

provide clients with the tools necessary to achieve and maintain self-sufficiency.

During fiscal year 2014, FISH assisted a total of 2,337 families (5,665 people), gave emergency financial assistance to 1,328 families, and helped 180 families by providing them with used furniture and/or other household necessities. FISH collected, assembled, and distributed Thanksgiving food baskets for 965 people and holiday food and gift baskets in December for 967 people. More than 800 volunteer hours were spent working at United Christian Parish on these two projects in coordination with other human service providers in Fairfax County. In addition, volunteer drivers provided 294 free rides for the elderly and other needy individuals to and from their medical appointments.

At its annual gala, FISH recognizes individuals and companies who have made extraordinary contributions over the past year. I am pleased to submit the names of the 2015 "Star Fish" honorees:

Jocelyn Colao has been a volunteer pricer at FISH's thrift shop, The Bargain Loft, for over 20 years. Jocelyn specializes in identifying, cleaning, pricing, and displaying donated linens. Her careful handling of vintage lace and fragile fabrics greatly increases their value. In addition to her work with donated linens, Jocelyn's lifetime of traveling makes her an indispensable part of the pricing team. The years she lived in Europe and Africa make her a great resource when identifying unusual and valuable donations.

Jane and Mike Drewes were long-time Reston residents who volunteered in the community in many capacities. In 2007 they moved to Shepherdstown, WV but continued to drive to Reston for volunteer activities. They started volunteering for FISH in 2006, the year of the first FISH Fling Gala and Fundraiser. Jane designed the decorations and they built the huge FISH sign that has been used behind the band at every Fling Gala. Mike created an auction check-out program that accelerates the check-out process and has been used at many charitable events.

Diane Mandel manages the huge tasks of establishing and maintaining the schedule of Assistance Workers who handle the client requests for financial assistance from FISH. These volunteers make FISH's "Instant" help a reality. Diane makes certain the volunteers are trained and ready to take calls and she serves as a phone volunteer herself.

Chuck Veatch, owner of Charles A. Veatch & Associates, provided three storage units for FISH free of charge for many years and is well known throughout the community for his support of a wide variety of organizations and causes.

CDW is a leading provider of integrated information technology solutions in the U.S. and Canada and has been a FISH Fling sponsor since 2008. CDW has provided many fabulous electronic products for our games and for both our silent and live auctions.

Mr. Speaker, I ask that my colleagues join me in commending Herndon-Reston FISH for 46 years of service. I also extend my personal congratulations to this year's honorees and express my sincere appreciation to these individuals for contributing their time and energy to helping the most vulnerable in our community.

HONORING RICHARD ARROWOOD

**HON. MIKE THOMPSON**

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

*Friday, May 1, 2015*

Mr. THOMPSON of California. Mr. Speaker, I rise today to honor Richard Arrowood for 50 years of exceptional winemaking, exclusively in Sonoma County. Mr. Arrowood has been, and continues to be, a tireless advocate and fierce supporter of grape growing and wine making in Sonoma County. We therefore recognize and thank Mr. Arrowood today for his unwavering support and relentless efforts to preserve and promote the Sonoma County wine industry.

Born and educated locally, Mr. Arrowood began his wine-making career in 1965. He got his start at Korbel Champagne Cellars and soon moved on to work with the legendary Rodney Strong. His education and experience helped his first vintage receive critical acclaim, and each subsequent vintage after that cemented his status as one of the most respected vintners in the area.

A pioneer in the field of viticulture, Mr. Arrowood worked with a wide array of unique varietals, a concept that was ahead of its time. His efforts changed the perception of wine from Sonoma County, and the total number of vineyard acres in the county has increased fivefold over the time he has been in business. He was one of the first to emphasize vineyard designations on his wines, a trend that has since spread across the world. This success and influence on the industry led to an offer from Robert Mondavi to buy Arrowood Winery, which Mr. Arrowood accepted so he could return to focusing on the art of fine winemaking.

