

give the Food and Drug Administration (FDA) the authority it needs to make informative and scientific decisions about the safety of dietary supplements.

The Dietary Supplement Information Act requires manufacturers, producers and distributors of dietary supplements to register with the FDA. They would be required to submit all serious adverse event reports to the FDA within 15 days. Supplement manufacturers and the FDA will work as partners to investigate and analyze these reports. To make sure that consumers know how to report an incident to the FDA directly, my legislation will require the FDA's MedWatch phone number and website to be printed on all dietary supplement product labels. If the FDA determines that a specific supplement may have serious health consequences, it can require the manufacturer to do a postmarket surveillance study to ensure that the product is safe.

Many of these dietary supplements contain ephedra, also commonly listed as ma-huang or ephedrine alkaloids. Sadly, a number of consumers, including some of my own constituents, have experienced adverse reactions after using ephedra-based supplements. Lured in by product claims of more energy, quick weight loss or improved athletic performance, consumers experienced depression, agitation, heart attacks, and strokes. In some cases, people have died after taking ephedra supplements. These severe effects demand increased public awareness, especially since the average customer profile includes young people.

The Ephedrine Alkaloid Consumer Protection Act gives consumers information about the potentially lethal side effects and drug interactions of ephedrine alkaloid products. First, it will require a standardized warning to be printed on the label. The bill will also make sure that consumers know how to report any concerns or adverse reactions by requiring the FDA's MedWatch phone number and website to be printed on the product label. Finally, the bill will protect our kids by prohibiting the sale of ephedrine to minors. No person under the age of 18 years old will be able to buy ephedrine products.

To ensure that this provision is enforced, products will be kept "behind the counter" so that sales personnel are more aware of the age restriction. Putting the product behind the counter will also make adults more aware of the risks associated with ephedra. If they have to ask for assistance to get the product, they will be more likely to read the warning label and talk to the pharmacist about possible side effects.

Since I first introduced these bills two years ago, momentum has clearly grown for improving consumer safety regarding ephedra. I have seen a growing number of organizations that are addressing the issue on their own. The American Medical Association and its Canadian counterpart recommend banning ephedra. The National Football League recently joined the ranks of the International Olympic Committee, and the National Collegiate Athletic Association in prohibiting ephedra use among their athletes.

Collaborating developments in the science community and courtrooms support these actions. A recent study conducted by the University of California at San Francisco reported that dietary supplements containing ephedra accounted for 64 percent of all adverse event reports related to dietary supplements. The emergence of "ephedra-free" products indi-

cates conflict within the industry, possibly a sign that the supplement industry is also slowly realizing the negative effects of ephedra. Allegations against ephedra supplement manufacturers include sloppy research practices, the omission or destruction of negative research data, study design violations, unreported adverse events, along with deception and fraud. In fact, last year a jury in Alabama awarded \$4.1 million to four people who suffered strokes or heart attacks after taking ephedra diet pills.

Despite the growing list of allies and evidence, there is still much work left to do within our own communities. Earlier this year, I received a compelling letter from a young woman in San Diego. She said,

"Being a 23-year-old woman, I am exposed to hundreds of diet pills and the need to be thin. One of my dear friends had a stroke from taking an over-the-counter diet pill. She went from a coma, to a vegetable, graduated to a wheelchair and now walks with a cane one year later. She is unable to go to school or work and cannot function as a normal 23-year-old."

"These dietary supplements are dangerous and harmful. People do not realize the consequences of these magical pills. They are given the notion that they are going to become this "model-type image" from taking supplements, but the adverse effects of them outweigh any benefits."

It is heartbreaking to think of how an innocent purchase irrevocably changed this young woman's life. Ephedra has opened eyes about the need for regulation of the entire dietary supplement industry. Ephedra is a symptom, a deadly symptom, of a larger issue, which is the lack of regulatory control over a multibillion dollar industry.

A change in the current law is critically needed. The FDA must be allowed to collect and distribute accurate information about dietary supplements. At present, its hands are tied. I want to make it very clear that my legislation will not ban dietary supplements. Rather, they offer a common-sense approach to giving the FDA the authority to regulate the industry while maintaining freemarket access. Consumers have a right to know what they are putting into their bodies. We cannot continue to stand on the sidelines and watch them suffer serious medical consequences from these products. Our young people and loved ones are at risk.

I urge my colleagues in Congress to join me in swiftly passing these two bills into law.

THE COURAGE TO DREAM

HON. STENY H. HOYER

OF MARYLAND

IN THE HOUSE OF REPRESENTATIVES

Wednesday, February 12, 2003

Mr. HOYER. Mr. Speaker, risk and danger are constant companions of progress. And last Saturday morning, we were reminded again that progress at times inflicts a painful price.

Fate has called the brave crew members of the Space Shuttle *Columbia* home, and, here on Earth, we maintain our faith that they have now begun a far better journey—one of our Creator's design.

Words are small comfort today to those closest to this tragedy, the families and friends of Rick Husband, William McCool, Michael Anderson, Kalpana Chawla, David Brown, Laurel Clark and Illan Ramon. A grateful Nation

mourns their loss and honors their courage and sacrifice.

We also offer heartfelt condolences to those left behind, especially the twelve children who have lost a mother or father. We pray that time, and a recognition of this great mission, provide some comfort and help to heal this wound.

The history of America is marked not only by sacrifice in the service of others, but by a yearning to explore, to discover, to progress . . . from the first permanent settlers in the new world at Jamestown . . . to the expedition of Meriwether Lewis and William Clark . . . to the Wright Brothers' first flight at Kitty Hawk . . . to Neil Armstrong's first step on the moon a mere 66 years later.

The crew of the *Columbia* now joins that pantheon of American heroes who had the courage to dream, as well as the willingness to turn their vision into reality.

Although they traveled millions of miles in space, they sought answers to the questions that lie closest to the human heart.

The most fitting tribute that we can pay to their legacy is to fulfill this solemn pledge: We will continue the work that you have advanced.

And we will do so with the realization that it is our responsibility to determine the cause of this tragedy and to minimize the risk to those engaged in the exploration of space and the unknown.

Our Nation has always risen to a challenge and overcome adversity through perseverance.

That is a measure of our greatness. And, today, that is the calling that our national character commands us to undertake and continue.

COOPERATIVE LANDSCAPE CONSERVATION PROGRAM

HON. MARK UDALL

OF COLORADO

IN THE HOUSE OF REPRESENTATIVES

Wednesday, February 12, 2003

Mr. UDALL of Colorado. Mr. Speaker, today I am again introducing a bill to authorize a program to help states, local governments, and private groups protect open space while enabling ranchers and other private landowners to continue to use their lands for agriculture and other traditional uses.

The bill, entitled the "Cooperative Landscape Conservation Act," is based on provisions that were previously passed by the House as part of the Conservation and Reinvestment Act (CARA) but on which the Senate did not complete action. It is also similar to a bill I introduced in the 107th Congress.

I think the program that this bill would establish would be good for the entire country and it would be particularly important for Colorado.

In Colorado, as in some other states, we have experienced rapid population growth. That brings with it rising land values and property taxes. This combination is putting ranchers and other landowners under increasing pressure to sell their lands for development. By selling conservation easements instead, they can lessen that pressure, capture much of the increased value of the land, and allow the land to continue to be used for traditional purposes.