

and say no thank you. If you are confident your friend will stop asking you to smoke. Hopefully, your friend will ask you if you want to do some other activity.

I really loved D.A.R.E. I think that D.A.R.E. will actually help me in the future by knowing how to say no to drugs. I believe that it is extremely important to be drug free. If you take drugs you are basically throwing away your life because you might become addicted and think you must have drugs. I also think it is important that my friends and family do not do drugs. If you are drug free you can enjoy sports like, skiing, soccer, football, basketball, hockey, and other activities. You will also live a longer and have a better life if you don't do drugs. I have truthfully enjoyed learning about drugs and other D.A.R.E. topics. I will always continue to be 100% drug free.

(By Rachael T. Williams)

D.A.R.E. is something everybody can listen to, Drug Abuse Resistance Education. D.A.R.E. helps kids understand the cautions of drugs and alcohol from the start, and that nothing is real on advertising. Those are only two of the millions of things that D.A.R.E. teaches you!

Alcohol isn't something that helps you grow or something to play with. Alcohol is loss of self-control or even coma and death! Yes, you can drink once you're over twenty-one, but that doesn't give you the right to go party until four in the morning! Alcohol is a very dangerous thing. It is something you should never drink if you're under age, not even if someone calls you chicken. Even if they try to act tougher than you are, they're not. They're not stronger than you are, or cooler, or smarter than you are. It may seem like they're cooler but truly they're not.

You may look into a magazine and flip a few pages and then see an advertisement, and you will see people smoking cigarettes and having a great time. Well guess what, that is not reality. Reality is yellow teeth and sickness and your lungs turning black and failing. Cigarettes or cigars aren't a pool filled with fun. It causes breathing problems or heart disease and even cancer in your lungs, mouth, throat, bladder, and kidney! Smoking is just a big black hole of emptiness! So, don't listen to advertisements.

Peer pressure happens to everybody. It can happen on the bus, at recess, or even walking home from school. Sometimes people will be pressuring you about drugs or sometimes alcohol. They will make it seem fun and make it look like the answer to your prayers. Well, it's not. There are a lot of ways to say no like using humor or standing up for yourself. Those are just two ways to say no. D.A.R.E. will teach you many other ways.

D.A.R.E. is an awesome place to learn about drugs and how they can hurt you. I love going to D.A.R.E. Before D.A.R.E., I didn't even know half of the cautions of drugs and alcohol and how risky it is to drink or smoke. I know now that one day I'm going to be offered a cigarette or some alcohol, and I know exactly what to say: "NO!" I'll walk away and never trust a person like that again. Now I'll remember that no is the way to go.

(By Colin Ceresa)

In fifth grade we take a special class called D.A.R.E. D.A.R.E. stands for Drug Abuse Resistance Education. My D.A.R.E. teacher, Deputy Ridgley, teaches us the dangers of drugs and alcohol, how to say no, and how to avoid dangerous situations.

Smoking can do horrible things to your body. Did you know smoking can turn your lungs black? Smoking makes it hard to breathe and makes you dizzy. It makes your

breath smell, turns your teeth yellow, dries your skin out and causes wrinkles. There are 200 known poisons in cigarette smoke. Smoking is the most common cause of lung cancer. I feel that smoking is very wrong. My Pop-Pop started smoking during the Viet Nam War and then smoked for 40 years. Luckily he quit a few years ago and is doing fine.

If you want to avoid all these bad things you need to be able to say no!!! Saying no can help you avoid many dangerous situations. You can say no in many ways. You could ignore the person offering you drugs. You could give a reason or fact to the person who is offering you drugs and tell them why they are bad for you, or you could walk away from the person who is offering you drugs. Saying no can change your life in so many ways. Saying no could even save your life.

I feel that all of the information that I learned in D.A.R.E. will help me a lot in the future. I know how bad alcohol, drugs and tobacco are for you. I also learned that you need to be confident and not let your friends pressure you into doing something that is illegal or will hurt you. D.A.R.E. has helped show me the importance of just saying NO!

