Mr. BOEHNER. Mr. Speaker, the Congressional Awards recognize four avenues of individual growth—community service, physical fitness, exploration, and personal development—and how the fulfillment of these goals forms balanced and promising young citizens.

In their pursuit of these goals, recipients of the Congressional Awards have gained new skills and greater confidence. For many, these projects will be the cornerstone for future endeavors, further enriching their lives and encouraging others to follow their lead.

The recipients of the 2013 Congressional Awards set the finest example and demonstrate dedication to improving their communities and the Nation as a whole. On behalf of the U.S. House of Representatives, it is my privilege to recognize the honored recipients of the 2013 Congressional Award Gold Medal—the highest achievement for America’s youth:


