

118TH CONGRESS
1ST SESSION

H. RES. 690

Supporting the designation of September 17, 2023, as “National Physician Suicide Awareness Day” to raise awareness of, and promote a national discussion about, physician suicide and to reduce the stigma of mental health issues.

IN THE HOUSE OF REPRESENTATIVES

SEPTEMBER 14, 2023

Ms. STEVENS (for herself, Mr. FITZPATRICK, and Ms. WILD) submitted the following resolution; which was referred to the Committee on Energy and Commerce

RESOLUTION

Supporting the designation of September 17, 2023, as “National Physician Suicide Awareness Day” to raise awareness of, and promote a national discussion about, physician suicide and to reduce the stigma of mental health issues.

Whereas physicians work under intense pressure and are exposed to trauma on the job;

Whereas risk of suicide within the medical profession is among the highest rates of any occupation;

Whereas each year in the United States roughly 300 to 400 physicians die by suicide;

Whereas the suicide rate among—

(1) male physicians is 1.41 times higher than the general male population; and

(2) female physicians is even more pronounced, being 2.27 times higher than the general female population;

Whereas difficult working conditions, burdensome administrative tasks, long hours, grief over losing patients, and watching the families of patients suffer adds a layer of extreme stress for many frontline workers;

Whereas mental health and physical health are equally important components of overall health;

Whereas there are structural barriers in place that discourage self-care and mental health help-seeking behaviors among physicians; and

Whereas a day of public awareness and education campaigns to shine a light on the tragedy of physician suicide is held on September 17 each year: Now, therefore, be it

1 *Resolved*, That the House of Representatives—

2 (1) supports the goals of National Physician
3 Suicide Awareness Day to bring national attention
4 to the mental health crisis affecting physicians in
5 the United States;

6 (2) dedicates a day of reflection to honor the
7 memory of physicians who have died by suicide;

8 (3) recognizes the need for greater research
9 into understanding and addressing the issue of phy-
10 sician suicide, including the barriers to treatment,

1 help-seeking behaviors to address burnout, and men-
2 tal care options to prevent physician suicide; and
3 (4) encourages the President to issue a procla-
4 mation calling on the people of the United States to
5 observe National Physician Suicide Awareness Day
6 with appropriate awareness and educational activi-
7 ties.

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