supporting anyone in need of assistance, especially those struggling with mental health issues. The volunteers of EFP strive to help people feel acknowledged and offer them the opportunity to talk through their thoughts, emotions, and behaviors, allowing them to feel supported by the community around them. Members of the organization work on campus, in hospitals and schools, and throughout the local Ann Arbor Community to uplift others while simultaneously developing their own valuable leadership skills. Through the organization's efforts, EFP hopes their members' work will encourage individuals to express themselves, fulfill their goals, and prosper.

Social and fundraising events are essential to EFP's success in aiding others. Thus, EFP's First Annual Fundraising Dinner for Mental Health Awareness demonstrates the organization's unrelenting commitment to supporting those struggling with mental health issues. Hosted during the week of world mental health awareness, this inaugural event will generate greater awareness about mental health and begin to challenge the troubling stigmas associated with it. I am proud of EFP's commitment to mental health and I am very excited for the future dinners to come.

Madam Speaker, I ask my colleagues to join me in honoring EFP and celebrate their First Annual Fundraising Dinner for Mental Health Awareness. We appreciate EFP's dedicated work in our community and wish the organization continued success ahead.

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RECOGNIZING ARBETTER HOT DOGS' 60TH BIRTHDAY

# HON. DONNA E. SHALALA

OF FLORIDA

IN THE HOUSE OF REPRESENTATIVES

Friday, October 11, 2019
Ms. SHALALA. Madam Speaker, I rise in

Mis. Shalala. Madam Speaker, I rise in recognition of the 60th birthday of Arbetter Hot Dogs. Founded in 1959, Arbetter Hog Dogs is a family enterprise born out of passion for incredible cooking and the love of making people happy. The restaurant draws on Flaminia Arbetter's experience with Italian cuisine and Robert "Bob" Arbetter's memories of eating hot dogs at Fenway Park in Boston during his childhood.

Arbetter Hot Dogs is a beloved institution in Miami, providing good, fresh food to our community. As the Arbetters work to honor their customers, provide for their family, and expand their hot dog enterprise, they do so with the support of so many in our community who have tasted their passion.

I wish the Arbetter family a fantastic 60th anniversary of Arbetter Hot Dogs. I am confident that their next 60 years will be as fruitful as these last

REJOICING THE BIRTH OF AFTON MARGARET JONES

## HON. JOE CUNNINGHAM

OF SOUTH CAROLINA
IN THE HOUSE OF REPRESENTATIVES
Friday, October 11, 2019

Mr. CUNNINGHAM. Madam Speaker, I rise today to rejoice the birth of Afton Margaret,

daughter to Lauren and Tyler Jones. Born on Wednesday, October 9th at seven pounds and 15 ounces, she is the greatest God given gift anyone would be lucky to receive. There is no stronger love than that of a parent for their child, and I couldn't think of two more perfect people to raise a kind, brave, and intelligent person in this world than these two.

Tyler and Lauren have been with me from day one. Tyler has been an amazing colleague, confidante, and most importantly, a remarkable friend. We have seen ups, and we surely saw downs, but I have found a loyalty and friendship in Tyler that I know he and Lauren will instill in their very own daughter's values, And Lauren has proved to have the same grace and strength I found in my wife, as her husband and I learned how to win over the Lowcountry we all four deeply love.

If y'all thought my campaign was tough, welcome to parenting. I cannot wait to see the beautiful journey that unfolds. Amanda, Boone, Teddy and I are here for anything that you two, Afton, and Leia will ever need.

We love y'all, good luck and congratulations.

HONORING NBA CHAMPION TERRY DUEROD

#### HON. RASHIDA TLAIB

OF MICHIGAN

IN THE HOUSE OF REPRESENTATIVES

Friday, October 11, 2019

Ms. TLAIB. Madam Speaker, I rise today in tribute to Terry Duerod, former NBA champion and former Detroit Fire Fighter, a native of the city of Highland Park, Michigan.

Mr. Duerod began his sports career when he joined Highland Park High School's basketball team. He excelled at the sport and brought athletic prestige to the program by leading the team to the 1975 state championships. Mr. Duerod continued to play basketball after high school at University of Detroit before moving on to a career in professional basketball, first playing for the Detroit Pistons and the Dallas Mavericks before finally landing a spot on the Boston Celtics. As a Boston Celtic, Mr. Duerod was voted a fan favorite and earned a championship ring in the 1981 National Basketball Association Finals. For his efforts and outstanding performance, he was inducted into the University of Detroit's Hall of Fame and has only continued to serve his community. Following his athletic career, Mr. Duerod switched gears to public service and has worked tirelessly as a Detroit firefighter, where he continued to play basketball with the Detroit Fire Department's team. Since retiring, he still finds time to impact the lives of others through basketball.

Throughout his life, Mr. Duerod has represented the cities of Highland Park and Detroit with astounding spirit, serving as an inspiration to others. Please join me in recognizing Terry Duerod.