

She has voted in every Brownsville election since 1929 and remembers her \$1.75 poll tax vividly. What is most amazing and admirable is the fact that Ms. De Los Santos is still an active member of the community and encourages everyone to participate fully in our democracy by both voting and working at the polls. Her daughter remembers riding along in the back of the car as they went from house to house encouraging members of the community to vote when she was only 8 years old.

Ms. De Los Santos is a powerhouse of politics in the South Texas community, and her support for various candidates is sought and cherished. I am so proud that she has been one of my strongest supporters throughout my 23 years in Congress.

Irene has lived a long and rewarding life, and watched our most important national events unfold: the passage of the 19th Amendment, the rise and fall of dictators around the world, the passage of the Civil Rights Act, and countless other memorable events in our Nation's history. Through it all, Ms. De Los Santos says she has enjoyed her life and would not change anything.

Her extended family includes three sons and two daughters, 16 grandchildren, 29 great-grandchildren, 11 great-great grandchildren, and 10 great-great-great grandchildren. Everyone, that totals to 71 potential votes, and we all know that elections have been won or lost by fewer votes. Even now, Ms. De Los Santos encourages her entire family to vote and continues to look on as her fellow voters come in and out of the polls.

Today I ask my colleagues to join me in recognizing this extraordinary woman for her contributions to her community and our Nation, and for her active participation our Nation's history. May the next century be as wonderful for her as the past 99 years.

**PERSONAL RESPONSIBILITY IN
FOOD CONSUMPTION ACT OF 2005**

SPEECH OF

HON. ROSA L. DeLAURO

OF CONNECTICUT

IN THE HOUSE OF REPRESENTATIVES

Wednesday, October 19, 2005

The House in Committee of the Whole House on the State of the Union had under consideration the bill (H.R. 554) to prevent legislative and regulatory functions from being usurped by civil liability actions brought or continued against food manufacturers, marketers, distributors, advertisers, sellers, an trade associations for claims of injury relating to a person's weight gain, obesity, or any health condition associated with weight gain or obesity, with Mrs. MILLER of Michigan in the chair.

Ms. DeLAURO. Madam Chairman, encouraging personal responsibility is something we all support in this institution—particularly with respect to rising rates of obesity. With two-thirds of premature deaths in the U.S. due to poor nutrition, physical inactivity and tobacco use, Americans do need to be more mindful of what they put in their bodies.

But with only 12 percent of Americans eating a healthy diet and diabetes rates having risen 61 percent in the last decade alone, it is becoming increasingly clear that Congress is abdicating a responsibility of its own—we are failing to fashion policies that support Americans' efforts to adopt healthier lifestyles.

Instead of shielding companies from litigation, we should be giving people the information they need to make the informed choices that exercise that personal responsibility. Today, Americans are eating out more frequently, spending about half of their food dollars at restaurants—a figure that has doubled since 1970. And everyone knows how much harder it is to eat healthily when they eat out. Little wonder children eat almost twice as many calories when they eat at a restaurant as they do when they eat at home—studies have shown that even trained nutritionists cannot estimate the calorie and fat content in a meal they do not prepare themselves.

We need to be creative. For instance, I will be reintroducing legislation shortly, The Meal Education and Labeling Act, that would extend the kind of nutrition labeling you find on packaged foods at the store to include foods at fast food and other chain restaurants. It would require these chain restaurants to list calories, saturated plus trans fat and sodium on printed menus and calories on menu boards, giving consumers the necessary nutritional information to make healthy choices for themselves.

That is the kind of balanced, innovative approach this body should be considering today to address obesity—that would be a real step toward helping encourage personal responsibility in food consumption while protecting industry and our Mom n' Pop restaurants. Instead, as we have seen countless times before, this majority has again chosen to use a very important public health issue to pursue a narrow and completely unrelated political agenda.

Madam Chairman, we should do something about obesity in this country by empowering people to make informed decisions for themselves. But this bill is not the way to go about it.