(By: Emily Ready)

"Good afternoon, guys. Today we're going to talk about..." Every single year, fifth graders in Loudon County take a class called D.A.R.E. D.A.R.E. stands for Drug Abuse Resistance Education. A deputy from Loudon County Sheriff's office comes and teaches you. Some of my favorite things that we learned about were tobacco, alcohol, and peer pressure.

Coughing, yellow teeth, cancer? These are just some of the things tobacco does to you. Cigarettes contain tobacco, and smoking is the main cause of heart disease. More than 400,000 people die every year from smoking. It can also turn your lungs from natural pink to sickening black. My thoughts on tobacco are tobacco is a horrible thing, and if you use it, you are ruining your life!

Jail, comas, and possible death are only a few of the things too much alcohol can get you. Alcohol is in beer, wine, and liquor. It slows down your brain and your body. In case you're wondering, most teenagers DON'T drink alcohol. I think if people were more responsible with alcohol, it wouldn't be a problem.

Peer pressure is when other people, friends or not, try to get you to do something you may or may not wish to do. Some people can be mean about it, or some will be nice and it can be something good for you. If it's bad, just say NO! I think if it's mean or bad peer pressure, we don't need it! It can hurt people's feelings and make them do something dangerous or awful that can hurt them or other people.

I really enjoyed the D.A.R.E. program this year. It showed me just how dangerous smoking and underage drinking really are. I believe it is important to stay drug-free because you can destroy yourself, your family, and your future. So, I, Emily Ready, promise to stay drug-free and stay a non-tobacco user and a nonunderage drinker.

(By Nick Carroll)

"Lost another one to drugs because of over use of alcohol," sighed Dr. Smith. That won't happen to me because I took D.A.R.E. class. D.A.R.E. stands for Drug Abuse Resistance Education. During D.A.R.E. we learned about alcohol, inhalants, marijuana, and tobacco. We learned about more than just drugs. We learned how to say no and about the D.A.R.E. decision making model. We also learned about how dangerous inhalants can be and the tricks of advertisement.

Inhalants can be used as a type of drug. It can be made using household products concentrated in the certain place (like in a paperbag). They are very dangerous! It can kill you instantly even if you're doing it for the first time. Inhalants can damage your brain and liver. You might suffer from a loss of smell, depression, and can cause a heart attack! It can also suffocate you. It will starve your body of oxygen and force your heart to beat irregularly and more rapidly. You could get sores in the mouth and nose. Chronic users can have muscle wasting and reduced muscle tone and strength. Inhalants can cause nausea and nosebleeds. Inhalants are one of the things that kill many children each year. Inhalants can cause most of these problems without you knowing it until it's too late.

Advertising is one of the ways drug companies get people to buy their stuff. One of the ways they do it is to show famous celebrities drinking beer or smoking a cigarette. They also show happy people with beer, wine, or a cigarette. They put advertisement almost everywhere you could look. They put them on TV commercials, in magazines, billboards, and many other places. They think that by putting them in a lot of places they are getting more costumers and it works, people go for the advertisements.

I think D.A.R.E. was an exciting subject. We learned many things from our instructor, Deputy Ridgley. She made it enjoyable to learn about drugs and how to stay drug free. Deputy Ridgley told us many stories, which made it exciting. I think that it is important to stay drug free to keep from getting sick or hurt from different drugs. I will stay drug free to keep from getting sick or hurt by drugs!

#### TRIBUTE TO JOYCE ROMANOW

**HON. ROSA L. DeLAURO**

OF CONNECTICUT

IN THE HOUSE OF REPRESENTATIVES

*Tuesday, June 6, 2006*

Ms. DELAURO. Mr. Speaker, it is with great pleasure that I rise today to join the many family, friends and colleagues who have gathered to honor a very special woman, and my dear friend, Joyce Romanow, as she celebrates her retirement. After more than thirty-seven years of giving our young people the best educational opportunities possible, Joyce will leave the teaching arena to pursue her own personal goals.

