

that she is most excited about the community events that are being organized by American Express in Cumming, Georgia, in honor of Dutch Monkey Doughnuts' success.

Mr. Speaker, I ask my colleagues to join me in recognizing Ms. Arpana Satyu for her service to the Seventh District of Georgia and for her achievement with her small business. I am very proud of her efforts and accomplishments.

RECOGNIZING NATIONAL BREAST
CANCER AWARENESS MONTH

HON. LAURA RICHARDSON

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

Tuesday, October 2, 2012

Ms. RICHARDSON. Mr. Speaker, I rise today to recognize October as National Breast Cancer Awareness Month. This month is dedicated to promoting breast cancer education and awareness, raising funds for breast cancer research and emphasizing the importance of early detection in fighting the disease.

Breast cancer is a harsh reality in our nation. It's a year-round battle, taking place every day, every hour for thousands of women across the country. Few people in this country have not been touched in some way by breast cancer, whether through personal experience or through the experience of a family member, friend or member of our community.

This month, we stand alongside our mothers, daughters, sisters and wives to recognize breast cancer awareness month. Though we mark October as National Breast Cancer Awareness Month, the fight goes beyond this month and we must stay vigilant in our support.

Breast cancer is still the most frequently diagnosed type of non-skin cancer and the second leading cause of cancer-related deaths among women in our nation. According to the

American Cancer Association, this year 200,000 Americans will be diagnosed with the disease and nearly 40,000 will lose their lives. Despite the great strides that have been made in earlier detection and improved treatment, there remains much to be accomplished.

This month, Americans across the nation are encouraged to take the time to learn more about breast cancer awareness and understand risk factors, treatment and prevention. Learning about prevention can result in earlier detection of breast cancer in its early stages, and can significantly increase the chances of survival.

The National Breast Cancer Foundation recommends that women should have regular clinical breast exams and mammograms, which can help improve the chances of surviving breast cancer. I encourage all women to talk with their healthcare providers and promote the early detection of breast cancer by having regular mammograms and clinical breast exams.

Mr. Speaker, during this month, I urge all Americans to wear pink ribbons in recognition of breast cancer awareness and in honor of those who have lost their lives to this devastating disease as well as support those who are courageously fighting the battle against breast cancer. By raising awareness and supporting innovative research, we can move closer to achieving a world free of breast cancer.

UNIVERSITY OF ILLINOIS DIVISION
OF CAMPUS RECREATION CELEBRATES ITS FIFTIETH YEAR

HON. TIMOTHY V. JOHNSON

OF ILLINOIS

IN THE HOUSE OF REPRESENTATIVES

Tuesday, October 2, 2012

Mr. JOHNSON of Illinois. Mr. Speaker, I rise today in recognition of the University of Illinois'

Division of Campus Recreation as it celebrates its 50th anniversary.

The Division of Campus Recreation provides resources for all University of Illinois students and staff, as well as offering community members opportunities to utilize their vast resources. There are seven facilities under the control of Division of Campus Recreation, including the Activities and Recreation Center (ARC) which was renovated and reopened in 2008 as one of the nation's largest on-campus recreation centers. Campus Recreation provides recreation centers, an ice rink, outdoor recreation fields, a picnicking grove, and swimming pools. All of the Campus Recreation facilities provide opportunities for users to engage in an array of activities that can satisfy a wide spectrum of abilities. The inclusiveness to which Campus Recreation strives is a reflection of its quality and an expression of its mission within the University of Illinois.

Throughout its existence, the Division of Campus Recreation has also provided a place of employment for countless students as they pursue their degrees. While most students leave Campus Recreation upon their graduation, there are those who stick around and find it a place to make a successful career.

Personally, I have made much use of the facilities and opportunities provided by the Division of Campus Recreation. As a longtime member, I have used the swimming pools, workout facilities and exercise tracks to help maintain a healthy lifestyle. The facilities have seen great changes during my membership, but the superb assistance and innumerable friendly conversations with the staff at Campus Recreation have remained the same.

I would like to commend the Division of Campus Recreation on its 50th anniversary, and wish to see its continued excellence into the future.