**HONORING LIEUTENANT MICHAEL
P. MURPHY**

HON. TIMOTHY H. BISHOP

OF NEW YORK

IN THE HOUSE OF REPRESENTATIVES

Thursday, October 20, 2005

Mr. BISHOP of New York. Mr. Speaker, it is an honor to rise with the New York Congressional Delegation to recognize an American hero. Today I am introducing legislation to name a post office in my district—in Patchogue, New York—in honor of Lieutenant Michael P. Murphy.

Lieutenant Murphy, U.S. Navy, was killed in Afghanistan when he and three other SEALs were ambushed by Taliban insurgents. Many of you may recall the reports during the week of June 27 about the heroic rescue attempt of Lt. Murphy's unit, when an Army MH-47 Chinook helicopter was shot down by a rifle-propelled grenade in the Kunar province with 16 special operations troops aboard.

Lt. Murphy was only 29 years old when he died. Already having achieved his dreams of attending Penn State University and becoming a Navy SEAL, he had deferred another dream of attending law school until his tour had ended. He was also engaged to be married upon his return in November.

Lt. Murphy was universally admired and loved. His parents, teachers, and commanding officers all praise his intelligence, dedication

and kindness. Perhaps the commanding officer of the Navy's SEAL Recruiting program who mentored Lt. Murphy and prepared him for SEAL training best summed up this young hero's essence when he said:

He achieved something most of us don't have the courage to attempt . . . He was a very focused young man with a terrific attitude, quiet intensity and determination.

After learning of his tragic loss, Lt. Murphy's father reflected on what the memory of his son left behind:

We were just honored to have him as a son for 29 years. He's our herd, and I think he is everybody else's hero . . . He squeezed more life in 29 years than I will ever see."

This past summer, my district lost a beloved friend and our nation lost one of its bravest sons to the War on Terror.

Mr. Speaker, on behalf of all Americans, I thank the House for honoring St. Murphy's service, valor and ultimate sacrifice for this Nation by renaming the post office located at 170 East Main Street in Patchogue, New York as the "Lieutenant Michael P. Murphy Post Office."

HOT JAZZ SATURDAY NIGHT

HON. JAMES P. MORAN

OF VIRGINIA

IN THE HOUSE OF REPRESENTATIVES

Thursday, October 20, 2005

Mr. MORAN of Virginia. Mr. Speaker, over 25 years, jazz enthusiasts in the Washington region have tuned to one program for their weekly jazz entertainment. Musicians such as Duke Ellington, Ina Ray Hutton, and the Boswell Sisters fill the radio waves every Saturday evening thanks to Rob Bamberger, creator, producer, and host of Hot Jazz Saturday Night.

Rob Bamberger began as a volunteer for WAMU in 1978, where he presented the first of several features on jazz performers during the news show, Morning Line. Two years later, in 1980, he created his own show, Hot Jazz Saturday Night, which he has hosted ever since. Rob's passion and dedication goes on display every Saturday night for three hours as he shares his love for jazz, swing, and big band music with WAMU listeners.

Rob's interest in vintage jazz and swing came at an early age. While at an elementary school book fair in 1963, he purchased, for a dime, a two-record set featuring broadcast performances by the Tommy Dorsey Orchestra. This seminal moment in young Rob's life sparked a consuming and scholarly fascination with American music from the '20s, '30s, and '40s and became the cornerstone of a record collection which fills the basement of his Arlington, Virginia home.

By day, Rob Bamberger serves Congress as a senior policy analyst with the Congressional Research Service. While Rob takes great pride in his work with CRS, his true love becomes evident to listeners both locally and abroad through broadcasts on WAMU, NPR, and the Armed Forces Network.

Over the years, Rob's passion for music has led him to give talks before audiences at the Library of Congress, the Smithsonian, and the Cosmos, Maryland and University Clubs. When discussing topics ranging from, the history of repertory jazz, to the meeting of jazz