I often speak of our nation's need for talented, creative, enthusiastic teachers who are ready to help our children learn and grow. My dear friend Joyce is just that kind of educator. Throughout her career, she has touched the lives of thousands of children from elementary school to high school. Joyce began her teaching career in the town of West New York, located in New Jersey, where she taught second and third grade students, many of Cuban decent, for nine years. She then moved to New Haven, Connecticut and began teaching at Kimberly Avenue School at City Point. After consulting with colleagues, and thinking about her own personal teaching experience, she decided to become an English to Speakers of Other Languages (ESOL) teacher—working with some of our community's most vulnerable children. Here she had the opportunity to travel to many schools within the New Haven public school system, enabling the children of immigrant families to find success in the learning process based upon his or her individual needs and strengths. Naturally paired with the

educational program, Joyce also focused on the importance of positive development of not only our children's intellect, but their character development as well. She has placed great emphasis on the importance of team work, providing a productive environment, and has been an outstanding role model. For the last five years, she has been an ESOL teacher at Hillhouse High School, working with high school students in grades nine through twelve. Although Joyce has enjoyed working with students at all grade levels, she has a special place in her heart for high school students. I know she will be sorely missed by her students, friends and colleagues at Hillhouse High School.

Public education is the cornerstone of the American dream—leveling the playing field and providing every child with the opportunity to make the most of his or her talents. This is what Joyce has dedicated her life to doing for the past thirty-seven years. It is talented professionals like Joyce who truly shape the leaders of tomorrow.

In addition to her outstanding teaching career, Joyce has raised an exceptional son Danny, whom I adore. She is certainly more than a friend—she is family. Words cannot begin to express my appreciation and gratitude for the tireless support she has shown to me and my family over the years.

And so, it is with deep admiration and affection that I stand today to join her son Danny, her family, friends and colleagues in extending my sincere congratulations to Joyce Romanow as she celebrates her retirement. Joyce is a remarkable woman whose generosity and compassion has left an indelible mark on so many children whose lives she has transformed. Though she will be enjoying her retirement years, I am certain that Joyce will continue to keep a hand in teaching—her extraordinary dedication and kind heart making all the difference. I am happy to extend my very best wishes to her for many more years of health and happiness.

IN HONOR OF JOHN J. ROBOTTI

### HON. SAM FARR

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

*Tuesday, June 6, 2006*

Mr. FARR. Mr. Speaker, I rise today to honor a tremendous public servant. Mr. John J. Robotti will retire this month after 65 years of service to our nation. Beginning with his enlistment as a soldier in 1941 until his retirement as a civilian in 2006, John has made public service his life's work. I must say that it is truly remarkable to find a person retiring at age 85. I am proud to note that most of those productive years were spent in my Central California District.

John was selected for Officer Candidate School in 1943. His tours of duty included Europe, Asia, and the United States. In 1950 he met his wife, Marion, in Paris, France. They were married in Palo Alto, California in 1953, and now reside in Carmel. In 1960, he was the Executive Officer for the Squaw Valley Olympic Games, which are still remembered as one of the most successful games ever held. The following year he retired with the rank of Major from 20 years of active duty while stationed at Fort Ord, California. He

served as Chief of the Consolidated Supply Section of G4 at that time.

John began his civilian career immediately as the G4 Logistical Services Officer at Fort Ord. He went on to act as Administrative Officer, Chief of Maintenance, and Housing Manager at Fort Ord. He retires as Director of Logistics at the Defense Language Institute in Monterey, the premier language training institution in the world. In all, his civilian career spanned 45 years.

During his civil service years, John received exceptional evaluation ratings and numerous recognitions. He received the Meritorious Civilian Service Award in 1991, the Achievement Medal for Civilian Service in 1994, the Exceptional Service Award in 1995, and in 1996 he was given a 55 Year Award for Federal Service.

Mr. Speaker, it is my pleasure to applaud John J. Robotti, a person who has served his country with great distinction for so many years. I join with all his friends and family in honoring this talented man and his many achievements.

HONORING DR. JARRELL JACKMAN  
FOR 25 YEARS OF SERVICE

### HON. LOIS CAPPS

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

*Tuesday, June 6, 2006*

Mrs. CAPPS. Mr. Speaker, today I rise to pay tribute to Dr. Jarrell Jackman upon his retirement from his position as Executive Director of the Santa Barbara Trust for Historic Preservation.

