

118TH CONGRESS
2D SESSION

S. 5181

To amend the Richard B. Russell National School Lunch Act to establish minimum physical activity requirements, and for other purposes.

IN THE SENATE OF THE UNITED STATES

SEPTEMBER 25, 2024

Mr. RUBIO introduced the following bill; which was read twice and referred to the Committee on Agriculture, Nutrition, and Forestry

A BILL

To amend the Richard B. Russell National School Lunch Act to establish minimum physical activity requirements, and for other purposes.

1 *Be it enacted by the Senate and House of Representa-*
2 *tives of the United States of America in Congress assembled,*

3 **SECTION 1. SHORT TITLE.**

4 This Act may be cited as the “Make America Active
5 Again Act”.

1 **SEC. 2. PHYSICAL ACTIVITY REQUIREMENTS FOR SCHOOLS**
2 **PARTICIPATING IN THE NATIONAL SCHOOL**
3 **LUNCH PROGRAM.**

4 Section 9 of the Richard B. Russell National School
5 Lunch Act (42 U.S.C. 1758) is amended by adding at the
6 end the following:

7 “(m) PHYSICAL ACTIVITY REQUIREMENTS.—A
8 school participating in the school lunch program under
9 this Act with students in any of grades kindergarten
10 through grade 5 shall ensure an opportunity during the
11 school day for physical activity, in the form of physical
12 education courses or recess periods, of not less than 150
13 minutes per week for students in those grades.”.

14 **SEC. 3. LOCAL SCHOOL WELLNESS POLICIES.**

15 Section 9A(c) of the Richard B. Russell National
16 School Lunch Act (42 U.S.C. 1758b(c)) is amended by
17 inserting “, including to meet the minimum requirements
18 for physical activity pursuant to section 9(m)” before the
19 period at the end.

○