

the Fantasticks. He and Randy Randall have sung "Never say No" for many audiences since then. It occurred to me that "Never Say No" became the mantra of Tom's life. Never say no to what God calls you to do. To my knowledge, he never said no to PC.

Tom and Chuck Gaines lead the singing at men's prayer breakfast belting out the old favorites in a manner that upstages Gilbert and Sullivan.

Tom sang in an infamous singing group called "The Faculty Four and the Big One" with George Ramsey, Ron Burnside, Ted Hunter, and Ken Orr (the big one). One of their most forgettable songs was Grandma got Run over by a Reindeer, with Dean Thompson playing the banjo. One person said that the group was really good . . . and no one has ever said otherwise . . .

Just doing his Job! It is here at PC as a minister of Word and Sacrament that Tom served God's people most fully. The entire PC network was his congregation.

Tom and Major General Jimmy Allen started the ROTC Alumni Association. But Tom always liked to remind Jimmy that even though Jimmy was a two star general, Tom was his Battalion Commander at PC. And together they set out to save ROTC when it was in danger of being closed by the Army.

Anyone who ever traveled with Tom knows that he did not like to travel on the Interstates or any four lane highway. He knew the back roads and always took them even if it took longer . . . although he always thought his way was quicker. One morning he intervened in my travel up Interstate 26 from Edisto. Due to a traffic jam, I had to take the Dixiana exit and enjoy the scenery along route 176. It was shorter!

"The two years I spent as Dean of Students were the ten longest years of my life," Tom told me once. "I didn't get closer to students; I got closer to meetings and paperwork. I had to go back into the classroom to get back with the students."

"I never considered myself an ivory tower scholar," he reflected on his 31 years as a professor. "My method was to mix it up with students. I could give them their money's worth in the classroom, but I think my main ability was communicating the information to them in a manner that sunk in, and I enjoyed the give-and-take inside the classroom as well as out."

Tom has conducted the marriage ceremonies of more PC people than anyone in the history of the College. He knew more PC people and their relatives than anyone I know . . . in every city and every little town across the South.

And through all of this, Mary was his partner. "One of my most memorable times at PC," wrote a 1990s graduate, "was the Easter weekend I spent writing a term paper at their kitchen table. That was one of the best weekends of my life because of the comfort I felt from Mary and Tom."

Every Homecoming cars are parked outside their house . . . people stopping by to visit and reconnect. "I think the PC Spirit is an infection I have," said Tom, "whether it is contagious or not I don't know. I'm 150 percent for PC and have tried to answer the call of whatever the College has wanted me to do."

The Class of 1963 dedicated their yearbook to Tom. Bob Piephoff, the editor, summed up the class's feelings about this good man: "We come to Presbyterian College and we leave . . . We leave taking a part of Tommy Stallworth with us."

Anne told me this morning that Tom took Andy and her aside several years ago to talk about this day and his wishes. Tom will be cremated and has asked on some weekday evening at 10:00 p.m. that they, his children,

sprinkle his ashes along the walk he took every evening of his college career from the old library, now the administration building, diagonally across the West Plaza to Smythe where he lived.

And so it shall be . . . Mary, Anne, Andy, Becky Mary Frances, Cooper, Max and Katie Brice . . . that Thomas Aurelius Stallworth leaves a part of himself with all those he touched.

Man of God's people, Man for God's people, Man for PC. T.A. Stallworth: PC's Man for All Seasons. Thank God for the life and works of this saint, who walked, played, laughed, sang, preached, and stood next to us each day. Amen!

HONORING SPEAKER NANCY
PELOSI ON SERVING 20 YEARS IN
THE HOUSE

HON. STENY H. HOYER

OF MARYLAND

IN THE HOUSE OF REPRESENTATIVES

Thursday, June 7, 2007

Mr. HOYER. Madam Speaker, on June 9, 1987, NANCY PELOSI was sworn in to represent the people of California's 8th District. This week we recognize and commend her for 20 years of distinguished service in the House of Representatives, where she has served both her constituents and this Nation proudly.