Dr. Jackman has been a leader of the Trust for Historic Preservation for twenty-five years, as Historic Projects Administrator and, since 1987, Executive Director. In a unique partnership with the State of California Department of Parks and Recreation, the Trust operates El Presidio de Santa Barbara State Historic Park that attracts 50,000 visitors annually from Santa Barbara and around the world.

Under Dr. Jackman's leadership, the Trust bought and maintains the Mission Santa Inez Mills, preserving significant remains of mission-period grist and fulling mills. In addition to acquiring and maintaining historic sites, the Trust preserves the diverse cultural heritage of Santa Barbara through its research, interpretation, educational programs, archeological work, historic restoration and preservation efforts. They work cooperatively with local jurisdictions and with dozens of State agencies, museums, private foundations, schools, and businesses to ensure that the rich cultural history of the central coast not only lives on for future generations, but is accessible today.

The Trust has completed major construction projects for El Presidio de Santa Barbara State Historic Park: the Chapel, the Comandancia, the Northeast Corner and (the soon to be completed) Northwest Corner, making El Presidio the most fully restored Presidio in the United States. The restored Casa de la Guerra and El Presidio have become significant museums, hosting many lectures, performances, visiting exhibits and celebrations, due in large part to the dedication and expertise of Dr. Jackman.

Dr. Jackman served honorably on the Santa Barbara County Historic Landmarks Advisory

Commission and has consistently been a forceful voice for the preservation of county historical structures. Among Dr. Jackman's honors are the prestigious Norman Neuerburg Award from the California Mission Studies Association in February 2001 and the 2006 California League of Park Associations' Dewitt Award for outstanding partnership.

I have seen firsthand many of the great programs and preservation efforts of the Trust. We, as a community, have benefited greatly from the skill and leadership of Dr. Jackman. I am pleased to commend Dr. Jarrell Jackman for his dedicated service to the Trust for Historic Preservation and to the Central Coast.

HONORING JAMES D. DAUGHERTY  
OF BROOKSVILLE, FLORIDA

### HON. GINNY BROWN-WAITE

OF FLORIDA

IN THE HOUSE OF REPRESENTATIVES

*Tuesday, June 6, 2006*

Ms. GINNY BROWN-WAITE of Florida. Mr. Speaker, I rise to honor James D. Daugherty, a brave firefighter from Brooksville, Florida who is retiring after more than thirty years of service to our community.

Chief Daugherty was born in Kentucky on October 10, 1947 to Lilburn and Irene Daugherty. Serving in active duty in the U.S. Army from 1966 to 1969, James was stationed in Vietnam during the war. Later he joined the Florida National Guard and served there with distinction for seventeen years.

While stationed at Fort Stewart, Georgia, James came with a fellow soldier to Brooksville, Florida. He met his wife Juanita on a blind date and they were married on July 3, 1969. James and Juanita have one son, Jeff, and two grandchildren.

While Chief Daugherty has had a long and distinguished career, one specific incident with the Brooksville Fire Department in January 1978 had a lasting effect on him. Responding to an emergency call at a ditch cave-in while off duty, James dug in the dirt to help rescue the trapped men. Caught in the second cave-in, the one thing that stayed with him was the fact that they were communicating with the man that died when the second cave-in caught him in its wake. They were so close to saving him when the unthinkable second cave-in happened.

Promoted to Chief in 1999, James has had a long and distinguished firefighting career. In addition to his basic fire training, James has gone out of his way to advance his knowledge of life-saving techniques and procedures. He has an Associates Degree in Fire Science from St. Petersburg Junior College, is certified as an EMT, has attended Florida Smoke Divers School, is a Certified Wildland Firefighter, and has trained extensively in Emergency Management, Disaster Response, WMD, and in Hazardous Materials Response through the National Fire Academy and the Department of Homeland Security.

The dedication James has shown to the Fire Department is truly outstanding. Following open heart surgery in October 2002, Chief Daugherty went back to work as soon as his doctor would release him. He was determined that this surgery would not keep him down.

Mr. Speaker, throughout his years of responding to accidents and fighting fires,