

do spirit, and constant commitment to serving families in the Centre region. Mel and his team are always innovating and thinking of new ways to reach out to the community.

I was pleased to join the Centre County YMCA this summer for a Travelin' Table event to collect donations of food and to pack grab-and-go lunches for local students. Travelin' Table is a mobile feeding bus. Typically, the bus makes six to eight stops a day delivering food, but operations have been kicked into high gear during the pandemic thanks to the YMCA team.

Mr. Speaker, that Travelin' Table, that mobile feeding bus, was made possible largely through a grant from USDA with rural economic development, and just a tremendous impact that that has had at a critical time that all of our families across this Nation are facing.

This kind of attitude and commitment to service is a beacon of hope during these times, Mr. Speaker.

I thank the Centre County YMCA, the Christian Food Bank of Elk County, and all of our other food bank staff and volunteers who are helping families in their communities.

A special shout-out also to Patti Long, for her volunteer efforts in my own home community of Howard.

RECESS

The SPEAKER pro tempore. Pursuant to clause 12(a) of rule I, the Chair declares the House in recess until 11 a.m. today.

Accordingly (at 10 o'clock and 5 minutes a.m.), the House stood in recess.

□ 1100

AFTER RECESS

The recess having expired, the House was called to order by the Speaker pro tempore (Ms. LEE of California) at 11 a.m.

PRAYER

The Chaplain, the Reverend Patrick J. Conroy, offered the following prayer: Lord, merciful God, we give You thanks for giving us another day.

During the deliberations of this day, send Your spirit of wisdom and good judgment upon the Members of the people's House, that the appropriation provisions they must address would redound to the benefit of all Americans.

Bless those throughout our Nation who are suffering from disease and natural disaster, and protect those who labor to assist them. Lord, have mercy.

May all that is done today be for Your greater honor and glory.

Amen.

THE JOURNAL

The SPEAKER pro tempore. Pursuant to section 4(a) of House Resolution

967, the Journal of the last day's proceedings is approved.

PLEDGE OF ALLEGIANCE

The SPEAKER pro tempore. Will the gentleman from Arizona (Mr. O'HALLERAN) come forward and lead the House in the Pledge of Allegiance.

Mr. O'HALLERAN led the Pledge of Allegiance as follows:

I pledge allegiance to the Flag of the United States of America, and to the Republic for which it stands, one nation under God, indivisible, with liberty and justice for all.

ANNOUNCEMENT BY THE SPEAKER PRO TEMPORE

The SPEAKER pro tempore. The Chair will entertain up to 15 requests for 1-minute speeches on each side of the aisle.

CELEBRATING THE EFFORTS OF THE GILA RIVER INDIAN COMMUNITY

(Mr. O'HALLERAN asked and was given permission to address the House for 1 minute.)

Mr. O'HALLERAN. Madam Speaker, I rise today to speak in support of my Blackwater Trading Post Land Transfer Act, which passed the House of Representatives by voice vote yesterday.

I would like to thank Chairman GRIMALVA and Ranking Member BISHOP for moving this bill through regular order. My bill is a commonsense fix that will bring the Blackwater Trading Post, which the Gila River Indian Community owns, into trust status. The Blackwater Trading Post is a culturally and historically significant place.

As Members of Congress, we are able to restore Tribal homelands. I am honored that we did so yesterday. During these difficult times, I am glad that we are able to advance legislation that serves our constituents.

I thank my colleagues on both sides of the aisle for helping me move this initiative across the finish line. The Gila River Indian Community has worked hard to acquire this land, and passing this bill today is a celebration of their effort.

RECOGNIZING NATIONAL RECOVERY MONTH

(Mr. THOMPSON of Pennsylvania asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. THOMPSON of Pennsylvania. Madam Speaker, I rise today to recognize September as National Recovery Month, an opportunity to raise awareness about substance abuse and mental health, and to shed light on the resources available to help those on the road to recovery.

Before my time in Congress, I spent 28 years as a therapist and rehabilita-

tion services manager. I have seen firsthand how substance abuse and mental health disorders can impact an individual and their loved ones.

Substance abuse and mental health disorders do not discriminate. They do not see race, gender, or socioeconomic status. This is a particularly difficult time to be struggling with a substance abuse problem or mental health disorder. COVID-19 has put an enormous strain on the American people over the last several months, and mental health has been undoubtedly impacted.

We can all play a part in helping those who are struggling. I would like to encourage anyone in need to take advantage of the resources available through the Substance Abuse and Mental Health Services Administration by visiting their website or calling 1-800-662-HELP. Sometimes just a phone call can be a big step on the road to recovery.

RECOGNIZING THE SEVERITY OF COVID-19

(Mr. CARSON of Indiana asked and was given permission to address the House for 1 minute.)

Mr. CARSON of Indiana. Madam Speaker, I rise today to honor the 200,000 Americans, including the 3,500 Hoosiers who have lost their lives to COVID-19. We won't forget those we lost, our family, friends, neighbors, coworkers, teachers, spiritual leaders, and much more.

I also want to remember my cousins, who passed away from the virus earlier this year. Who knows how many lives could have been saved if our leaders had been honest about the severity of COVID-19 from the start? Who knows how many millions could have avoided this illness and possible lifetime complications from it, if those leaders had not made them make the impossible choice between their health and their livelihoods?

I introduced H.R. 7161, the COVID-19 Memorial Quilt Act of 2020, to create a national memorial, Madam Speaker, to everyone we have lost. We can't change the past, but we can impact the future.

The Senate must pass the HEROES Act, which we passed in May, to provide strong relief from COVID-19. We can save countless lives if we put partisanship aside and work together.

CELEBRATING NATIONAL SMALL BUSINESS WEEK

(Mr. LAMALFA asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. LAMALFA. Madam Speaker, I rise to celebrate National Small Business Week, which recognizes the contributions small business owners and entrepreneurs make to our great society.

More than half of Americans either own or work for a small business, and they create nearly two out of three