During her 20 years in the House, NANCY has been a true leader on important issues, including promoting human rights, protecting the environment, and expanding health care. She has remained focused on the needs of her district, including preserving the Presidio of San Francisco as the Nation's largest urban national park, fighting for increased funding for HIV/AIDS research, and improving the lives of children.

In the 110th Congress, NANCY has ushered in a new era as the first woman Speaker of the House, setting an agenda that promotes the priorities of the American people and addresses the key challenges present in today's world. Her drive and determination make her a strong leader and legislator, and she has worked tirelessly to represent her constituents and to move our Nation in a new, positive direction.

NANCY has been a devoted public servant, both in California and in the House. She is a devoted wife, mother, and grandmother. It is an honor to serve with her in the House, and I am proud to call her my friend.

INTRODUCTION OF THE HeLP
AMERICA ACT

HON. TOM UDALL

OF NEW MEXICO

IN THE HOUSE OF REPRESENTATIVES

Thursday, June 7, 2007

Mr. UDALL of New Mexico. Madam Speaker, adaptable lifestyle factors such as smoking, sedentary lifestyle, poor nutrition, unmanaged stress, and obesity account for approximately half of premature deaths in the United States. Spending on chronic diseases related to lifestyle and other preventable diseases accounts for an estimated 75 percent of total healthcare spending and it is estimated that by 2014 our country's total health care expenditures will be \$3.6 trillion.

Clearly we cannot continue down this path. We must shift the focus of our nation's health care system to prevention and wellness programs. In so doing, we can reduce health care costs, improve health, improve quality of life, and boost productivity. Unfortunately, a very small percentage of health care spending is devoted to health promotion. The national investment in prevention is currently estimated to be less than 5 percent of annual health care costs. Our nation needs a new approach to healthcare—one that puts prevention front and center.

That is why I rise today to introduce the Healthier Lifestyles and Prevention America Act, also known as the HeLP America Act. This important bill, which is companion legislation to a bill recently introduced by Senator HARKIN, is designed to reduce health care costs and improve health outcomes by reorienting our nation's health care system towards prevention, wellness, and self care.

The HeLP America Act is a comprehensive approach to prevention and health promotion. It provides tools and incentives for schools to improve their nutrition programs. It provides tax incentives for employers to implement wellness programs. It provides grants for communities to implement activities to prevent and reduce the incidence of obesity, and chronic diseases associated with this condition. It establishes a federal taskforce on childhood obesity to provide a coordinated leadership in Federal effort to prevent and reduce childhood obesity.

These are just a few of the many provisions included in the HeLP America Act, all aimed squarely at attacking the problem of skyrocketing health care costs associated with the increasing rates of obesity, diabetes, and other chronic illnesses.

With a greater focus on prevention, we will be able to greatly reduce the number of individuals who suffer from all types of ailments. It will improve health outcomes, improve people's lives, and help cut down on our exploding healthcare expenditures.

Madam Speaker, as is noted in the findings of this bill, per capita health spending in the United States is 56 percent greater than the median for countries in the Organization for Economic Cooperation and Development. This is unacceptable. We need to get more bang for our healthcare buck and we need to look no further than focusing on prevention. As the saying goes, an ounce of prevention is worth a pound of cure.

I urge my colleagues to join me in seeking a new and more effective approach to curing our nation's ills by cosponsoring the HeLP Act.

PERSONAL EXPLANATION

HON. CHRISTOPHER S. MURPHY

OF CONNECTICUT

IN THE HOUSE OF REPRESENTATIVES

Thursday, June 7, 2007

Mr. MURPHY of Connecticut. Madam Speaker, on May 24, 2007, I inadvertently missed the vote on passage of H.R. 2317, the Lobbying Transparency Act, rollcall vote 420. It was my strong intention to vote "Aye" on passage.