Amapola Creek Vineyards is his latest project, which is quite simply Richard's quest to make his greatest wines ever, and is a perfect example of the phrase "saving the best for last." Its main focus is using the special fruit grown on Moon Mountain and its unique terrior. Devoting himself entirely to the new Sonoma vineyard, Richard bought the adjacent land and built a home for his family. The vineyard uses exclusively organic methods to produce just 3,000 hand-crafted cases annually in its state-of-the-art facilities. Here, he continues to showcase Sonoma County in the groundbreaking way he did many years ago when he started his journey.

Mr. Speaker, it is appropriate at this time that we recognize Richard Arrowood for his role as an outspoken supporter of the production of high quality wines in Sonoma County. His impact on the growth of Sonoma wine cannot be overstated and for this it is only right that he be honored here today.

HONORING MANUEL PROL ON THE OCCASION OF HIS 100TH BIRTHDAY

**HON. JOSEPH CROWLEY**

OF NEW YORK

IN THE HOUSE OF REPRESENTATIVES

*Friday, May 1, 2015*

Mr. CROWLEY. Mr. Speaker, I rise today to honor Manuel Prol, who will turn 100 on April 4, 2015. Manuel is a World War II veteran and cherished father of three, grandfather of three, and great-grandfather of five.

Manuel was born on Easter Sunday in Samieira, a tiny village or "aldea" in the north-west corner of Spain in 1915. He was the youngest of four children and only son of Agripina Rodino and Antonio Prol. In 1932, he bade farewell to his mother for the last time and emigrated to the United States. Manuel would also not see his three sisters, Agripina, Peregrina, and Dolores, again until 1960.

He was reunited with his father in New York City, where he settled in a Spanish-speaking neighborhood around 14th Street. Manuel embraced his new home, learning English at Julia Richmond High School in Gramercy Park while working at the Roosevelt Hotel.

In 1941, he married Vicenta Prol and soon after entered the U.S. Army Air Force at the outset of World War II. Manuel saw action on three continents over the course of the war, honorably serving his country in Europe, Africa, and Asia. When he returned home, Manuel and Vicenta settled in the Bronx and had three daughters: Pilar, Victoria, and Consuelo. Over the years, their family has grown and spread out across the country.

Pilar, their oldest daughter, was a nurse for over forty years. She married Charles Sergis in 1964 and had three children: Alicia, Laura, and Charles. They also have five grandchildren: Catie, Noah, Matthew, Juliana, and Grace. Pilar and Charles live in Redondo Beach, California.

Victoria lives in Bronxville, New York. She worked in Westchester County as a high school language teacher for over thirty years.

Consuelo is married to Richard Liebowitz and lives in New York City and Montclair, New Jersey. She retired from the business world after thirty-eight years in sales.

Manuel and Vicenta retired to Southern California in 1982, where they lived happily until Vicenta's death in 1997. Manuel then moved to Montclair, New Jersey, where he currently lives with Consuelo and Richard. He spends winters in Redondo Beach, California with Pilar and Charles.

Next month, Manuel will turn 100 years old—yet shows no signs of slowing down. He still writes letters and reads the newspaper every day. Manuel attributes his longevity to the Mediterranean diet, a glass of red wine every day, and yes, an occasional Rusty Nail, his favorite drink.

I hope all my colleagues will join me in wishing Manuel Prol a happy 100th birthday, and continued health and happiness to him and to his family.

RECOGNIZING THE 2015 ASIAN-AMERICAN CHAMBER "JEWELS OF ASIA" AWARDS

**HON. GERALD E. CONNOLLY**

OF VIRGINIA

IN THE HOUSE OF REPRESENTATIVES

*Friday, May 1, 2015*

Mr. CONNOLLY. Mr. Speaker, I rise to recognize the Asian-American Chamber of Commerce and the recipients of the 2015 Asian-American Chamber Awards.

The Asian-American Chamber of Commerce (AACC) is dedicated to improving economic development opportunities for Asian Pacific American-owned businesses in the Washington, D.C., region. The 11th District of Virginia is blessed by its diversity. About 1 in 4