

training and educational opportunities for BAC contractors. Moreover he supervised the International Unions programs and ensured that all activities were in accordance with policies established by the International Unions conventions and constitution.

For more than 60 years, Flynn used the discipline and persistence that he learned during his early years as a boxer to help him become a true advocate for the members of the International Union of Bricklayers and Allied Craftworkers and all workers.

Although he has been honored with numerous awards for his service, no award can accurately reflect the tremendous impact he has had made on the union movement. I am pleased to congratulate John Flynn for his lifetime of service and unwavering dedication to the labor community. I wish John and his wife, Joyce, the very best.

HONORING THE CONTRIBUTIONS  
OF MR. DON AMMERMAN

**HON. ALAN GRAYSON**

OF FLORIDA

IN THE HOUSE OF REPRESENTATIVES

*Thursday, May 13, 2010*

Mr. GRAYSON. Madam Speaker, I rise today in honor of National Military Appreciation Month. This month, I would like to recognize a phenomenal service member from central Florida who is making a distinguished contribution to my district, the great State of Florida, and to our Nation as a whole. Today, I honor former Orlando City Council Commissioner Don Ammerman.

Mr. Ammerman graduated from Indiana University with a BS in Real Estate & Marketing and an MBA in Real Estate Marketing/Finance. He is a recipient of two Ford Foundation Grants for overseas study while in graduate school. He also completed the John F. Kennedy School of Government for senior Executives in State and Local Government at Harvard University.

Mr. Don Ammerman began his military career in 1968 at Fort Jackson in South Carolina and from there served with the 83rd ARCOM in Columbus, Ohio. He completed his service in the reserves in Orlando in 1974. He was hand selected by the U.S. Navy Academy to serve as a Blue and Gold Admissions officer at Annapolis. His dedication to our country and our military is shown through his volunteering spirit. Mr. Ammerman continues to mentor hopeful academy members by offering young adults with aspirations of attending an academy his guidance and support. Currently, Mr. Ammerman serves as a board member for the 8th District Veterans Advisory Board and Military Academy Nominations Board.

Mr. Ammerman has contributed greatly to the central Florida community. He has served on the municipal Planning Board (1983–1989, 2 terms as Chairman), Chairman of the Orlando Growth Management/Concurrency Implementation Committee and Chairman of the 1991 Orlando Redistricting Committee. Mr. Ammerman successfully ran for the office of District 1 City Commissioner. Mr. Ammerman also served as a Board Member of the Greater Orlando Aviation Authority and he is a past member and Chairman of the Sunshine State Governmental Finance Commission for 20 years. Nationally, he served on the Leadership

Training Council for the National League of Cities. Mr. Ammerman finished his City Council service in June of 2002.

Mr. Ammerman's commitment to community service is unyielding. He served as Philanthropy Chair and active member of the Board of Directors for the Orlando Regional HealthCare Foundation. He is a trained volunteer with the Neo Natal Unit for 22 years at Arnold Palmer Hospital for Women and Children. He serves as a teacher at the First Presbyterian Church. Additionally, Mr. Ammerman is a member of the Florida Citrus Sports Association, the Greater Orlando Leadership Foundation, a graduate of Leadership Orlando and Leadership Florida, as well as the Dr. Phillips Foundation Grant Review committee. His other involvements include past National Admissions Chairman/Society of Industrial & Office Parks Realtors and past President of the Central Florida Chapter of the National Association of Industrial/Office Parks (NAIOP).

Madam Speaker, during Military Appreciation Month, it is my honor to recognize this remarkable public servant whose dedication to our country and community can be shown through his great achievements in the State of Florida. Commissioner Ammerman has been working for the people of Florida since 1972 and I applaud his civic and military accomplishments in our central Florida community, our great State and our Nation.

NATIONAL WOMEN'S HEALTH  
WEEK

SPEECH OF

**HON. LAURA RICHARDSON**

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

*Tuesday, May 11, 2010*

Ms. RICHARDSON. Mr. Speaker, I rise today as a cosponsor of H. Con. Res. 268, which supports the goals and ideals of National Women's Health Week and requests that the President of the United States issue a proclamation calling upon the people of the United States and interested groups to observe National Women's Health Week with appropriate ceremonies and activities. This is an important measure that will increase public awareness of the critical issue of women's health.

I thank Chairman TOWNS for his leadership in bringing this bill to the floor. I would also like to thank the sponsor of this legislation, Congressman HINCHEY, for his dedication to ensuring that women's health is a national priority.

Mr. Speaker, it is important that our nation adopt a heightened focus on the issue of women's health. Women of all backgrounds should be encouraged to reduce their risk of common diseases through preventative measures, such as engaging in regular exercise, eating a nutritious diet, and visiting a healthcare specialist to receive regular check-ups and preventative screenings. These healthy habits begin at a young age and so we must stress the importance of preventative health measures to children in homes and schools across the country.

Unfortunately, there is a high prevalence of disease and health complications among minority women. African-American women, Asian-American women, and American Indian

women all face a high risk of contracting diseases. As the representative of a district that is home to large African American and Latino populations, as well as the largest Cambodian population in the country, I understand the crucial importance of improving public awareness about women's health and the unique health challenges for minority women.

Thanks to the historic passage of health care reform, we have taken a giant step in the right direction for women's health. All Americans will have access to affordable, quality care and no longer will women be discriminated against by insurance companies. We owe it to all women in this country—now and in future generations—to continue this effort to increase awareness regarding women's health.

I urge my colleagues to join me in supporting H. Con. Res 268.

RECOGNIZING THE HONOREES OF  
THE 63RD ANNUAL ANNANDALE  
CHAMBER OF COMMERCE  
AWARDS BANQUET

**HON. GERALD E. CONNOLLY**

OF VIRGINIA

IN THE HOUSE OF REPRESENTATIVES

*Thursday, May 13, 2010*

Mr. CONNOLLY of Virginia. Madam Speaker, I rise today to recognize the honorees of the 63rd Annual Annandale Chamber of Commerce Awards Banquet.

The Annandale Chamber of Commerce is a thriving volunteer organization with more than 200 active members. The members represent businesses, industries and professionals who work together to maintain a favorable business climate while improving the quality of life for all residents.

Each year, the Annandale Chamber of Commerce honors a few select individuals who have distinguished themselves as exemplars of the community. It is my honor to recognize these fine recipients and the contributions that they have made to the community:

Student Achievement Award for Falls Church High School: Dennis Nolasco. Dennis is a marketing student who was instrumental in the development and promotion of the School's Jaguar Joe Coffee Project. Dennis has an outstanding work ethic and serves as an effective role model to his peers. After graduation from Falls Church High School, Dennis plans to major in finance or business administration at George Mason University.

Student Achievement Award for Annandale High School: Emma Dorothy Whitmyre. Emma is an International Baccalaureate Diploma candidate and has served as president of both the National Honor Society and the Jewish Culture Club. Emma has a strong commitment to social action. She volunteers at a homeless shelter, tutors, and runs a winter coat drive for those who are less fortunate. This fall, Emma will be attending New York University where she plans on majoring in anthropology or psychology.

Student Achievement Award for Northern Virginia Community College: Jacquelyn Shanahan. Jackie, as she is known by her friends and family, has nobly served our nation in the United States Marine Corps. She recently received the Liberal Arts Division academic award and has completed the Honors